

## HIKE SCHEDULE • FALL 2018 • OCTOBER • NOVEMBER • DECEMBER

### 2018 Hunting Season In Sterling Forest

- Early Bow Hunting: Oct. 1 - 16
- Small game hunting with firearms will begin October 1 only in the hunting area north of 17A and east of the Doris Duke Wildlife Sanctuary.
- Firearms Nov. 17- Dec. 9.
- Late Bow Hunting Dec. 10 - Dec. 18.

Hikers: Stay on trails. Wear bright clothing.

**Thursday, 10/4** Surprise Lake Loop B 6 B+  
 Fred Hodde (h) 973-728-3223  
 Bullwnk1@aol.com (c) 973-722-7824  
 9:30 AM at the former A&P/Sears parking lot in the Hewitt section of West Milford (Rt.511). We'll hike to the Surprise Lake area on Bearfort Ridge going up via the Bearfort Ridge Trail and returning via the Quail Trail. Not for beginners. Registration by email preferred. Call cell before 9:00 AM if the weather is questionable. TC North Jersey Trails map 116.

**Saturday, 10/6** Lunch at Diamond Mountain B+ 7 A  
 Geoff Fonseca 845-357-9366  
 geoffonseca@yahoo.com  
 9:00 AM at the Reeves Visitor Center. Hike the Pine Meadow and Seven Hills trails to Diamond Mountain for lunch. Return on the HTS and PM trails. This hike is rated strenuous with several rock scrambles. Please register via email. Rain cancels. TC Southern Harriman Bear Mt. Trails map 118.

**Sunday, 10/7** Fingerboard and Goshen Mtns. B 7 B  
 Peter Reiner 845-323-7697  
 psr7777@gmail.com  
 9:30 AM at the parking lot off Tiorati Circle for a climb to Fingerboard Mtn. on the Tiorati Trail to the joint AT and RD trails. We will climb up Goshen Mtn with great views of Lake Tiorati. Return to the same parking area. Rain cancels hike. Call or email hike leader to register. TC Northern Harriman Bear Mt. Trails map 119.

**Thursday, 10/11** Anthony Wayne C 5/6 C  
 Debbie Bell 845-358-8386  
 deb2@columbia.edu (NCA 9 PM)  
 9:30 AM at the northern parking lot of the Anthony Wayne Recreation Area (Palisades Parkway Exit 17) to explore some

Please see the complete Hiker's Guide at  
<https://www.adknjr.org/hikers-guide/>

HIKE RATINGS: represent the Pace, Distance and Terrain covered during the hike.  
 PACE: A - Fast, B - Moderate, C - Easy  
 DISTANCE: is given in miles as noted  
 TERRAIN: A - Strenuous, B - Moderate, C - Easy  
 MAPS: The TC number indicates a NY-NJ Trail Conference map for the area of the hike.  
 ABBREVIATION: NCA-No Calls After . . .  
 Pref.- Leader's contact preference.

less-often hiked trails and woods roads. Please register (and let me know if your plans subsequently change). If the hike is cancelled for weather or other reasons, I will email registered hikers before 7:30 AM on the day of the hike. TC Northern Harriman Bear Mt. Trails map 119.

**Saturday, 10/13** Turtleback Rock B 6 B  
 South Mountain Reservation

Jeffrey Sovelove  
 Hiker\_Dood@Yahoo.com  
 10:00 AM at Turtleback Rock trailhead. For directions, see the Essex County Parks Commission web site  
<https://www.essexcountyparks.org/parks/south-mountainreservation>. Bring lots of water, and wear hiking boots. We will take the orange trail down to Hemlock Falls and also see the famous Turtleback Rock. Heavy/ steady rain cancels. Joint ADK/Sierra Club hike.

**Sunday 10/14** Russian Bear B+ 6 B  
 Mike Prestia 917-841-0120

prestia.michael@gmail.com  
 9:00 AM at Reeves Brook Visitor Center - GPS coordinates 41.17384,-74.16859. Loop hike with steep terrain, interesting rock formations, and panoramic views. Total elevation gain is 1,820 feet. Severe inclement weather will cancel. Please register for this hike. TC Southern Harriman Bear Mt. Trails map 118.

**Thursday, 10/18** Wilkinson Memorial Trail B 7 B+  
 to Sunset Point

Henry Barkhorn 646-853-0824  
 hcbarkhorn@hotmail.com  
 9:30 from the Wilkinson Trailhead on Rte. 9 D about half mile north of the Breakneck Ridge Tunnel. We will hike the Wilkinson Memorial Trail to Sunset Point and return on the Breakneck Ridge, Breakneck Ridge Bypass and WM Trails back to the cars. Eight scenic view stars on the map. Steady rain cancels. Registration by email preferred. TC East Hudson Trails map 102.

**Saturday, 10/20** RD Trail Maintenance Hike C 5 B  
 Karen Rose (c) 551-804-0358

kkarose@aol.com  
 10:00 AM at Silvermine Parking. Shuttle to start of hike at Tiorati Circle. Hike and inspect RD to Brien Shelter and take Menomine back to cars. Stop to clear blowdowns, clip back brush, check blazes, etc. Bring work gloves and clippers if you have them. Rain cancels. Register by email. TC Northern Harriman Bear Mt. Trails map 119.

**Sunday, 10/21** Schunemunk Scrambling B 7.5 A  
 Chris Connolly 201-321-6605

c.connolly7@verizon.net(pref.)  
 9:30 AM at Jessup/Sweet Clover Trail Head Parking on Taylor Rd. Hike features spectacular Hudson Valley autumn views. Not for beginners. Precipitation cancels. TC West Hudson Trails map 114.

*Pre-registration is advised in case of a change in the schedule. Changes will be posted on Facebook.*

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**Thursday, 10/25** In The Woods B 6/8 B  
 Paul Margiotta 201-693-6705  
 pjmm11@verizon.net (pref.)  
 Active Thursday hikers will receive a group email from leader by Tuesday for location, time and other details of the hike. Others can contact the leader by 7 PM on Wednesday.

**Saturday, 10/27** Summit Storm King Mountain B 5 B+  
 Peter Reiner 845-323-7697  
 psr7777@gmail.com  
 9:30 AM at the parking lot off Mountain Road about 2 miles off Route 9W in Cornwall-on-Hudson. Start on the Stillman Trail to the Bluebird Trail using a series of switchbacks. We will summit Storm King Mountain and have lunch on rock ledges with panoramic views. Rain cancels hike. This is a strenuous climb. Call or email hike leader to register. Meeting coordinates (41.432191, -74.012237) TC West Hudson Trails map 113.

**Sunday, 10/28** Redback Loop B 7 B  
 Mike Prestia 917-841-0120  
 prestia.michael@gmail.com  
 9:00 AM at Sterling Forest Parking lot P16 –South Gate Road. Loop hike with varied terrain through the southeastern section of Sterling Forest. We will pass the Red Back Mine remnants and Mckeags Meadow. Severe inclement weather will cancel. Please register for this hike. TC Sterling Forest Trails map 100.

**Thursday, 11/1** Buttermilk Falls County Park B 6 B  
 Karen Rose (c) 551-804-0358  
 kkarose@aol.com  
 10:00 AM at parking lot on Greenbush Rd (RT 11) in West Nyack. See the falls and continue on LP through Blaauvelt State Park to see WW1 tunnels. 1,200 ft elevation gain. Rain cancels. Must email or call to register. TC Hudson Palisades map 109.

**Saturday, 11/3** Lake Skenonto B 7 B  
 Geoff Fonseca 845-357-9366  
 geofffonseca@yahoo.com  
 9:30 AM at the Skate Park in Tuxedo Park, NY (near the end of East Village Rd, GPS 41.193228, -74.182439). We will hike the RD, TMI, and Yellow Triangle to Lake Skenonto for lunch. We will return on the Victory and RD. Precipitation of any kind cancels. Please email leader to register. TC Southern Harriman Bear Mt. Trails map 118.

**Sunday, 11/4** Daylight Savings Time Ends

**Sunday, 11/4** Out Of The Elk Pen B 6 B  
 Fred Hodde (h) 973-728-3223  
 Bullwnk1@aol.com (c) 973-722-7824  
 9:30 AM at the Elk Pen. We'll hike the Stahahe Brook, Nurian (see the Valley of Boulders), Dunning, White Bar, ASB and AT trails. Registration by email is preferred. Call cell before 8:30 AM if the weather is questionable. TC Northern Harriman Bear Mt. Trails map 119.

**Tuesday, 11/6** Ringwood State Park - B 8.3 B  
 Ilgenstein Rock  
 Allen & Diane Grunthal (c) 862-324-3138 (DOH only)  
 runbikeskihike@gmail.com  
 9:30 AM from Parking Lot A at Ringwood State Park. Yes, you read that right, this is a Tuesday hike. Loop hike to visit Glasmere and Weyble Ponds, with lunch atop Ilgenstein Rock to enjoy the fine views. Total ascent is 1,000 feet. Must register by email - provide your email address and cell phone number. Rain or threat of steady rain cancels. Will email everyone by 7 AM morning of hike if cancelled. TC North Jersey Trails map 115. Joint with ADK Long Island.

**Thursday, 11/8** Ramapo Torne B 5 B+  
 Henry Barkhorn 646-853-0824  
 hcbarkhorn@hotmail.com  
 9:30 AM at the Reeves Meadow Visitor Center. We will hike to Ramapo Torne on the Seven Hills and HTS trails, returning on the Reeves Brook Trail. Rated B+ due to some rock scrambles as we approach the Torne. Steady rain cancels. Registration by email preferred. TC Southern Harriman Bear Mt. Trails map 118.

**Friday, 11/9** NJR Board Meeting  
 The North Jersey Ramapo Board will meet at 1:30 PM at the headquarters building of the NY-NJ Trail Conference located at 300 Ramapo Valley Rd. (Rt. 202) Mahwah, NJ. If you plan to attend please email chair@adknj.org.

**Saturday, 11/10** Jockey Hollow B 5 B  
 Jeffrey Sovelove  
 Hiker\_Dood@yahoo.com  
 10:00 AM at the Jockey Hollow visitors center. Leader's choice of trails depending on conditions at Jockey Hollow National Park in Morristown. For directions and information see <http://www.nps.gov/morr/planyourvisit/directions.htm>. Bring lots of water, a snack, and wear hiking boots. Heavy/steady rain cancels. No pets please. Joint ADK/Sierra Club hike.

**Sunday, 11/11** Manor Trail from Ringwood Manor C 3.5 C  
 Peter Reiner 845-323-7697  
 psr7777@gmail.com  
 10:00 AM at the Ringwood Manor parking lot off 1300 Sloatsburg Rd. A fall hike on the Ringwood Manor Trail. The area is filled with iron mines which we will pass along the trail. Lunch will be along Sally's Pond and a return to the Manor house. Call or email hike leader to register. TC North Jersey Trails map 115.

**Thursday, 11/15** Bare Rock Vista B 7 B  
 Fred Hodde (h) 973-728-3223  
 Bullwnk1@aol.com (c) 973-722-7824  
 9:30 AM at Sterling Forest Visitor's Center upper lot. We'll start with a climb to the Sterling Forest Fire Tower. After taking in the view, we'll hike to the Bare Rock Vista where we'll enjoy lunch overlooking Greenwood Lake. After lunch, we'll return by "strolling" back down the Bare Rock trail. Registration by

## HIKE SCHEDULE • FALL 2018 • OCTOBER • NOVEMBER • DECEMBER

email is preferred. Call 973-722-7824 before 9:00 AM if the weather is questionable. TC Sterling Forest Trails map 100.

**Saturday, 11/17** Popolopen Torne and Gorge B 5.5 A  
Mike Prestia 917-841-0120  
prestia.michael@gmail.com

9:30 AM at Fort Montgomery Historic Site (9W) GPS coordinates 41.32405,-73.98772 Great 360 degree panoramic views, rock scramble, rushing rapids and cascades in the Gorge, total elevation gain 1675 feet. Severe inclement weather will cancel. Please register for this hike. TC Northern Harriman Bear Mt. Trails map 119.

**Sunday, 11/18** Pyramid Mountain B 5/6 B  
Sheree Bennett (c) 973-932-9466  
Shereestarrett@yahoo.com

Meet 10:00 AM at Pyramid Mountain Visitor Center, coordinates: N40° 56.81', W74° 23.30'. One steep uphill and one steep descent. We should finish by 1 PM. Bring water and lunch/snack. Call leader by 9 AM if weather is questionable. Steady rain cancels. TC Jersey Highlands Trails map 125. Joint with Tristate Ramblers.

**Thursday, 11/22**

No hike is currently scheduled for this date. Please check the facebook and/or Yahoo group pages for last minute additions and changes to the schedule.

**Saturday, 11/24** Three Pond Circular/ B 7 B  
Fahnestock State Park

Peter Tilgner and Suzan Gordon (h) 201-871-3531  
petertilgner@icloud.com (c) 201-364-9719  
10:00 AM on County Rd. 301 where the Charcoal Burner Trail crosses. Parking at side of road (R). We will pass by Beaver and Clove Ponds and view Jordon Pond as we traverse farm country. Please register for this hike. If inclement weather we will let you know by 7AM if hike is a go. TC East Hudson Trails map 103.

**Sunday, 11/25** Looking for Waterfalls B-5.5 B  
Karen Rose (c) 551-804-0358  
kkarose@aol.com

10:00 AM at Ramapo Reservation, Rt 202 in Mahwah. Depending on mother nature we might see 2 waterfalls, but we will still enjoy our hike in the woods. Rain cancels. Please email to register. 900 ft elevation gain. TC North Jersey Trails map 115.

**Thursday 11/29** Lakes Skenonto & Sebago Circular B 6.8 B  
Bob Morrison (c) 973-768-6617  
mickey7nyy@gmail.com

9:30 AM from the Johnstown Road Circle. We hike the Blue Disc, Tuxedo-Mount Ivy, White Cross, and Victory Trails. This will take us to lunch at Lake Skenonto. After lunch we will take the Triangle Trail south, skirting the edge of Lake Sebago. We will continue on the Triangle Trail until its terminus, where we intersect the White Bar Trail and back to our start. Rain cancels.

Please register for this hike. TC Southern Harriman Bear Mountain Trails map 118.

**Saturday, 12/1** Pine Meadow Lake & B 7 B+  
Ramapo Escarpment

Geoff Fonseca 845-357-9366  
geofffonseca@yahoo.com

9:30 AM at the Town of Ramapo Equestrian Center off Rte. 202 south of Pomona. We will hike the Pine Meadow (PM) Trail to the SBM and Conklin's Crossing and return via the PM Trail. Precipitation of any kind cancels. Register by email. TC Southern Harriman Bear Mt. Trails map 118.

**Sunday, 12/2** Johnstown Circular B 6.5 B

Fred Hodde (h) 973-728-3223  
Bullwnk1@aol.com (c) 973-722-7824

9:30 AM at the Johnstown Circle. The planned route will be on the Blue Disc, Victory and White Bar Trails. Registration by email preferred. Call cell before 9:00 AM if the weather is questionable. TC Southern Harriman Bear Mt. Trails map 118.

**Thursday, 12/6** In The Woods B 6/8 B

Paul Margiotta 201-693-6705  
pjmm11@verizon.net (pref.)

Active Thursday hikers will receive a group email from leader by Tuesday for location, time and other details of the hike. Others can contact the leader by 7 PM on Wednesday.

**Friday, 12/7** Palisades Circular B 8 B

Margo Moss 201-568-5325  
acephoto@verizon.net (landline)

10:00 AM at State Line Lookout. (njpalisades.org for directions) Lovely views and some migrating birds welcome us on this interesting loop. Lunch at a waterfall. Please register by Dec. 6, 5PM. TC Hudson Palisades Trails map 109.

**Saturday, 12/8** Palisades Interstate Park, Giant Stairs B 4.5 A

Roland Autran (h) 201-886-9119  
autran@msn.com (pref.) (c) 201-699-3388

9:30 AM at State Line Lookout. This hike is strenuous; it's Hike 38 of Dan Chazin's "Hike of the Week". Severe inclement weather cancels. Please register for this hike. TC Hudson Palisades Trails map 109.

**Sunday, 12/9** ADK-NJR Holiday Party 2-5 PM

New York-New Jersey Trail Conference Headquarters building (The Darlington Schoolhouse) at 600 Ramapo Valley Road (just east of Ramapo Reservation Parking Lot) in Mahwah New Jersey. See page2 for details.

**Thursday, 12/13** Silvermine Loop B 7.5 B

Henry Barkhorn 646-853-0824  
hcbarkhorn@hotmail.com

9:30 AM at Silvermine Lake. We will do a loop on the Menomine, Long Path, Ramapo-Dunderberg and Menomine Trails. Steady rain cancels. Registration by email preferred. TC Northern Harriman Bear Mt. Trails map 119.

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**Saturday, 12/15** To Dutch Doctor Shelter And Back C 5 C  
 Dean Gletsos 845-354-0738  
 cgletsos@yahoo.com  
 9:30 AM at the Johnstown circle. If precipitation or inclement weather, call till 8:30 AM the date of the hike for cancellation. We will use suitable trails and this is an easy-pace hike. Bring a snack and sufficient water. TC Southern Harriman Bear Mt. Trails map 118.

**Sunday, 12/16** Diltzes Loop B 7.5 B  
 Roy Wooters (c) 845-304-0867  
 rfwoot@gmail.com  
 9:30 AM at the TMI Trailhead parking on Diltzes Lane, Pomona NY. Hike a loop using several trails & woods roads. Contact leader via email to register with phone number for specific details. Severe weather cancels. TC Southern Harriman Bear Mt. Trails map 118.

**Thursday, 12/20** In The Woods B 6/8 B  
 Dick Thomas  
 rthomas14@comcast.net  
 Active Thursday hikers will receive a group email from leader by Tuesday for location, time and other details of hike. Others can contact the leader by 7 PM on Wednesday.

**Saturday, 12/22** To Pine Meadow Lake And Back C 7 C  
 Dean Gletsos 845-354-0738  
 cgletsos@yahoo.com  
 9:30 AM at the Reeves Visitor Center, off Seven Lakes drive. If precipitation or inclement weather, call till 8:30 AM the date of the hike for cancellation. We will use suitable trails and this is an easy-pace hike. Bring a snack and sufficient water. TC Southern Harriman Bear Mt. Trails map 118.

**Sunday, 12/23** Reeves Brook Circular B 6/7 B  
 Margo Moss 201-568-5325  
 acephoto@verizon.net (landline)  
 10:00AM at Reeves Meadow Visitor's Center. Expect lots of climbs on this loop which includes Reeves Brook, Raccoon Hills and Pine Meadow trails. Inclement weather cancels. Please register by Dec. 15, 5PM. TC Southern Harriman Bear Mt. Trails map 118.

**Thursday, 12/27** Doris Duke, Allis, AT, B 6 B  
 and Mombosha High Point  
 Peter Tilgner and Suzan Gordon (h) 201-871-3531  
 petertilgner@icloud.com (c) 201-364-9719  
 Meet 10:00 AM at the Doris Duke Trail Head Parking on Benjamin Meadow Rd. From Rt. 17/17A junction take 17A for about 3 miles and passing the Renaissance Festival grounds. Benjamin Meadow Rd. will be on your right with trail access parking .2 miles up Benjamin Meadow on left through a gate. This Sterling Forest in-and-out hike features one of the park's newer trails along with some good views. Please register for this hike. Traction devices may be necessary. TC Sterling Forest Trails map 100.

**Saturday, 12/29** Ledges and Lakes B 8.85 B+  
 Roland Autran (h) 201-886-9119  
 autran@msn.com (pref.) (c) 201-699-3388  
 9:30 AM at the parking lot called "Skatepark" behind the Tuxedo Train Station on E Village Road in Tuxedo. We will hike the Ramapo-Dunderberg, Tuxedo-MT Ivy, Triangle, Victory, and White Bar Trails. This hike is strenuous. It's described in Chapter 9 of Don Weise's "Circuit Hikes in Harriman". Severe inclement weather cancels. Please register for this hike. TC Southern Harriman Bear Mt. Trails map 118.

**Sunday, 12/30** Going In Loops B 7 B  
 Chris Connolly 201-321-6605  
 c.connolly7@verizon.net(pref.)  
 10:00 AM at Ramapo Reservation Parking Lot off Rt. 202. We'll take in skyline/water views of Vista, Ridge, and Marsh Loop Trails. Precipitation cancels. TC North Jersey Trails map 115.



...Utah continued from page 1...

that started some 25 million years ago. Even on a tour bus, or driving in a car, it is possible to see magical scenery. However, hiking here is an otherworldly experience. The five national parks have hiking trails ranging from less than 1 mile to 5+ miles. We hiked 41 trails in 15 days, stringing together 2 to 4 hikes each day, providing new vistas and surprises around every bend. Even when elevation gains were modest, hikes can take longer than expected as the terrain is often soft sand, slickrock, (smooth, not slippery, except if wet) or wash, consisting of loose gravel.

Our favorite was Arches National Park, a land of towering spires, pinnacles, fins and bridges, ranging from sliver-thin cracks to spans greater than 300 feet. This park has the densest concentration of natural stone arches anywhere in the world. The Nuns and Priests pinnacles looked just as they are named, shooting into the sky for hundreds of feet. We hiked up to the ribbon of rock known as Delicate Arch, perhaps Utah's most iconic and famous landmark, looking like a giant fin, standing on the brink of a canyon, with the dramatic La Sal Mountains as backdrop. After scrambling over rock and around boulders, following rock cairns on slickrock on an exposed ledge, we reached the bowed sandstone arch, a spectacular example of the power of erosion.

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