

# ADK RAMAPO CHAPTER

## 2007 SPRING OUTINGS SCHEDULE

### APRIL • MAY • JUNE

[www.hudsonhikers.org](http://www.hudsonhikers.org)

#### OFFICERS:

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#### COMMITTEES:

##### **Director:** ADK Board Of Directors:

Manny Silberberg	854-354-9165	mannytravl@optonline.net
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##### **Membership:**

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##### **Programs & Special Outings:**

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##### **Publicity (Rockland):**

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##### **Publicity (Orange):**

Aaron Schoenberg	845-986-8645	askus3@optonline.net
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<b>Trails:</b> Chris Connolly	201-816-9465	c.connolly7@verizon.net
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##### **Delegate, NY-NJ Trail Conference:**

June Slade	973-835-2832	juneslade11@verizon.net
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<b>Web Master:</b>		webmaster@hudsonhikers.com
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## SPECIAL EVENTS

**THURSDAY, JUNE 14 at 7:30 PM, Nanuet Public Library, Nanuet, NY**  
**Rapp'n With Raptors**

A presentation with live birds given by Debora Davidson, Education Director,  
Tenafly Nature Center

*Also*

**Long Trail I - Wed., May 23- Wed., May 30 with Aaron Schoenberg**

Deadline to register: March 31 askus3@optonline.net or 845-986-8645

**NH AT II / White Mountain Trip XVIII - Tue., June 19 - Wed., June 27**  
with Aaron Schoenberg

Deadline to register: May 12 askus3@optonline.net or 845-986-8645

*And*

All interested Road Bike Riders - in addition to rides listed in schedule, other rides will be scheduled in Spring depending on leader availability. If you wish to be notified of additional rides as they are scheduled, please e-mail Chris Connolly at c.connolly7@verizon.net.

Directions to Nanuet Public Library: Palisade Interstate Parkway to exit 8-W. West on Rt. 59. Left at first trafficlight and straight for short distance. Library entrance on left as road curves right.

*If you need a hike schedule, please contact Denis Kmiec 845-634-1397 or kmiec20@yahoo.com*

## HIKERS GUIDE

**New hikers and non-members, please contact the leader in advance.** All hikes are rated. Choose only those hikes suitable for your abilities. Dress properly, especially footwear. The leader has the option of refusing unprepared persons. Carry a light lunch and water. In winter conditions, a hot drink is useful. Rain gear, extra socks, hat, sweater, and wind breaker permit you to adapt to the weather. A day pack is indispensable. Minors under 16 are welcome on day hikes when accompanied by a parent or guardian. No persons under 18 shall participate on overnight outings unless accompanied by a parent or adult sponsor over 21. **Non-members are welcome on two outings before joining ADK.**

**Footwear and Clothing:** Wear clothing suited to the weather and carry extra garments for unexpected weather and conditions. In winter conditions, dress in thin layers so you can adjust the number of layers as required to maintain comfort. Underwear made of polypropylene is recommended because it does not retain moisture but rather directs body moisture to the outer layers of clothing so you will not feel wet and cold. Wear and/or carry wool or polyester fleece pile outer layers which will retain heat when wet. Carry wool or polypropylene hat, gloves or mitts and a waterproof outer shell. Be prepared for rain by carrying rain gear. Wear comfortable, sturdy boots and two pairs of socks, a polyester liner and a heavy wool or polyester sock over it to avoid blisters. **Cotton sweat suits or jeans absorb moisture and do not retain their insulating properties when wet and therefore are unsuitable for winter conditions.** Most hikers carry a simple first aid kit, flashlight, compass, and pocket knife. Carry a map of the area you are hiking in.

**If drought conditions close trails, call leader, as location of hike might be changed.**

**Be aware of possible hunting in area you plan to hike.** Check with the Department of Environmental Conservation for local hunting regulations. Avoid places and times where hunting is permitted. The New York-New Jersey Trail Conference can help with hunting information. Call 201-512-9348 or go on line <NYNJTC.org> Hunting is not permitted in Harriman/Bear Mountain State Park. It is permitted in Sterling Forest State Park and Black Rock Forest. Hunting season is generally mid-October to mid-February. Sterling Forest has hunting in May from dawn to noon. **During hunting season, wear bright colors and stay on the trails.**

**HIKE RATINGS** represent the **Pace**, **Distance** and **Terrain** covered during the hike. A hike's rating is determined by the hike leader.

**Pace:** **A** = fast - 2.5 mph or faster    **B** = moderate - about 2 mph    **C** = easy - 1.5 mph or less

**Distance is given in miles as noted**

**Terrain:** **A** = Strenuous, long ups and downs, some rock scrambling possible.  
**B** = Moderate ups and downs as occurs typically in Harriman.  
**C** = Generally flat with little elevation change.

**ASSUMED RISK:** Hiking/biking involves certain inherent hazards. Persons participating do so at their own risk and must sign a release of liability.

**EXPENSE SHARING:** When car pooling, passengers are expected to offer the driver funds sufficient to cover the cost of fuel, tolls and parking fees. A \$1.00 minimum per person is recommended.

### **HIKE MEETING LOCATIONS OTHER THAN TRAIL HEADS:**

*Clarkstown:* Commuter Parking Lot on Middletown Rd. just south of Exit 10 of the Palisades Interstate Pky.

*Suffern:* Commuter Parking between R.R. tracks and junction of Lafayette Ave. and Rt. 202.

*Harriman:* Commuter Parking Lot at intersection of Rt. 6 and NY 17, Use parking meters.

*Tuxedo:* Tuxedo Commuter Parking Lot off Rt. 17, one street north of R.R. station, Tuxedo, NY.

**Most hike meeting locations can be found can be found on NY-NJ Trail Conference maps (TC map #)**

**Be at meeting place at least 10 min. prior to departure time.**

**Pets are not permitted on hikes.**

**Sunday, 4/1** **SEVEN HILLS IN HARRIMAN** **TC map 3**  
 B-7-A Karen Rose 201-825-8166 or kkarose@aol.com  
 We will meet at 9:30 AM Lake Sebago Boat Launch, Seven Lakes Drive, Harriman Park for car shuttle to hike start at Reeves Brook. We will follow the 7 Hills trail, expect some steady climbs and rock scrambles at moderate pace. Rain cancels, call leader 7 AM - 8 AM Sunday if weather uncertain. Joint with NJ.

**Sunday, 4/1** **PALM SUNDAY HIKE TO ST. JOHNS** **TC map 3**  
 C-4/6-C Phyllis Key 201-768-5573 or pkeyhiker@juno.com  
 Palm Sunday hike to St. John-in-the-Wilderness, in Harriman Park with plans to be at the church for the 3 PM service. Must call or e-mail (preferred) leader for details. Do not call before March 30.

**Thursday, 4/5** **IN THE WOODS** **TC map 109 (new)**  
 B-6-B John Geary 201-641-3407 gjwiltshire@hotmail.com  
 We will meet at Police headquarters, Exit 2, Palisades Pkwy and hike the Long Path to Huylers Landing. After lunch we continue along Shore Trail back to Police headquarters. Please register by 9 PM Wednesday. Joint with NJ.

**Saturday, 4/7** **TWO MOUNTAINS AND TWO LAKES** **TC map 4**  
 B-6-B Dean Gletsos 845-354-0738 or cgletsos@aol.com  
 We will use the Long Path, Beech, Red Cross and other trails to circle around Rockhouse and Nat House Mountains, and Lakes Askoti and Skannatati. Visit an old cemetery and a mine. Joint with NJ. Meet 9:30 AM at Lake Skannatati Parking lot off Seven Lakes Drive.

**Sunday, 4/8** **EAST HUDSON RAMBLE** **TC map 102**  
 B-7-B Rudy Garfinkel 914-337-6612  
 Leader's choice. Joint with NJ. Meet 9:30 AM at Hiker's Parking on Rt. 9D north of Tunnel.

**Thursday, 4/12** **IN THE WOODS**  
 Phyllis Key 201-768-5573 or pkeyhiker@juno.com  
 A walk around historic Tappan NY. Wear sneakers and contact leader for meeting place and time. (E-mail preferred). No calls after 8 p.m. Joint with NJ.

**Saturday, 4/14** **VIEWS FROM BULL HILL (AKA Mt. Taurus)** **TC map 102**  
 B-6/7-B+ Pat Marcotullio 845-729-4046 patros@optonline.net  
 From the Pearl St. parking area off Rt. 301 in Nelsonville, NY, we will go up the Green Trail for a gradual climb to the viewpoints. Will promise the best lunch spot along the Hudson River. Joint with NJ. Meet 8:30 Anthony Wayne North parking area to carpool or meet at 9 AM at the Pearl St. parking area, .4 miles east of Cold Spring traffic light, in Nelsonville.

**Sunday 4/15** **CLAUSLAND MOUNTAIN** **TC map 109 (new)**  
 B-6-B Sol Braun sbm202@msn.com or 845 359 5245  
 Long Path to Clausland Mountain and return on various trails. Joint with NJ  
 Meet in Piermont at the wall with mural 10 AM. Please call or e-mail for directions if needed.

**Wednesday, 4/18** **RAMAPO RESERVATION CIRCULAR** **TC map 115 (new)**  
 C-5-C+ Nick Viggiano 845-359-2465  
 An easy, moderately paced hike using the Halifex, Ridge and other trails with some fine views from Hawk Rock. Joint with NJ. Steady precipitation cancels. Meet at Ramapo Reservation Parking Lot off Rt. 202, at 9:45 AM.

**Thursday, 4/19**                                **IN THE WOODS-CAMP SMITH**                                **TC maps 101 & 4**  
B-7-B                                Deanna Felicetta                                845-216-2021

Meet 9:30 AM at Anthony Wayne North Parking to carpool to start of Camp Smith Trail for hike to Anthony's Nose. Beautiful views of Hudson, lots of ups and downs. Joint with NJ.

**Saturday, 4/21**                                **ROCKEFELLER STATE PARK PRESERVE**

B-6-B                                Peter Reiner                                845-634-7635 or Psr7@aol.com

The Preserve contains miles of easy, flat carriage roads to explore. We'll travel to Rockwood Hall to see the former Rockefeller home site with views of the Hudson River. Meet in Parking Lot located off Rt. 117, one mile east of Rt. 9 at 9 AM. Contact leader for map/ directions from Tappan Zee Bridge. Joint with NJ.

**Sunday, 4/22**                                **SCUNEMUNK RIDGE ROMP**                                **TC map 114**

B-8.5-A                                Chris Connolly                                201816-9465 or c.connolly7@verizon.net

Up the Sweet Clover, LP south, Jessup north and down the Dark Hollow as we traverse both ridges. Joint with NJ. Rain cancels. Meet 9:30 AM at the Taylor Rd. Parking Area.

**Thursday, 4/26**                                **WILDFLOWER HIKE AND SKYLANDS**                                **TC map 115**

C-3-C                                Betty Heald                                201-967-2937 or ebheald@aol.com

We'll seek wildflowers while on a short hike on local trails, then visit the Wild Flower Garden. To register call or e mail before 9 PM Wednesday. Joint with NJ.

**Thursday, 4/26**                                **WINE BAR SOCIAL**

7:30 - 9:30 PM                                Gary Wiltshire                                973-728-9011 or gjwiltshire@hotmail.com.

Back by popular demand, we will meet at the **Wine In The Woods** at 216 Cahill Crossroads, West Milford, NJ. Come and mingle, have a glass of wine, meet some new hiking companions and refresh old friendships. **Please register by Monday 4/23.**

**Saturday, 4/28**                                **BEAVER BROOK TRAIL (FARNEY HIGHLANDS, NJ)**

C-7-B                                Aaron Schoenberg (preferred) askus3@optonline.net or 845-986-8645

We start out at Saffin Pond in Mahlon Dickerson State Park and follow the Highlands Trail for 1.5 miles to gain access to the Beaver Brook Trail. This featured trail for this hike is followed north to south in its entirety. We traverse the Rockaway River Wildlife Management Area and include a lunch stop at Lost Lake, a picturesque beaver meadow. Meet in Suffern Commuter Parking Lot opposite Rt. 202 at 9:30 AM. E-mail (call if no computer) leader to find out NJ & Trailhead meeting location and time. Joint with NJ

**Sunday, 4/29**                                **LITTLE TOR**                                **TC map 112 (new)**

C-4-C                                Mary Sive                                973-746-3986                                msive77@hotmail.com

Meet at Nanuet Library 10 AM or at trailhead on Central Highway, Co. Rt. 33 at 10:30 AM (limited parking). We'll walk the Long Path along the top of the Palisades and have lunch at Little Tor. Joint with N J.

**Sunday 4/ 29                      ROMP IN RAMAPO STATE FOREST                      TC Map 115**

B-7-B                      Pete Heckler                      973-831-2307 or p\_heckler@msn.com

This loop hike will start and end at the Town of Wanaque's Back Beach Park, encircling Ramapo Lake while using the Indian Head, Cannonball, Castle Pt., and Hoeflerlin Trails. Joint with NJ. Please register by e-mail. No phone calls. Rain cancels the hike.

Drive to Ringwood Ave. Rt. 511, between Rt. 287 ( exit 55) & Skyline Dr. in Wanaque NJ. One (1) block. north of traffic light @ Doty Rd.(CVS store),turn east onto 4th Ave.(Valero Service Station & Lakeland Bank on opposite corners) following it & "Park" & "Back Beach" signs on street sign posts to its end at the park's entrance.

**Thursday, 5/3    IN THE WOODS    TC map 3**

C-5/7-C+    Eileen Berch    973-728-1419

We'll start from Johnstontown Road Circle hiking a loop or lollipop. Meet at 10 AM at Johnstontown Circle Parking Area. No need to register, but no go if raining. Call by 8:30 AM morning of hike if weather is doubtful. No calls after 8 PM please. Joint with NJ.

**Saturday, 5/5                      NEW PALTZ SOUTH BIKE RIDE                      25-35 Miles**

Chris Connolly    201-816-9465 or c.connolly7@verizon.net

Contact leader by 9 PM Thursday to register and get directions for ride. Joint with NJ. Rain cancels. Helmets required.

**Saturday, 5/5    RAMAPO MOUNTAIN SOJOURN    TC map 3**

B-6-B                      Dean Gletsos    845-354-0738 or cgletsos@aol.com

To Big Hill Shelter and back. We will use marked and unmarked trails. Many nice vistas. Lunch on lake bank. Joint with NJ. Meet 9:30 AM at Ladentown Parking Area.

**Sunday, 5/6    TO PINE MEADOW LAKE FOR LUNCH    TC map 3**

B-6-B                      Manny Silberberg    845-354-9165 or mannytravl@optonline.net

We will hike the Mountain, SBM, Conklin's Crossing and Pine Meadow Trails at a moderate pace. Hike will end at the Ramapo Equestrian Center. Joint with NJ. Rain cancels hike. Meet 9:30 AM at Kakiat Park (off Rt. 202). A short car shuttle is required.

**Thursday, 5/10    IN THE WOODS-TOURNE PARK, DENVILLE**

C-5-C    Betty Heald    201-967-2937 or ebheald@aol.com

We'll hike several miles on trails before lunch, then visit this gem of a wildflower garden. To register call or e mail before 9 PM Wednesday. Joint with NJ.

**Saturday, 5/12    NELSONVILLE LOOP    TC map 102**

B-6-A    Janice Bortree    845-831-4430

New trails that explore beautiful Mt. Taurus. Meet 10 AM at Masonic Lodge Parking lot at end of Pearl St. in Nelsonville, .4 miles east of Cold Spring traffic light on Rt. 301. Joint with NJ. Rain cancels.

**Sunday, 5/13    SEVEN HILLS TRAIL END TO END    TC map 3**

B-7-A    Peter Reiner    845-634-7635 or PSR7&@aol.com

Hike starts at Reeves Center, crossing Diamond Mt. with climbs offering great views. Hike ends at Sebago Parking Lot. Car shuttle required. Rain cancels. Joint with NJ. Meet 9:30 AM at Lake Sebago Boat Launch Parking Lot off Seven Lakes Drive.

**Thursday, 5/17** **IN THE WOODS** **TC map 3**  
B-5/7-B Phyllis Stewart 201-327-6319 or pastewart@optonline.net.  
Ups and downs. Meet at Reeves Meadow Visitor Center at 10 AM. Joint with NJ.

**Saturday, 5/19** **NEW PALTZ NORTH BIKE RIDE** **25-35 Miles**  
Chris Connolly 201-816-9465 or c.connolly7@verizon.net  
Contact leader by 9 PM Thursday to register and get directions for ride. Joint with NJ. Rain cancels. Helmets required.

**Saturday, 5/19** **HARRIMAN HIKE SOUTH OF WEST MOUNTAIN** **TC map 4**  
C-5-C+ Nick Viggiano 845-359-2465  
An easy to moderately paced hike using sections of the Red Cross, TT, RD and ski Trails. We will have lunch on summit of the Timp. Steady precipitation cancels. Joint with NJ. Meet at Anthony Wayne Parking Lot North at 9:45 AM.

**Sunday, 5/20** **STERLING RIDGE END TO END** **TC map 100**  
B-8.6-A S. Gordon & P. Tilgner 201-871-3531 or gordon.tilgner@verizon.net  
We hike this scenic Sterling Forest trail from north to south. Car shuttle required. Joint with NJ. Meet 9 AM at the Hiker Parking Area, junction of Co. Rt. 511 and East Shore Rd., Hewitt, NJ.

**Thursday, 5/24** **IN THE WOODS**  
B-5/7-B Hank Zulauf 201-391-5867 hankz1@bellatlantic.net  
Ups and downs. To register and for meeting place call or e mail before 9 PM Wednesday.

**Saturday, 5/26** **POUND MOUNTAIN CIRCULAR** **TC map 4**  
C-5/6-B Denis and Joan Kmiec 845-634-1397 (No calls after 9 PM)  
The Blue Disc to Claudius Smith for lunch. Return on the TMI and White Bar trails. Out by 2:30 PM. Joint with NJ. Rain cancels. Meet 10 AM at Johnstontown Rd. Circle.

**Sunday, 5/27** **ROCKHOUSE LOOP** **TC map 4**  
C-7-B Alta and Richard Sumner 845-362-8470 or alta@rsumner.com  
Using the ASB, Red Cross, Hasenclever Road, Beech and Long Path Trails the hike will have an initial climb, then relatively level the rest of the way. Meet at Lake Skannatati Hiker Parking Lot 10 AM. Joint with NJ.

**Thursday, 5/31** **IN THE WOODS**  
B-6/8-B Paul Margiotta 201-693-6705  
Ups and Downs. Call before 9 PM Wednesday. Joint with NJ.

**Thursday, 5/31** **EASY IN THE WOODS**  
C-6-C Mary Sive 973-746-3986 msive77@hotmail.com  
Walk the Saddle River Bike path. Meet at Duck Pond on Ridgewood Avenue, west of Route 17, 10 AM. The paved trail follows the brook for several miles. Joint with NJ.

**Saturday, 6/2      New York-New Jersey Trail Conference**  
**NATIONAL TRAILS DAY EVENT ANTHONY WAYNE RECREATION CENTER**

**Saturday, 6/2      NATIONAL TRAILS DAY CIRCULAR      TC map 4**  
B-7.5-B+      S.Gordon & P. Tilgner      201-871-3531 or gordon.tilgner@verizon.net  
We hike the Fawn, Timp-Torne, AT, RD 1779, 1777W and Anthony Wayne Trails to complete our loop. Meet 9:30 AM in the Anthony Wayne North Parking Lot. Joint with NJ. Only heavy rain cancels.

**Thursday, 6/7      IN THE WOODS**  
B-5/7-B      Phyllis Stewart      201-327-6319 or pastewart@optonline.net.  
Ups and downs. Contact leader for meeting place and time. Joint with NJ.

**Saturday, 6/9      BLAUVELT MOUNTAIN      TC Map 3**  
B-7-B      Richard Zinn      201-357-4642      hrzinn@aol.com  
Start on the Blue Disc to Claudius Smith Rock. Then from TMI up Blauvelt Mt. for fine views. Return via White Bar. Phone if weather doubtful. Joint with NJ. Meet Johnstontown Rd. Circle 9.30 AM.

**Saturday, 6/9      MINNEWASKA IN BLOOM      TC map 104**  
B-8-B+      June Slade      973-835-2832  
White cliffs, Mountain Laurel, and vistas. Some steep ups and downs. Rain cancels. Call leader if in doubt. Joint with NJ. Meet 9:30 AM in Lower Awosting Parking Lot . No parking fee for NY drivers who are seniors.

**Sunday, 6/ 10      PYNGYP-AN EASY WAY      TC map 4**  
B-8-B      Ike Siskind      845-352-8506 or IkeMar@verizon.net  
We will climb this 1032 ft. summit from the north and avoid the precipitous south face. After lunch and views we will return via marked and unmarked trails. Joint with NJ. Meet 9:30 AM at Anthony Wayne South Lot (exit 17 from Palisades Pky). If lot is still closed, meet at south end of North Parking Lot.

**Sunday, 6/10      HACKLEBARNEY HILLS**  
B-6/7-C      Mary Saraco      908-781-7072 or msaraco@aol.com  
An end-to-end hike starting with a short shuttle. Trail goes over rolling hills past farm estates in Black River County Park. Joint with NJ. Meet at Willowood Arboretum in Chester at 9:30 AM. Directions to Willowood, Chester, New Jersey:  
<http://www.parks.morris.nj.us/parks/directions/wwdir.htm>.  
E-mail or call leader to register before 9 PM Saturday. Joint with NJ.

**Thursday, 6/14      IN THE WOODS**  
B-5/7-B      Deanna Felicetta      845-216-2021  
Ups and Downs on the RD in Harriman. Call before 9 PM Wednesday to register.

**Saturday, 6/16      NICE AND EASY      TC maps 110 & 111 (new)**  
C-5-C      Pat Marcotullio      845-729-4046 or patros@optonline.net  
We will walk sections of the Long Path and Bike Path with good views of the Hudson along the way. Meet 9:30 AM at Landing Rd., Rockland Lake. Joint with NJ.

**Sunday, 6/17 TWIN MT. ALMOST CIRCULAR (a Catskills hike) TC map 41**  
B-6-A George Preoteasa 201-694-8344 or g.preoteasa@att.net  
Climb real mountains, the Catskills, situated only about 120 miles from Northern NJ. This is a moderately paced trail hike on the Devil's Path with 1700 ft of total elevation gain to an altitude of 3600 ft. The hike offers some of the finest views in the Catskills. Joint with NJ. Short car shuttle. Imported cookies. Cross-listed with the Catskills 3500 Club. Bad weather cancels. For meeting time and place, registration with leader is required no later than Friday, June 15.

**Thursday, 6/21 D&H CANAL AT HIGH FALLS**  
C-3-C Mary Sive 973-746-3986 or msive77@hotmail.com  
Following walks to view the remains of several locks of the canal and of an aqueduct built by John Roebling. We'll view exhibits at the Canal Museum and possibly visit an abandoned cement mine. Contact leader to register. Joint with NJ.

**Saturday, 6/23 LONG PATH FROM RT. 6 TC map 4**  
C-5/6-B Denis and Joan Kmiec 845-634-1397 (No calls after 9 PM)  
We take the Long Path south to Stockbridge Shelter. We return on the Menomine Trail and Nawahunta Fire Rd. Out by 2:30 PM. Joint with NJ. Rain cancels. Meet 10 AM at Rt. 6 Hikers Parking Lot.

**Sunday 6/24 LUNCH ON THE TIMP TC map 4**  
B-7-B Sol Braun sbm202@msn.com 845-359-5245  
We will hike the AT and TT to Timp for lunch. Joint with NJ. Meet Anthony Wayne South parking lot at 9.30 AM. Joint with NJ. If lot is closed, meet at south end of North Parking Lot.

**Thursday, 6/28 IN THE WOODS**  
B-6/8-B Bob Danetz 201-692-9217 or rdanetz@aol.com  
Ups and Downs. Call or e mail to register by Wednesday 9 PM. Joint with NJ.

**Thursday, 6/28 EASY IN THE WOODS**  
C-5/6-B Phyllis Key 201-768-5573 or pkeyhiker@juno.com  
Ups and downs. Contact leader for time and place. E-mail preferred. (No calls after 8 PM)