

FALL 2010

# Trail Talk

Adirondack Mountain Club

NORTH JERSEY RAMAPO CHAPTER NEWSLETTER & HIKE SCHEDULE

## A Message From the Chair

On Thursday, December 9th, our chapter will be electing and voting for a new slate of officers. This will take place at the annual Holiday Party held this year at Marcello's Ristorante, 21 Lafayette Ave., Suffern, NY. This fine Italian restaurant will provide us with a delicious four course meal ( three choices of entree) for \$ 29 per person; this includes tax and tip, Parking can be found in two public lots nearby. Valet parking is also available.

A committee of seven members dined there recently and we all enjoyed the exceptional food, pleasant ambiance, and attentive service. Please reserve a place contacting me by phone ( 201-871-3531) or e-mail (browning.27@verizon.net) before December 1st. We will be voting for our new Executive Committee at this time, so please plan to attend.

I would like to introduce the nominees who will be our next Executive Committee.

**Richard Sumner, Chair:** Richard has been an ADK member since 1998. He served as Treasurer of the Ramapo Chapter from 2003 until 2009, when he became Vice Chair. He remained in that office with the North Jersey Ramapo Chapter merger. He is also the webmaster for our club. Richard enjoys hiking, biking, and he makes wonderful cookies.

**Jeff Sovlove, Vice Chair:** Jeff has been an ADK member since 2005 and has served on the ADK Board of Directors since 2006. He leads at least twelve hikes a year and has received the White Birch Award. Jeff is currently serving as Alternate ADK Director for our chapter and is active in the Sierra Club of NJ and Union County Hiking Club.

**Fred Hodde, Secretary:** Fred joined ADK in 2009. Recently retired, he enjoys hiking, building/flying model airplanes, loves computers, and reading. He has had experience serving on other boards.

**Marcia Greenwald, Treasurer:** Marcia had been the Treasurer for the North Jersey Chapter beginning in 2006. She remained Treasurer when we merged. She is a long time ADK member hiking with us for many years. She has studied accounting and is a statistician.

**Manny Silberberg, ADK Director:** Manny served in this capacity for the Ramapo Chapter and now is going to meetings at Lake George representing the NJR Chapter. He is on the ADK Board .

**Chris Tausch, Alternate Director:** Chris is past Chair of the North Jersey Chapter. Chris has been involved with the club serving on our Executive Committee.

Don't forget that our **Fall Weekend** is soon. It is at the Shawnee Inn and Resort at the Delaware Water Gap in PA. The dates are from Friday, Oct. 29th to Sunday, October 31st. We will have organized hikes on Saturday and Sunday, and possibly Friday afternoon. All meals from Friday dinner to Sunday breakfast are included in the package price. The cost is \$255.65 per person for a double or \$373.25 for a single. Call the Inn directly to reserve a place for this really enjoyable weekend ( 570-424-4000). Please make your reservation by October 10th stating that you are with the "Gordon Hikers" group when you call.

This is my final "message" as Chair. I am pleased that the merger of the North Jersey and Ramapo Chapters occurred during my term, as it was my hope that it would happen some day. I worked towards that goal, and with the help of many members from both chapters it became a reality. Joining forces has made our club stronger and more interesting. I believe that all of us who hike regularly and attend the social events will agree.

Suzan Gordon, Chair

## HIKER'S GUIDE

**RESPONSIBILITIES** - Hikers with children under 16 and new hikers are required to contact the hike leader in advance to determine if the hike is suitable for them. Minors under 16 are welcome on day hikes when accompanied by a parent or guardian. No person under 18 shall participate in overnight outings unless accompanied by a parent or adult sponsor over 21. The hike leader may refuse to allow a person to hike who is judged to be poorly equipped or unable to do the published hike. Pets are not permitted on hikes unless the hike description clearly states that it is "dog friendly". Non-members are welcome on two hikes after which ADK membership is required. Participants should get to the hike at least 10 minutes prior to the starting time.

**RISKS** - As with all physical activities, hiking involves hazards. Persons participate at their own risk and will be asked to sign a statement acknowledging that fact before starting the hike. Prior to the hike please advise the leader of any medical condition or physical liability that could affect you during the hike.

**FOOTWEAR AND CLOTHING** - Wear clothing suited to the weather and carry extra garments for unexpected weather conditions. Dress in thin layers so that you can adjust the number of layers as required to maintain comfort. In winter carry a wool cap and wool or polypropylene gloves or mitts and a windproof shell. Be prepared for rain. Bring a rain jacket and rain pants, preferably of the type that permits venting body moisture. Wear comfortable, sturdy boots. Do not wear cotton garments in winter.

**DRINK AND FOOD** - Adequate hydration is important year round. Drink frequently during the hike. Carry food to enjoy during the midday lunch stop.

**DOG-FRIENDLY HIKES** - All hikers with dogs must abide by park leash regulations.

**HIKE RATINGS** - represent the Pace, Distance and Terrain covered during the hike. A hike's rating is determined by the hike leader.

**PACE:** A - fast - 2.5 mph or faster  
B - moderate - about 2 mph  
C - easy - 1.5 mph or less

**DISTANCE:** is given in miles as noted

**TERRAIN:** A - Strenuous, long ups and downs, some rock scrambling possible.  
B - Moderate ups and downs as occur typically in Harriman.  
C - Generally flat with little elevation change.

**MAPS** - The TC number indicates a NY-NJ Trail Conference map for the area of the hike. For example: TC-118 refers to the Southern Harriman Park map.

**ABBREVIATIONS** - NCA-No Calls After . . . , Pref.- Leader's contact preference.

**EXPENSE SHARING** - When car-pooling, passengers are expected to offer the driver funds sufficient to cover the cost of fuel, tolls and parking fees. A \$3.00 minimum per person is recommended. Most hike trail head meeting locations can be found on NY-NJ Trail Conference maps.

For an additional hike schedule please contact Denis Kmiec at [kmiec20@yahoo.com](mailto:kmiec20@yahoo.com) or 845-634-1397. The hike schedule can also be downloaded from the website.

## Attention All X-Country Skiers And Snowshoers

Sign Up In December For Tours This Winter

Contact: Ed Fanslau X-Country Chair

201-652-1496 or

[xcountry@hudsonhikers.org](http://xcountry@hudsonhikers.org)



## ADK NORTH JERSEY RAMAPO CHAPTER

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HIKING WITH CHILDREN - Deanna Felicetta

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*Trail Talk is published quarterly in December, March, June and September. Deadline for submissions is generally one month prior to publication date. Please send articles, photos or other contributions to [newsletter@hudsonhikers.org](mailto:newsletter@hudsonhikers.org)*

## HIKE SCHEDULE • FALL 2010 • OCTOBER • NOVEMBER • DECEMBER

### Hunting Seasons 2010

New York, Southern Zone includes Catskills, Shawangunks and most of Hudson Valley: Bow 10/16 - 11/19 and 12/13 - 12/22, Westchester Co. 10/16 - 12/31; Gun 11/20 - 12/12; Black Rock Forest closed to hiking 11/20 - 12/12.; No hunting in Harriman/Bear Mt. State Parks. New Jersey hunting season information not yet available. Check with [www.state.nj.us/dep/fgw](http://www.state.nj.us/dep/fgw). No hunting in New Jersey on Sunday.

Saturday, 10/2      Norvin Green Loop      B 7 B  
Despina Metaxatos      dmetaxatos@hotmail.com (pref.) or 201-952-4151

Meet 9:30 AM at Otter Hole Parking area on Glenwild Ave. We will do a loop hike through Norvin Green to nice views at Wyanokie High Point, YooHoo Point and Carris Hill, using Otter Hole, Macopin, HB, Carris Hill and White Trails. Rain cancels. Please e-mail leader to register by 10/1. TC map 115.

Sunday, 10/3      Governor Mountain      C 7 C+  
Richard Sumner      rls@rsumner.com or 845-362-8470

Meet 10 AM at Ringwood Manor, 2nd Parking Lot. This will be a pleasant walk in the woods with a little climbing. Steady rain cancels. Call before 8:30 AM if uncertain. TC map 115.

Sunday, 10/3      Sugarloaf via Dibbles Quarry (Catskills)      B 6.5 B+  
Karen Rose      kkarose@aol.com or 201-962-8546

A Catskill delight thru the magical thrones at Dibbles Quarry and then scrambles over Sugarloaf. Not for beginners but a great intro to the Catskills. Meet at Trail Conference at 8 AM or RK(Y) trailhead on Elka Park Road at 10 AM. Must register by 8 PM Friday night. Rain cancels. TC map 41.

Thursday, 10/7      Johnstontown Road Circular Hike      B 6/8 B  
Georgette Fazzari      grfhiker@gmail.com (pref.) or 551-265-2369  
Meet 9:30 AM. We will be going up Almost Perpendicular. Call or e-mail (pref.) to register for hike. Weather may cancel. TC map 118.

Saturday, 10/9      Tuxedo, Sebago, Deep Hollow Loop      B 8.5 B  
Peter Tilgner and Suzan Gordon      browning.27@verizon.net or 201-871-3531

Meet 9:30 AM at the Tuxedo Commuter Parking Lot just north of the Tuxedo RR Station on East Village Rd. We will hike the RD, TMI, White Bar and complete Triangle Trails stopping on Parker Cabin Mountain for lunch. TC map 118.

Sunday, 10/10      Deadline to make your reservations for the Fall Foliage Weekend at the Shawnee Inn And Resort, Delaware Water Gap, PA

Sunday, 10/10      Fall Colors Hike, Apple Picking      B+ 3/5 C  
Malaysian Dinner & Frightfest

Brian Horowitz      brianjhmail-ADK@yahoo.com or 908-625-4916  
Hacklebarney State Park is 892 acres of glacial valley, with gorges carved by the Black River and two tributaries that feed it, the Rinehart and Trout Brooks. We will enjoy the waterfalls and streams. There are several hills to go up and down the gorges and rocks in

the pathways. After the hike (around 3PM) we will go to Riamede Farm at 122 Oakdale Road, Chester, N.J. for apple and pumpkin picking. Afterwards, we will meet for dinner 6 PM at Singapore Restaurant, 182 Orlando Drive (Route 206 South), Raritan, NJ. The restaurant is Malaysian and Singaporean cuisines. At 8:30, we will go to Schaefer's Farms Frightfest, 1051 Route 523, Flemington, NJ, [www.schaeferfarms.com/fright.html](http://www.schaeferfarms.com/fright.html). The cost is \$20. Meet 11:15 AM. Call after 8:00 AM on day of event for last minute status of the event if in question. E-mail Brian for a complete set of directions.

Sunday, 10/10      Iona Island Guided Tour      C 2 C  
Louise Parnell      845-290-5287

Donald "Doc" Bayne, Sterling Forest Ranger/ Educator, will lead a guided tour of historic Iona Island located on the Hudson River. Meet 11 AM at the kiosk near the entry road parking area before the RR tracks. The entry road is opposite the Cornell Mine Trail Head off Rt. 9 W. See New York-New Jersey Trail Conference map 119. Bring a snack and water. Space is limited. You must register for this walk by calling Lousie Parnell no later than Friday, October 8.

Thursday, 10/14      In the Woods      C 5 B  
Phyllis Key      pkeyhiker@juno.com H 201-768-5573 C 201-937-8645 (day of hike only)

Route to be determined by weather and trail conditions. Must call or e-mail (preferred) no earlier than 3 days prior to hike to register and learn meeting time and place.

Saturday, 10/16      Sterling Forest Fire Tower Ramble      B 5 B  
Jeffrey Sovelove      Hiker\_Dood@yahoo.com

We will do the Sterling Forest Sterling Fire Tower Ramble with the option to extend if the group desires. This is a moderately strenuous hike. Meet at the Visitors Center at 10 AM sharp. Steady/heavy rain cancels. Joint ADK/Sierra Club hike. TC map 100.

Saturday, 10/16      Moderate Hike      C 4/5 B  
Betty Heald      ebheald@aol.com or 201-967-2937

An early steep climb, then gentle ups ups & downs. Must contact leader to register. No calls after 9 PM.

Sunday, 10/ 17      Popolopen Gorge, Bear Mt,      B 6.5 B  
Ft. Montgomery Traverse

Pete Heckler      p\_heckler@msn.com (973)831-2307  
We start at Brooks Lake, hike west to the Torne, then south using the TT, 1777 & 79 trails, a bushwhack, the new AT section, the Twin Forts and back to Brooks Lake. Rain cancels hike. No phone calls will be accepted the morning of the hike. Meet 9:00 AM at Ft. Montgomery parking lot (off Rt. 9 W) approx. 1/2 mi. north of Bear Mt. Circle. TC Map 119. Preregistration appreciated.

Thursday, 10/21      In the Woods      B 8 B+  
Eileen Berch      973-506-7078 (NCA 8 PM please)

Meet 9:30 AM at Reeves Brook Visitor Center. We'll hike Seven Hills Trail toward Ramapo Torne, continuing on various other trails. Strenuous hike with lots of ups and downs. No go if raining. If in doubt, call by 8:00 AM morning of hike. TC map 118.

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Saturday, 10/23 Peekamoose and Table Mt. B 8.6 A  
 Gary Wiltshire gjwiltshire@hotmail.com or 973 728-9011  
 Meet at the Trail Conference Headquarters on Rt. 202 in Mahwah at 7:30 AM, or at the trailhead at 9:30 AM. A great fall hike not for the faint of heart, this is the longest ascent in the Catskills, we will do a slow steady pace. Please register by Friday the 22nd with leader so we can arrange car pool. Bring water and food for lunch. Heavy rain will cancel. TC map 43.

Sunday, 10/24 Highlands Trail Harrison to B 8 A  
 Little Windbeam Mountains  
 Despina Metaxatos dmetaxatos@hotmail.com (pref.) or 201 952 4151  
 Meet 9:30 AM in West Milford at Ball Fields Parking Lot on Mary Roth Drive off Stonetown Road near intersection with West Brook Road. Car shuttle to Lake Rickonda Drive to begin hike. Challenging ups and downs to views and autumn color. Rain cancels. Please e-mail leader to register by 10/22. TC map 115.

Thursday, 10/28 Lake Skenonto B 7 B  
 Irene Logan 845-753-5651 (NCA 9 PM or after 8:30 AM day of hike.)  
 We will meet at the parking area on Route 106 where the RD crosses Route 106 for Tom Jones Mountain at 10:00 AM. We will hike on several trails including the RD, the Triangle, and the Victory with views. Come prepared with appropriate gear for fall hiking. Precipitation or forecast of same cancels. TC map 118.

Friday, 10/29 - Sunday, 10/31 Fall Foliage Weekend at the Shawnee Inn And Resort, Delaware Water Gap, PA. Hikes:

Saturday, 10/30 (B 6/7 B) Pocono Environmental Center.  
 TC map 17.

Sunday, 10/31 (B 5.5 A-) Delaware Water Gap with a climb to Mt. Tammany. TC map 15.

Saturday, 10/30 Schunemunk Mountain B+ 6 A  
 Dick Ermenwein H 845-565-3866 C 845-220-7693  
 Meet at 9 AM sharp at the Taylor Road trailhead parking. From Rte 32 at the Black Rock Hunt & Gun Club, turn on to Pleasant Hill Rd. for 100' then left on Taylor Rd. for 3/10 ths of a mile over the NYS Thruway overpass to the Taylor Road trailhead parking. After a car shuttle and car drop at the Otterkill Road parking lot, we will follow the Trestle Trail up 1300 ft. to the Jessup Trail and follow south along the ridge descending on the Dark Hollow Trail back to the start. Estimated dedicated hiking time 3.5 hours. TC map 114.

Saturday, 10/30 The Highland Trail B 5/6 A  
 Pat Marcotullio patros@optonline.net 845-729-4046  
 We'll be hiking the Highland Trail from West Brook Rd. Parking Area to the White Rd. H.T. Connector. There are several view points of the Wanaque Reservoir along the way and views of the Ramapo Mountains to the east. Short shuttle with very limited parking on the White Rd. Connector. Meet 9 AM at Stop & Shop parking lot right off Exit 55 on Rt. 28. Inclement weather will cancel. TC map 115.

Sunday, 10/31 Gertrude's Nose Trail / Lake Minnewaska B 7 B  
 Peggy Wissler 914-260-7506  
 Meet 8 AM sharp at NY/NJ Trail Conference parking lot for shuttle to start of hike at Lake Minnewaska. At a steady pace we will hike along the western side of the lake to Millbrook Drive and on to the Gertrude's Nose Trail. We'll come back by the eastern side of the lake. Heavy rain cancels. Call leader to register for hike. TC map 9.

Thursday, 11/4 In The Woods B 5/8 B  
 Debbie Bell deb2@columbia.edu or 845-358-8386 (NCA 9 PM)  
 Varied terrain in Harriman or nearby parks. Contact leader for hike details.

Saturday, 11/6 North Of Route 106 B 7 B  
 Irene Logan 845-753-5651 (NCA 9 PM or after 8:30 AM day of hike.)  
 We will meet at the parking area on Route 106 where the White Bar Trail crosses Route 106 at 10:00 AM. We will hike on several trails including the White Bar, the Nurian, the RD, the Lichen, the ASB, and Island Pond Road. Come prepared with appropriate gear for fall hiking. Precipitation or forecast of same cancels. TC map 119.

Sunday, 11/7 Daylight Savings Time Ends

Sunday, 11/7 Catskills- Vly And Bearpen B 7 A  
 George Preoteasa gvpreo@gmail.com or 201-694-8344  
 E-mail or call leader by November 5 for meeting time and directions. This hike is in the Catskill Mountains, approximately 100 miles north of northern NJ. It combines bushwacking and walking on logging roads. Easy bushwack, a good opportunity to try one for the first time. Total elevation gain is 2000 ft. Great view at the top. Carpooling can be organized from the Harriman train station. Bad weather cancels. New TC map 145.

Sunday, 11/7 Ramble From Lake Sebago C 5 B  
 Rudy Garfinkel tgarfinkel@hotmail.com or 914-337-6612  
 Meet 9:30 AM at Lake Sebago Boat Launch off Seven Lakes Drive. Rain cancels. TC map 118.

Thursday, 11/11 In the Woods C 5/6 B  
 Phyllis Key pkeyhiker@juno.com H 201-768-5573 C 201-937-8645  
 (day of hike only)  
 Route to be determined by weather and trail conditions. Must call or e-mail (preferred) no earlier than 3 days prior to hike to register and learn meeting time and place.

Saturday, 11/13 Moderate Hike C 4/5 B  
 Betty Heald ebheald@aol.com or 201-967-2937  
 An early steep climb, then gentle ups & downs. Must contact leader to register. No calls after 9 PM.

Saturday, 11/13 March Through Jockey Hollow B 5 B  
 Jeffrey Sovelove Hiker\_Dood@Yahoo.com.  
 We will do the parts of the Grand Loop, Blue Trail, and Yellow Trail at Jockey Hollow National Park in Morristown. We will stop at the

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Soldiers Huts. See [www.nps.gov/morr/playourvisit/directions.htm](http://www.nps.gov/morr/playourvisit/directions.htm) for directions and information. Meet at the Visitors' Center at 10 AM. Heavy/steady rain cancels. Optional lunch at a local eatery if we get done in time. Joint ADK/Sierra Club hike.

Sunday, 11/14      Monksville Reservoir      B 6 B  
Peter Reiner      psr7777@gmail.com or 845-323-7697  
Meet at 9:30 AM in hikers parking lot near Hewitt NJ on Route 511 (Greenwood Lake Turnpike) by the Long Pond Iron Works Visitors Center. We will hike the Sterling Ridge Trail to the Hansenclever Trail and then connect with the Monk's Connector. We will travel around the Monksville Reservoir with lunch at the south boat launch overlooking the reservoir after climbing Monk's Mountain. Water views everywhere. Rain cancels hike. TC Map 115.

Thursday, 11/18      In the Woods      B 7/9 B  
Linda Schutz      lindaschutz@msn.com (pref.) or 973-335-6973  
"Regular" Thursday hikers will receive a group e-mail from leader by Tuesday for location, time and other details. Others can contact the leader by 7:00 PM on Wednesday. No beginners please.

Saturday, 11/20      Storm King Stillman Trail      B+ 6 B  
Chris Connolly      c.connolly7@verizon.net or 201-321-6605  
We'll travel the scenic Stillman Trail on rugged Storm King. This is one of the most beautiful hikes in the Hudson Valley. Meet 9:30 am at Black Rock parking lot on Reservoir Road off Rte 9W for short shuttle to hike start on Mountain Road. Rain/ice cancels. TC map 113.

Sunday, 11/21      Long Path/ Schunemunk-Jessup Trails      B+ 9 A-  
Peggy Wissler      914-260-7506  
Meet 8 AM sharp at NY/NJ Trail Conference parking lot for shuttle to athletic field parking west of Mountainville. We will hike the Long Path making a return loop on the Jessup Trail. Excellent views and the Megaliths. Be prepared for some rock scrambles and possible wind at open view points. Heavy rain cancels the hike. Call leader to register for the hike and to discuss necessary equipment. TC map 114.

Sunday, 11/21      Fahnestock Loop      B 7 B  
Richard Sumner      rls@rsumner.com or 845-362-8470  
My favorite hike in Fahnestock. It includes a nice section of the AT. Meet at 9:30 AM at first parking lot (where the AT crosses) on Canopus Lake (take rte 301 from Cold Spring). Foul weather will cancel. Call before 8:00 AM if uncertain. TC Map 103.

Saturday, 11/27      Wittenberg, Cornell and Slide Circular      B 15 A  
Gary Wiltshire      gjwiltshire@hotmail.com or 973 728 9011  
Meet at the Trail Conference Headquarters on Rt. 202 in Mahwah at 7 AM or at Woodland Valley Campground parking lot at 9 AM. Tough hike, 3 peaks, great views make it worthwhile! Plan on a full day, bring plenty of water and food. We will do a slow to moderate pace. Rain and snow may cancel. Please register by Friday so we can plan car pool. TC map 43.

Saturday 11/27      Two Lakes, Iron Mt. and Christie Mine -1      B 7 B  
Dean Gletsos      cgletsos@yahoo.com or 845-354-0738  
Meet 9:30 AM at the Ladentown parking area, off Diltz Rd. We will use a combination of regular trails and old roads. Short bush-whacking involved. We will visit the obscure and out of the way Christie Mine. Lunch by the lakeside. Nice views. If questions, call up to 9 AM the day of hike. TC Map 118.

Sunday, 11/28      High Tor State Park      B 6.5 B  
Peter Reiner      psr7777@gmail.com or 845-323-7697  
We will start at 9 AM and meet at the commuter parking lot on Route 202 where it meets Route 45. Parking lot can be entered from Route 45. We follow the Long Path through South Mountain County Park into High Tor State Park. We will make a small side trip to the top of Little Tor and then do a climb to the top of High Tor with views of the Hudson River. We follow trail to a parking area on Route 9W in Haverstraw. Car shuttle is required. Rain will cancel the hike. TC Map 112.

Wednesday, 12/1  
Last day to register for the North Jersey Ramapo Holiday Party at Marcello's Ristorante, Suffern, NY. Check for \$29 per person should be made out to NJR ADK and mailed to: Suzan Gordon, 27 W. Clinton Ave. 2-N, Tenafly, NJ 07670

Thursday, 12/2      In The Woods      B 5/8 B  
Debbie Bell      deb2@columbia.edu or 845-358-8386 (NCA 9 PM)  
Varied terrain in Harriman or nearby parks. Contact leader for hike details.

Friday, 12/3      NJR Board Meeting 7:30 PM at the home of Phyllis Stewart, 617 Blue Ridge Lane, Mahwah, NJ 07430, [pastewart@optonline.net](mailto:pastewart@optonline.net) or 201-327-6319

Saturday, 12/4      Easy Day Out      C 6 B  
Pat Marcotullio      patros@optonline.net      845-729-4046  
Exact route and distance will be determined day of hike according to weather conditions. Meet 9:30 AM Stop & Shop parking lot off Exit 55 on Rt. 287 for a short shuttle to the Indian Rock Trail head. Inclement weather will cancel. TC map 115.

Sunday, 12/5      Tiorati Lollipop      B 7 B  
Richard Sumner      rls@rsumner.com or 845-362-8470  
Meet 9:30 AM in the Tiorati Picnic Area. We'll follow the R-D south to the Lichen, then A-S-B and Bottle Cap back to the R-D. Lots of ups and downs, some rock scrambling, but a nice hike overall. Steady rain cancels, call before 8 AM if uncertain. TC map 119.

Thursday, 12/9      Skannatati Circular      B 7 B  
Irene Logan 845-753-5651 (NCA 9 PM or after 8:30 AM day of hike.)  
We will meet at the Lake Skannatati parking area at 10:00. We will hike on several trails including the ASB, Long Path, Lichen, RD, and Dunning with views. Come prepared with appropriate gear including traction devices. Precipitation or forecast of same cancels. TC map 119.

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Thursday, 12/9 North Jersey Ramapo Holiday Party 7 PM  
Marcello's Ristorante, 21 Lafayette Ave., Suffern, NY

Saturday, 12/11 Long Path From Rt. 6 C 5/6 B  
Denis and Joan Kmiec kmiec20@yahoo.com or 845-634-1397  
(NCA 9 PM)

We take the Long Path south to Stockbridge Shelter. We return on the Menomine and Nawahunta Fire Rd. Out by 1:30 PM. E-mail or call for directions. Meet at 10 AM Rt. 6 Long Path hikers parking lot. Rain, snow cancels. TC Map 119.

Sunday, 12/12 Old Croton Aqueduct B 10 C  
Aaron Schoenberg askus3@optonline.net or 845-986-8645  
This hike will traverse aqueduct, which is a great engineering achievement of the 19th century. We will follow it from Yonkers to Tarrytown northbound passing spectacular views of the Hudson River and the Palisades cliffs of New Jersey. Along the way I will point out historic and architectural treasures along the way. Meet Doubletree Hotel in Tarrytown. Faces you across Route 9 as you get off at Exit 9 of the Thruway (1st exit after crossing Tappan Zee Bridge southbound). Meet 9 AM at the south end of parking lot (far left).

Thursday, 12/16 In the Woods B 7/9 B  
Paul Margiotta pjmm11@verizon.net (pref.) or 201-693-6705  
"Regular" Thursday hikers will receive a group e-mail from leader by Tuesday for location, time and other details of hike. Others can contact the leader by 7:00 PM on Wednesday. No beginners please.

Saturday, 12/18 Moderate Hike C 4/5 B  
Betty Heald ebheald@aol.com or 201-967-2937 (NCA 9 PM)  
An early steep climb, then gentle ups ups & downs. Must contact leader to register. .

Saturday, 12/ 18 Panther and Giant Ledges B 10+ A  
Gary Wiltshire gjwiltshire@hotmail.com or 973 728 9011  
Meet at the Trail Conference Headquarters on Rt. 202 in Mahwah at 7 AM or the Woodland Valley Campground parking lot at 9 AM. We will shuttle to Fox Hollow Rd and begin our hike from there to Woodland Valley. This will be a long day, bring plenty of food and water. Winter conditions may require special equipment. Please register with the leader before Friday. We will determine car pool and what equipment may be necessary. Heavy rain and snow may cancel. TC map 42.

Saturday 12/18 Two Lakes, Iron Mt. and Christie Mine -2 B 7 B  
Dean Gletsos cgletsos@yahoo.com or 845-354-0738  
Meet 9:30 AM at the Ladentown Parking Area, off Diltz Rd. We will use a combination of regular trails and old roads, using different route than 11/27 hike. Short bushwhacking involved. We will visit the obscure and out of the way Christie Mine. Lunch by the lakeside. Nice views. If questions, call up to 9 AM the day of hike. TC Map 118.

Sunday, 12/19 Schunemunk Trestle To Trestle B 7.5 A  
Cliff West 3cliff@gmail.com or 973-886-4072  
Excellent views abound on this traverse of Schunemunk Mt via the Long Path, Jessup, Barton Swamp and Trestle Trails. Meet 9 AM at Otterkill Parking Lot. Car shuttle required. Blizzard cancels. TC map 114.

Sunday, 12/19 Nickel Mine In Winter B 7 B  
Dave Sutter dsuttr@aol.com  
Obfuscated route dimly remembered by aged leader. Can we find it? Steady precipitation cancels. Meet 9:30 AM Lake Skannatati. Joint with AMC. TC map 119.

Thursday, 12/23 Palisades Pathways B 7.5 B  
Chris Connolly c.connolly7@verizon.net or 201-321-6605  
From PIPC headquarters we'll snuggle along Shore Trail, traverse Greenbrook Sanctuary and after lunch lope along Long Path. Hudson River views galore. Meet 9:30 am at PIPC Administration Bldg off Palisades Parkway Exit 2. Rain/ice cancels. TC map 108.

Thursday, 12/30 In The Woods B 5/6 B  
Phyllis Stewart pastewart@optonline.net or 201-327-6319  
Contact leader for starting time and meeting place. Route to be determined depending upon weather.

### Thank you, Hike Leaders

Thank you for your good response. Sign-up sheets are arriving on a regular basis. Many leaders are letting me know by e-mail if their hike was canceled due to inclement weather. It helps me to tabulate number of hikes and hiker participation as well as to save The Club on postage.

Keep on hiking!  
Betty Heald



Photo by Jeff Sovelove

Dragonfly at ADK Ramapo Reservation

## Remembering the Mt. Jo Lean-to in the 40's & 50's at Heart Lake, Adirondac Loj

by Dick Ernenwein

From 1944 to 1960, my family spent the first two weeks of each August camping at the Mt. Jo Lean-to on Heart Lake. When we drove the last 4 miles on the teeth-rattling wash-board dirt road into the Loj, you knew you were entering a deep, dark, and wild wilderness welcomed by the unique and wonderful smells and sounds of the Adirondac primeval northern forest. We were always warmly greeted like family by the Loj caretakers Myrtle and Joe Trapasso. All my memories of those days at Heart Lake are wonderful, but it wasn't always pretty. Remember this was the 40's and 50's and the ways of the wilderness were different in many ways from today.

The Mt. Jo Lean-to was perfectly located with one of the most inspiring vistas in the Adirondacks. It was situated on the North shore of Heart Lake about 200ft. west of the Mt. Jo trail junction. The open side of the lean-to faced the Lake and therefore had one of the premier views of the High Peaks which included the

entire McIntyre Range, Mt. Colden, Mt. Marcy and Phelps. Today this view of Mt. Marcy is blocked by 50 years growth of pine trees along the east shore of the lake. The area around the lean-to was filled mostly with paper and yellow birch, balsam and cedar trees providing a cozy private campsite. The sandy bottom of Heart Lake by our lean-to deepened very gradually allowing a safe and wonderful watery playground. I could wade out quite a distance and this continued around the lake to the Loj, dock and boat house. As a small boy, I would spend hours hunting salamanders and frogs along the lake shallows and under the bushes along the shoreline. About 10 years ago I installed a bench in front of the former lean-to with a plaque as a memorial to my parents. If you are ever looking for a private, peaceful site to read or contemplate, spend an hour on our bench.

*This is an excerpt from a longer article, The complete article is available at our website [www.hudsonhikers.org](http://www.hudsonhikers.org)*

## Have You Seen The View From Bare Rock?



There's a new trail in Sterling Forest, and it leads to a spectacular 180 degree view of Greenwood Lake. On August 15, Peter Tilgner and Suzan Gordon led a dozen NJR members on the first scheduled hike to Bare Rock, with lunch overlooking Greenwood Lake. This new section completes the Bare Rock trail. From the visitor center it's 5.5 miles round trip to Bare Rock, 7.5 miles if you do a loop that includes the complete Bare Rock trail. Many thanks to Peter and Suzan (Sterling Forest Trail Supervisors) for their efforts in the planning and construction of the Bare Rock trail.

## Welcome New Members!

Carol Hemington – Edison NJ

Tony Baldino – Wayne NJ

John Manolatos – Ringwood NJ

Allan Cohen – Westfield NJ

Joyce & Samuel Moulthrop – South Orange NJ

Any & Milton Kaufman – Newburgh NY

Nancy Hurd Schluter – Pennington NJ

Ellen & Herb Steiner – Mahwah NJ

Matthew Butler – Morristown NJ

Alison & George Griffo – Washingtonville NY

Emilia & Steve White – Spring Valley NY

Stuart Smith – River Vale NJ

Cathy & Larry Borsinger – Upper Nyack NY

Jennifer Lisanti – Bloomingdale NJ

Toni Thomas – Ridgewood NJ

Bob Gerdwagen – Brooklyn NY

Lisa Kaslow & Jeff Korber – Rockaway NJ

Tammie Profitko – Bloomingdale NJ

John Roebig – Suffern NY

Min Lee – Palisade Park NJ

Cheryl Desposito – Bear Mountain NY

Paul Bauer – Fort Lee NJ

Peter Siverisson – Morristown NJ

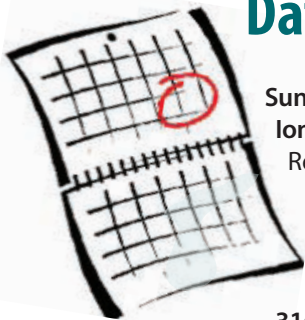
Sandy Fini – Warwick NY

Adirondack Mountain Club  
 North Jersey Ramapo Chapter  
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## Dates to Remember!



**Sunday, October 10th 11 AM**  
**Iona Island Guided Tour**  
 Register early with Louise Parnell  
 845-290-5287  
 See Hike Schedule for details

**Friday, Oct. 29th to Sunday, Oct.  
 31st**

### Fall Foliage Weekend

Shawnee Inn and Resort, Delaware Water Gap, PA  
 Last day to register Oct. 10th  
 Call the Shawnee Inn 570-424-4000

**Thursday, December 9th 7 PM**

### Holiday Party

Marcello's Ristorante, Suffern, NY  
 Reserve with Suzan by December 1st  
 201-871-3531  
 browning.27@verizon.net  
 See "Message" for details



## NJR Helps Close The LP Gap

*By Chris Connolly*

This June NJR made its first foray into preserving trail land for future generations of hikers. The trail is the bi-state, long-distance Long Path (LP), which stretches north from the New Jersey side of the George Washington Bridge all the way to Albany. A small but critical 2.32-acre gap in the LP existed in the southern Shawangunks in Sullivan County, between Roosa Gap and Wurtsboro Ridge State Forests. New York-New Jersey Trail Conference representatives negotiated with the private landowner of the gap land for permanent preservation of the LP trail corridor through the owner's property. The Open Space Institute and the Friends of the Shawangunks (FOS) then launched a \$10,000 LP Close The Gap campaign to raise the funds to ensure that the deal went ahead. NJR heard of the campaign through Chapter member Neil Zimmerman, who in addition to his past distinguished service on the ADK Club Board of Directors currently serves as President of the FOS Board. Serendipitously, the NJR Executive Committee was at that time deciding how to donate Chapter monies, and unanimously voted to give \$500 to the LP campaign. NJR's contribution helped to make the campaign a successful one: The gap is closed and the LP continues its long way north. All Chapter members should be proud of their contribution in making this happen.