HIKE SCHEDULE • FALL 2011 • OCTOBER • NOVEMBER • DECEMBER

October-December
A Day In The Catskills & Hudson Highland Area B 5.5-9 B
Deanna Felicetta felicetta.deanna@gmail.com or 845-216-2021
There is nothing like an entire day spent in the woods. Hikes will often be in the Catskills and other Hudson Highland locations. Difficulty will vary from hike to hike; however, we will be stopping to enjoy views and other beautiful places in the woods. The hikes this season will include such places as The Giant Ledges on Panther Mt., Hunter Mt. and Firetower, Balsam Mt., and a day at Bear Mt. with skating and hiking. The hikes will meet early, allowing us to have the entire day, and relax for a short break before the drive back home. Call between the 23rd and 1st of each month for location and details. Carpooling is welcome among hikers. MUST REGISTER BY PHONE before each hike. Your name and cell phone number are needed. Poor weather (thunderstorms, heavy snow or rain etc.) will cancel hike.

Saturday, 10/1 Adirondacks-Mt. Marcy (ascent 3200 ft) C+ 14.8 A+
Elie Bijou adirondacks@verizon.net or 518-873-2119
(NCA 9 PM; Fri. and Sat. 5 PM)
A long hike on well-groomed trails to the State's highest peak. Please bring warm clothing, snacks, water, lunch and expect an early start.

Saturday, 10/1 Sterling Forest Fire Tower Ramble B 5 B+
Jeffrey Sovelove Hiker_Dood@yahoo.com
We will do the Sterling Forest Fire Tower Ramble with the option to extend if the group desires. This is a moderately strenuous hike with a considerable amount of climbing. Bring water, lunch, and wear hiking boots. No sneakers. Meet at the Visitors' Center at 10 AM sharp. See the Sterling Forest web site for information and directions: http://nysparks.state.ny.us/parks/74/details.aspx. Steady/heavy rain cancels. Joint ADK/Sierra Club hike. TC map 100.

Sunday, 10/2 Teatown To Kitchawan Trail B 6 B
Despina Metaxatos dmetaxatos@hotmail.com (pref.) or 201-952-4151
Meet 10 AM at Westchester County's Teatown Lake Reservation Nature Center Parking Lot (Mapquest directions). Shuttle to Kitchawan Preserve Parking Lot to begin hike on TKT (Teatown Kitchawan Trail, distinctive purple blazes), meandering through old farm fields and woods, along a reservoir, and climbing to the summit of Bald Mountain with Croton Reservoir and Hudson River views. Enjoy the colors of Fall. Steady rain cancels. Contact leader if weather uncertain.

Tuesday, 10/4 Catamount Mt. (ascent 1572 ft) C+ 3.8 A-
Elie Bijou adirondacks@verizon.net or 518-873-2119
(NCA 9 PM; Fri & Sat. 5 PM)
A relatively short hike through the woods and then a short chimney climb leads us to the open rock of this great summit. The view is spectacular, ranging from the northern Adirondacks to the High Peaks.

Wednesday, 10/5 Wallkill Valley Rail Trail C 2.5 C
Louise Parnell 845-290-5287
Meet at 10 AM at the Water Street Market parking lot in New Paltz. Take the New York State Thruway to Exit 18 on to 299 West (Main St.). The Water Street Market comes before the bridge over the Wallkill River and is on the left. We will all drive to a free parking lot. Please call to register for this walk.

Thursday, 10/6 In the Woods B/C 5/7 B
Richard Sumner RLS@RSUMNER.COM or 845-362-8470
Harriman or nearby parks. Call or e-mail for details the week of the hike. Pace may be B or C depending on the group and the weather. Details will also be posted on Facebook and the Yahoo group.

Saturday, 10/8 Catskills - Sugarloaf and Plateau A 10 A
George Preoteasa gvpreo@gmail.com or 201-694-8344
E-mail or call leader for meeting time and directions by October 6. This trail hike is in the Catskill Mountains, approximately 100 miles north of northern NJ. The arduous ascent is rewarded with great views. Interesting artifacts along the way. If there is interest, may organize as a shuttle to save on walking distance. TC map 141.

Saturday,10/8 State Line Lookout C 2.5 C
Louise Parnell parnelljt@optonline.net or 845-290-5287
Meet at 10 AM at the State Line Lookout Parking Lot. We will walk Old 9W used before the Palisades Parkway was built. Take the Palisades Parkway south to Exit 3 and make the legal U-turn onto the northbound Palisades. The sign for the State Line Lookout Exit comes quickly on the right. TC map 109.

Sunday, 10/9 Hudson Bridge Walk B 6.5 C
Peggy Wissler (c) 914-260-7506
Meet 8:00 AM sharp at the NY-NJ Trail Conference parking lot in Mahwah, NJ for car pool. We will drive about 40 minutes north on the NY State Thruway to 87 Haviland Road, Highland, NY entrance to the walkway over the Hudson. We will proceed on the walkway to enjoy the river views and explore the amenities of the park area arriving at 61 Parker Ave., Poughkeepsie, NY where we will have a lunch break and retrace our steps.

Thursday, 10/13 In The Woods B 5/6 B
Eileen Berch 973-506-7078 (NCA 8 PM)
Meet at 9:30 AM in the Shop Rite Parking Lot (Rite Aid end) on Marshall Hill Road in the center of West Milford, NJ - which can be reached from Route 511 (Greenwood Lake Turnpike), a mile or so and several curves past Long Pond Ironworks at Monksville Reservoir. We will carpool to the trailhead on Crescent Drive in Ringwood. We'll hike up to Manaticut Point then on to Overlook Rock for lunch passing Lake Sonoma afterward. It's a shorter hike than normal, but we can linger and enjoy the views. Should be out by 3 PM. No need to register. No go if raining. Call by 8:30 AM morning of hike if weather is doubtful. TC map 115.

Saturday, 10/15 Sam's Point Preserve B 10 B+
Robert Permutt rpermutt2003@yahoo.com (pref) or 914-588-0212
Meet at 9:30 AM. at the parking lot for the Sam's Point Conservation Center. Loop hike through one of the "Last Great Places" on Earth. Highlights include the Ice Caves, Verkeerder Falls and Sam's Point. Registration required for hike on or before October 14. TC map 104.

Pre-registration is advised in case of a change in schedule.

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Sunday, 10/16 Sterling Forest Twofer B 8 B+
Fred Hodde Bullwnkl1@aol.com or (H) 973-728-3223
(C) 973-722-7824
We'll meet at the upper parking lot for the Sterling Forest Visitor's Center at 9:30 AM. We'll start with a climb to the Sterling Forest Fire Tower. After taking in the view, we'll hike to the Bare Rock Vista where we'll enjoy lunch. After lunch, we'll continue down the Bare Rock Trail, and then we'll climb back to the tower from the south via the Fire Tower and Sterling Ridge Trails, requiring a mini scramble. Not for beginners. Registration by e-mail preferred. Call cell before 9:00 AM if the weather is questionable. TC Map 100.

Thursday, 10/20 In The Woods B 7/9 B
Paul Margiotta pjmm11@verizon.net (pref.) or 201-693-6705
"Regular" Thursday hikers will receive a group e-mail from leader by Tuesday for location, time and other details of hike. Others can contact the leader by 7:00 PM on Wednesday. No beginners please.

Friday - Sunday, 10/21- 23 NJR Catskill Fall Weekend at the Strauss House.
Hikes to the Frank Bouton Memorial Shelter on Table, Slide Mountain summit and the Giant Ledges are all contenders. TC map 143.

Saturday, 10/22 Terrace Pond and More B 10 B
Gary Wiltshire gjwiltshire@hotmail.com or 973-728-9011
(NCA 9 PM)
Meet 9 AM, Hewitt Shopping Center in front of the Sears Hardware. We will drop off a couple of cars on Warwick Tpke and then proceed to Trail Head on Clinton Rd. The hike will take us around Terrace Pond and then across the Pipeline down to the cars. While this is a moderate hike bring plenty of food and water. Rain cancels , contact leader and let him know you're coming. TC map 116.

Saturday, 10/22 Long Path From Rt. 6 C 5 B
Denis Kmiec kmiec20@yahoo.com or Cell 845-548-5583
(NCA 9 PM)
We take the Long Path south to Stockbridge Shelter. We return on the Menomine and Nawahunta Fire Rd. Out by 1:30 PM. E-mail or call for directions. Meet 10 AM Rt. 6 Long Path crossing hikers' parking lot. Chance of heavy T. storms or rain cancels. TC Map 119.

Sunday, 10/23 Pine Meadow Circular B 7.5 B+
Peter Reiner psr7777@gmail.com or 845-323-7697
Meet at 9 AM at the Reeves Visitors' Center for the start. We will follow the Pine Meadow Trail around Pine Meadow Lake, and then take the Kakiat and Stony Brook Trails back to our meeting spot. This a lovely fall hike with great views of the lake. Call or e-mail leader to register. TC map 118.

Thursday, 10/27 In The Woods B 5/7 B
Eileen Berch 973-506-7078 (NCA 8 PM)
Meet at 9:45 AM Sterling Forest Visitor's Center, Old Forge Road (off Long Meadow Road) Tuxedo, NY. Park in upper lot and meet in Visitor's Center (rest room facilities). We'll hike to the Fire Tower, then down the ridge looping back toward the lake and VC. No need to register, but no go if raining. Call by 8:15 AM morning of hike if weather is doubtful. TC map 100.

Saturday, 10/29 Palisades & Hudson River Autumn Views C 7 C
Hank Zulauf hankz46@verizon.net or 201-391-5867
Leisurely paced and hopefully colorful hike on mostly flat terrain south from the State Line Lookout on the PIP past the Women's Federation Monument and the Palisades Parkway Police Headquarters to the Alpine Boat Basin. Lunch right on the Hudson River near the Basin's Pavilion. Beginner hikers welcome. Meet 10 AM in the State Line Lookout Parking Lot on the northbound side of the PIP just south of Exit 3 on the Parkway. Call by 8 AM morning of the hike if weather is doubtful. TC map 109 (Hudson Palisades).

Sunday, 10/30 Harriman - Lichen/Bald Rocks Hike B 8 B+
Peggy Wissler (c) 914-260-7506
Meet 9:00 AM sharp at Elk Pen. We follow the AT to the Lemon Squeezer, proceed to the Lichen Trail and Ramapo Dunderberg Trial via Bald Rocks and Valley of Boulders. Continue on Stahahie Brook Trail and complete loop to the Elk Pen. Rain cancels. Call leader by Thursday to register for the hike. TC map 119.

Reminder: NJR Holiday Party at Marcello's Suffern, NY.
Register by November 25th with Suzan Gordon at browning.27@verizon.net or 201-871-3531.

Thursday,11/3 In the Woods B/C 5/7 B
Richard Sumner RLS@RSUMNER.COM or 845-362-8470
Harriman or nearby parks. Call or e-mail for details the week of the hike. Pace may be B or C depending on the group and the weather. Details will also be posted on Facebook and the Yahoo group.

Saturday, 11/5 RD Trail Maintenance Hike C 6 B
Karen Rose kkarose@aol.com or 201-962-8546
Meet Tiorati Circle at 10 AM. Join me to hike and inspect the RD to the Wm. Brien Memorial Shelter and back again. We will be stopping to throw off blowdowns, clip back brush, pick up trash, check blazes, etc. Bring work gloves, clippers if you have them and lunch. Heavy rain cancels. Please call or e-mail to register.

Sunday, 11/6 Daylight Savings Time Ends

Sunday, 11/6 Breakneck Ridge B 5 A+
Chris Connolly c.connolly7@verizon.net or 201-321-6605
Need I say more? Return via Breakneck Bypass and Wilkinson Trails with Sugarloaf views. Parking area off Rt. 9D on north side of tunnel 2 miles north of Cold Spring. Precipitation cancels. TC map 102. Please register for this hike.

Thursday, 11/10 Stony Brook to Pine Meadow Lake B 7 B
Pat Marcotullio patros@optonline.net or 845-729-4046
We will hike the Stony Brook Trail to Pine Meadow Lake for lunch, returning on the Pine Meadow Trail. Meet 9:30 AM Reeves Visitor Center. Inclement weather cancels. TC map 118.

Friday, 11/11 Veterans Day Hike B 7/8 B+
Allison Tully alitully63@optonline.net or (c) 845-656-0442
Seven Hills Trail, Raccoon Brook Trail and surrounding trails. Route will be a loop but exact route will be determined closer to hike

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date. Moderately paced hike with several steep ups and downs. Meet 9:45 AM at Reeves Meadow Visitor Center. Steady rain cancels. Call by 8:30 AM morning of hike if in doubt. RSVP to register by 11/10. TC map 118.

Saturday, 11/12 Lunch With The Rockefellers C 5 C
Peter Reiner psr7777@gmail.com or 845-323-7697
Meet at 9 AM at the Visitors Center at Rockefeller State Park Preserve in Sleepy Hollow off Route 117. We will walk on carriage trails and covered walkways to reach Rockwood Hall, the former home of one of the Rockefellers, with a great view along the Hudson River. Wear comfortable shoes and pack a lunch. There is a fee for parking at the Preserve. Call or e-mail leader to register. A good beginner's hike.

Sunday, 11/13 Bare Rock Vista B 6 B
Fred Hodde Bullwnkl1@aol.com or (H) 973-728-3223
(C) 973-722-7824
We'll meet at the upper parking lot for the Sterling Forest Visitor's Center at 9:30 AM. We'll start with a climb to the Sterling Forest Fire Tower. After taking in the view, we'll hike to the Bare Rock Vista and enjoy lunch. After lunch, we'll return to the Visitor's Center by "strolling" back down the Bare Rock trail. Registration by e-mail preferred. Call cell before 9:00 AM if the weather is questionable. TC Map 100.

Thursday, 11/17 In the Woods B 5/8 B
Debbie Bell deb2@columbia.edu or 845-358-8386 (NCA 9 PM)
Varied terrain in Harriman or nearby parks. Contact leader for hike details.

Saturday, 11/19 March Through Jockey Hollow B 5 B
Jeffrey Sovelove Hiker_Dood@Yahoo.com
We will do parts of the Grand Loop, Blue Trail, and Yellow Trail at Jockey Hollow National Park in Morristown. We will stop at the Soldiers' Huts. For directions and information see http://www.nps.gov/more/planyourvisit/directions.htm. Bring lots of water, a light snack, and wear hiking boots. Meet at the Visitors' Center at 10 AM. Heavy/steady rain cancels. Joint ADK/Sierra Club hike.

Saturday, 11/19 Panther Mt. Giant Ledges A 10+ A
Thru Hike In The Catskills
Gary Wiltshire gjwiltshire@hotmail.com or 973-728-9011 (NCA 9PM)
Meet at the Trail Conference Office on Rt. 202 in Mahwah, NJ by 6:30 AM. We will carpool to Woodland Valley Campground and drop off a car and then proceed to Fox Hollow Rd. This is a long day, not for beginners. Bring plenty of food and water. While challenging it is also a very rewarding hike with great views from the Giant Ledges. Rain/snow cancels. Please notify leader to register.

Sunday, 11/20 Island Pond Circular B 8.6 B+
P. Tilgner, S. Gordon browning.27@verizon.net or (h) 201-871-3531 (c) 201-546-0509
Meet 9:30 AM White Bar Trail crossing Rt. 106. Our hike takes us on Island Pond Rd., the AT, Long Path, Lichen, RD, Dunning, and White Bar Trails. Please register with leaders for this hike.

Friday, 11/25 **Deadline to register for NJR Holiday Party at Marcello's Restaurant, Suffern, NY. See page 7 for details.**

Saturday, 11/26 Three Hills B 9 A
Karen Rose kkarose@aol.com or 201-962-8546
Meet at Silvermine Parking at 9 AM. This is a hike with 3 steady long steep climbs, no easy out. We will car pool to start of hike at Bear Mt. parking lot (parking fee). We will follow the AT over Bear and West and Black Mountains, exiting on Menomine Trail. Rain cancels. Please call or e-mail leader to register.

Sunday, 11/27 Schunemunk Summits B 8 A
Chris Connolly c.connolly7@verizon.net or 201-321-6605
Tour both summits taking Sweet Clover to Long Path and returning via Western Ridge, Jessup and Dark Hollow Trails. Precipitation cancels. Meet 9:30 AM at Taylor Road Parking Area. Please register for this hike. TC map 114.

Thursday, 12/1 **NJR Holiday Party 7 PM. Marcello's, Suffern, NY.**

Saturday, 12/3 Palisades Pathways B 8 B
Chris Connolly c.connolly7@verizon.net 201-321-6605
Hudson views accompany you along Shore Trail to Greenbrook Sanctuary for lunch and return via Long Path. Icy conditions cancel. Meet 9:30 am at PIPC Alpine headquarters off Exit 2 of Palisades Parkway. Please register for this hike.TC map 108.

Sunday, 12/4 Surprise Lake Loop B 6 B
Fred Hodde Bullwnkl1@aol.com or (H) 973-728-3223 or
(C) 973-722-7824
We'll meet at the A&P/Sears parking lot in the Hewitt section of West Milford at 9:30 AM. We'll do a loop around the Surprise Lake area on Bearfort Ridge going up via the Bearfort Ridge Trail and returning via the Quail Trail. Registration by e-mail preferred. Call cell before 9:00 AM if the weather is questionable. TC Map 116.

Thursday,12/8 In The Woods B 6/8 B
Georgette Fazzari grfhiker@gmail.com (pref.) or
551-265-2369 (NCA 9 PM)
Varied terrain in Harriman or nearby parks. Contact leader the week of hike for details and to register.

Saturday, 12/10 Palisades Pathways B 8 B
Chris Connolly c.connolly7@verizon.net or 201-321-6605
Hudson views accompany you along Shore Trail to Greenbrook Sanctuary for lunch and return via Long Path. Icy conditions cancel. Meet 9:30 AM at PIPC Alpine headquarters off Exit 2 of Palisades Parkway. Please register for this hike. TC map 108.

Sunday, 12/11 Wyanokie High Point Loop B 7 B
John Roebig jhroebig@gmail.com or 854-357-4538
We will do a loop hike in the Norvin Green State Forest originating out of the Weis Ecology Center. The trip will climb to the summit of Wyanokie High Point, Yoo Hoo Point and Carris Hill. Meet at 9:30 AM at the Weis Ecology Center at the large dirt parking area on the right side of the road, just before the entrance to the Center. Come prepared with appropriate gear including traction devices. Precipitation or forecast of same cancels. E-mail (pref.) or call for directions and to register for hike. TC map 115.

Thursday, 12/15 In the Woods B/C 5/7 B
Richard Sumner RLS@RSUMNER.COM or 845-362-8470
Harriman or nearby parks. Call or e-mail for details the week of the hike. Pace may be B or C depending on the group and the weather. Details will also be posted on Facebook and the Yahoo group.

Saturday, 12/17 Schuber and Cannonball Trails B 7 B
Pat Marcotullio patros@optonline.net or 845-729-4046
From upper Skyline Drive parking area we will hike north on the Schuber Trail toward Camp Glen Gray returning on the Cannonball Trail. Meet 9:30 AM at Skyline Drive upper hiker parking area. From Rt. 287 take Exit 57 toward Ringwood. Parking area is on your left 2 miles up. Inclement weather will cancel. TC map 115.

Sunday, 12/18 Old Croton Aqueduct B 10 C
Aaron Schoenberg askus3@optonline.net or 845-986-8645
This hike will traverse the aqueduct which is a great engineering achievement of the 19th century. We will follow it from Yonkers to Tarrytown northbound passing spectacular views of the Hudson River and the Palisades cliffs of New Jersey. Along the way I will point out historic and architectural treasures. Meet 9 AM at Doubletree Hotel in Tarrytown which faces you across Route 9 as you get off at Exit 9 of the Thruway (1st exit after crossing Tappan Zee Bridge southbound). Park at south end of parking lot (far left).

Thursday, 12/22 In the Woods B 5/8 B
Debbie Bell deb2@columbia.edu or 845-358-8386 (NCA 9 PM)
Varied terrain in Harriman or nearby parks. Contact leader for hike details.

Sunday, 12/25 Christmas-Hannuka Hike B 6 B
Dave and Naomi Sutter dsuttr@aol.com
Meet 10 AM at Sloatsburg Municipal Plaza on Rt. .17 north. A festive event along trails dimly remembered by aged leaders. Joint with AMC. Steady precipitation may cancel.

Trail Maintainer Needed

by Karen Rose

This is a great opportunity to get more involved with our chapter. After many years of service to the chapter, Rudy Garfinkel is retiring from his post as trail maintainer for ADK NJR. Thank you Rudy !

We need a volunteer to maintain the Long Path from Route 6 to the Menomine trail junction. This is about a 2-mile long relatively easy stretch of trail. The maintainer is responsible for patrolling the trail at least 2 times a year and submitting a report in the Spring and Fall. Duties include cutting back brush, checking trail blazes, clearing small blowdowns and reporting any job that would require chainsaw crews' attention. Please contact me at 201-962-8546 or kkarose@aol.com if you are interested.

Responsibilities of a Hike Leader-10 Tips

by Peter Reiner

If you have thought about becoming a hike leader for our chapter, here are several tips to help you lead a successful hike:

1. Know the route. The leader should be familiar with the trail. It is best to have hiked the route a few days or weeks in advance of the trip so that the trail conditions are fresh in your mind. Locate the trailhead, assess trail conditions, establish a lunch stop, and locate car parks (at both ends if it is to be shuttle hike).
2. When prospective hikers call to ask about the hike, discuss the difficulty of the hike and try to assess the ability of the hiker to handle your hike.
3. Meet at the appointed time and place on the day of the hike. At the meeting place, have each hiker should write his name on the sign-in sheet.
4. The hike leader should assess the equipment and condition of each hiker, and if someone does not appear to measure up to the level of difficulty of the hike this is the time to have a heart-to-heart talk about their participation.
5. Brief hikers about the hike at the trailhead. Be sure you introduce yourself and ask the participants to introduce themselves to the group.
6. Appoint a sweep. The larger the group, the more important it is to station an experienced hiker at the end of the group.
7. Keep track of your hikers. On the trail, make periodic stops to ensure that all hikers are still with you. It is your responsibility to keep the group together and to find lost hikers. Count the number of trip participants at the start of the trip, periodically throughout the trip, and again at the end of the trip to insure that everyone is accounted for.
8. Be prepared for emergencies. Carry a first aid kit. You should be able to take care of minor cuts and scrapes, blisters, bee stings, and so on.
9. Offer guests (nonmembers) a chance to join the club. Carry some ADK brochures/application blanks in your pack.
10. After the hike, be sure to mail the hike sign-up sheet in the envelope provided to you beforehand. Be sure to write the date of the hike, your name and phone number, and the hike length in miles.

Photo by P.Tilgner

Pre-registration is advised in case of a change in schedule.