



March 13, 2009

Calling all Volunteers!

Dear ADK club member:

It's that time of year again, time to get outdoors and beat cabin fever as a volunteer for National Trails Day on June 6, 2009! Each year, ADK sponsors an event in conjunction with the American Hiking Society's celebration of National Trails Day. Our event this year will be a very special one for the ADK and I'm writing to ask you to be a part of our success. Here's how you can help, get involved and make a difference:

National Trails Day 2009

- **Sign up!** to volunteer through the website or your local chapter
- **Get Sponsored!** *New* this year, ADK is encouraging its volunteers to get sponsorships of \$25 to help cover the costs of NTD. Suggested sponsors include: your local gear store, your employer or other supporters of ADK. Sponsors will receive a certificate of appreciation, photos of their logo at the event and recognition for their contribution to NTD in *Adirondack*, the ADK's bimonthly magazine. Sponsored individuals get a chance to win special prizes like cool gear and equipment from Leki, Badger Balm, Merrell and more!
- **Get Ready!** Pack for camping, dust off those hiking boots and get ready to get dirty!

National Trail Day 2009 Volunteer Benefits

- **Meals** provided on Friday night and Saturday
- **Free camping** at the Cranberry Lake campgrounds
- **Entertainment and drinks** on Saturday night
- Every volunteer get's an opportunity to enter in the annual **give away for gear, equipment and cool prizes**
- The chance to be a part of the restoration of the **Nick's Pond Trail reclamation project**, closed since a 1995 blow down created impassible obstructions. Participate in the historic reopening this trail, closed for the past 14 years!
- **An official NTD 2009 Tee Shirt and ADK's appreciation** for your work for the conservation of, and education about the Adirondacks

The Adirondack Mountain Club and its members have been maintaining and building trails in the wild lands of New York for over 80 years. Help keep that tradition strong by volunteering for National Trails Day 2009.

Happy Trails!

Wes Lampman
ADK Director of Field Programs

Conservation
*
Education
*
Recreation
Since 1922

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National Trails Day
June 6, 2009
Celebration of *The Cranberry Lake 50*
Wanakena and Cranberry Lake, NY
Volunteer Registration Form

Please print, complete and send by mail to:
ADK Trails Program
Box 867
Lake Placid, NY 12946

Name: _____ Today's Date: _____

Address: _____

City _____ State _____ Zip _____

Phone (Day): _____ Phone (Evening): _____

ADK Member? Yes _____ No _____

Age category: under 18* _____ 18-29 _____ 30-39 _____ 40-49 _____ over 50 _____

**under 18 years old must have parental/guardian consent*

Previous seasons you have volunteered _____

National Trails Day Event, June 6, 2009

1st Choice Project: _____

2nd Choice Project: _____

Attending Friday Night social gathering and presentation, June 5, 2009?

(complimentary hors d'oeuvres, beverage, and presentation)

Yes _____ No _____ How Many? _____

Attending Saturday Night Celebration and dinner, June 6, 2009?

(complimentary food, beverage, and live music)

Yes _____ No _____ How Many? _____

Camping? Yes _____ No _____ Number of campers? Fri _____ Sat _____

Donations appreciated: enclosed _____

***NEW* Volunteer Sponsored for \$25 by:** _____

PLEASE DO NOT SEND BY E-MAIL!

For additional information or questions, please call 518-523-3441

Thank you for joining us.....

Wes Lampman, Director of Field Programs

Matt McNamara, Trails Coordinator

Julia Goren, Summit Steward Coordinator

NATIONAL TRAILS DAY

Celebration of *The Cranberry Lake 50*

When: Saturday, June 6, 2009 - 8 am to 4 pm

Where: Wanakena & Cranberry Lake, New York - meet at designated trailheads located in: Aldrich Pond (APWF), Cranberry Lake (CLWF), and Horseshoe Lake (HLWF) Wild Forests / Five Ponds (FPWA) Wilderness Area / Tooley Pond Tract (TPT) / James F. Dubuar Memorial Forest (JDM)

Trail Projects:

1. **Tooley Pond Tails (TPT):** There are several different trails leading to attractive waterfalls that need sidecutting and blowdown removal. Signs and markers will follow at a later date once the U.M.P. is completed.
2. **Mount Arab (HLWF):** Rock waterbars will be constructed and existing drainage structures will be cleaned out on this popular fire tower trail.
3. **Cowhorn Junction Trail (FPWA):** Nearby Cat Mountain Pond, bog bridging will be installed.
4. **Streeter Lake – Kid’s Project (APWF):** Tree saplings will be planted nearby the Streeter Lake lean-to. Children are encouraged to participate in this project.
5. **Cranberry Lake (CLWF):** Spend a day touring Cranberry Lake with DEC personnel moving outhouses and cleaning up at various campsites. Motorboat transportation will be provided.
6. **Latham Trail (JDM):** This trail is located next to the Ranger School campus in Wanakena and leads to a fire tower. Waterbars will be installed on a section of this trail.
7. **Bear Mountain (CLWF):** Continuing on all of the improvements that have been made to this trail over recent years, more rock waterbars, rock steps, & trail will be constructed. This trail begins from the Cranberry Lake State Campground.
8. **Dog Pond Campsite (CLWF):** A new campsite will be established near Dog Pond.
9. **Nicks Pond Trail (FPWA):** A crew will attempt to re-open this trail that has been obstructed by blowdown from the 1995 microburst. Because the trail is almost two miles long and has extensive blowdown and sidecutting needs, a crew will begin working on this trail project the Wednesday before National Trails Day.

Pre-National Trails Day Event

Where: Wanakena – ESF Ranger School

When: Friday, June 5 - 5 pm to 9 pm

What: Informal social gathering including hors d’oeuvres and a presentation on the new Cranberry Lake 50 Trail

Après-National Trails Day Event

Where: Wanakena – Pine Cone Restaurant

When: Saturday, June 6 - 5 pm to 9 pm

What: Celebration including dinner, music, t-shirts, and raffles.

Free camping is available both Friday and Saturday nights at the Cranberry Lake State Campground for all participants

Partners & Sponsors (to date): *Five Ponds Partners, Clifton – Fine Townships, Cranberry Lake Boat Club, SUNY-ESF Ranger School, NYSDEC Region 6, Packbasket Adventures, Houghton College Star Lake Campus, Adirondack Mountain Club*

TO SIGN UP for a project please call 518-523-3441 or visit www.adk.org