

HIKE SCHEDULE • SPRING 2010 • APRIL • MAY • JUNE

Thursday, 4/1 In the Woods C 5/6 B
Phyllis Key pkeyhiker@juno.com (pref.) or 201-768-5573
 Routes to be determined by weather and trail conditions. Call or e-mail no earlier than 3 days prior to hike for location, time and register for the hike.

Saturday, 4/3 Black Rock Forest Circular B 8 B+
Peter Reiner 845-634-7635 or psr7@aol.com
 Tower Trail and White Oak Trails and return on the Stillman Trail with views from Black Rock Mountain. Rain or snow cancels hike. Bring plenty of water. Call leader for directions. Meet at parking lot on Reservoir Rd. located just off Rt. 9W at 9:30 AM. TC Map 113.

Sunday, 4/4 Fahnestock Loop B 5/8 B
Richard Sumner 845 362 8470 or rls@rsumner.com
 A pleasant hike on a nice section of the AT. Exact route and length to be determined. Meet at 9:30 AM at first parking lot (where the AT crosses) on Canopus Lake (take rte 301 from Cold Spring). Foul weather will cancel. Call before 8:00 AM if uncertain. TC Map 103.

Thursday, 4/8 In The Woods B 5/7 B
Debbie Bell deb2@columbia.edu or 845-358-8386
(NCA 9 PM)
 Varied terrain in Harriman or nearby parks. Contact leader for hike details.

Saturday, 4/10 Bare Rock Trail Clearing C 6/7 B
Peter Tilgner and Suzan Gordon 201-871-3531 or browning.27@verizon.net
 Join us in Sterling Forest as we continue to clear a new trail to and from Bare Rock. You will need lunch, water and work gloves. We have tools. You may bring your own loppers, folding saw, etc. Meet 9 AM at the Sterling Forest Visitor Center Upper Parking Lot. We will carpool to the trailhead and then hike in and out. Please let us know if you plan to do trail work.

Sunday, 4/11 Stonetown Circular B 10 A
Cliff West 973-886-4072 or 3cliff@gmail.com
 Meet 9 AM at the baseball field parking lot on Stonetown Road. Will be a strenuous hike with excellent views. Ascent 2300 ft. TC map 115.

Thursday, 4/15 Skannatati Circular B 7/8 B
Irene Logan 845-753-5651 or 111er378@optonline.net
(No e-mails day of hike)
 We will meet at 10 AM at the Lake Skannatati Parking Area. The route will be determined the day of the hike. Possible trails include the ASB, Dunning, Long Path, and Lichen with views. If the day is warm, bring sufficient water. Precipitation of any kind or forecast of same cancels. If in doubt, call the leader by 9 PM Wednesday or 9 AM Thursday. TC map 119.

Saturday, 4/17 Three Mountains And Two Lakes (1) B 8 B
Dean Gletsos 845-345-0738 or cgletsos@yahoo.com
 Meet 9:30 AM at Ladentown parking (off Diltz Rd.) for shuttle to start of hike at Long Path crossing of Call Hollow Rd. (Rt. 75). At a steady pace we will follow Long Path over Big Hill, down to Break-neck Pond for lunch, up and down and back to our cars. If weather uncertain call leader before 9 AM day of hike. TC map 118.

Sunday, 4/18 Schunemunk Triangulation B 7 B+
Chris Connolly c.connolly7@verizon.net or 201-321-6605
 We'll ascend by Trestle to Long Path, descend thru Sweet Clover and stroll out along Otterkill. Meet 9:30 AM at Otterkill Road Hiker Parking Lot. Rain cancels. TC map 114.

Thursday, 4/22 Earth Day Hike B+ 8 B
Deanna Felicetta dollinthewoods@optonline.net
845-216-2021
 Great hike on West Mountain with lovely views and wonderful scrambles mixed with ups and downs and level hiking. Beautiful glimpse of Spring in Harriman. Poor weather cancels. Call before 8 AM day of hike if uncertain.

Saturday, 4/24 Pyramid Mountain B 4/5 B+
Jeffrey Sovelove Hiker_Dood@yahoo.com and Lee Ousley
Ousleycl@mindspring.com
 This will be a 4-5 mile loop hike past Tripod Rock using a variety of trails. There is quite a bit of elevation change and significant climbing. See the Morris County Parks web site for directions and info (www.morrisparks.net/aspparks/pyrmtnmain.asp) Optional lunch at a local eatery afterward if we get done in time. Meet in the Visitor's Center Parking Lot at 10 AM. Inclement weather cancels. Joint with Sierra Club.

Sunday, 4/25 Bare Rock Trail Clearing C 6/7 B
Peter Tilgner and Suzan Gordon 201-871-3531 or browning.27@verizon.net
 Join us in Sterling Forest as we complete the clearing of the trail to and from Bare Rock. You will need lunch, water and work gloves. We have tools. You may bring your own loppers, folding saw, etc. Meet 9 AM at the Sterling Forest Visitor Center Upper Parking Lot. We will carpool to the trailhead and then hike in and out. Please let us know if you plan to do trail work.

Thursday 4/29 Reservoir Hike B 6/7 B
Georgette Fazzari 551-265-2369 or grfhiker@gmail.com(pref.)
 We will meet at Gate Hill Rd. parking area at 10 AM. We will be taking a combination of the SBM, LP and woods roads with lunch at a reservoir. Please register for hike by Wed., April 28. TC map 118.

Friday, 4/30 Skyland Botanic Garden Hike/Wildflowers C 3.5 B
Betty Heald 201-967-2937 or ebheald@aol.com
 Meet 10 AM at 1st Skyland Manor parking area (near kiosk). A steep climb, circular route, and lunch before returning to gardens for tour. You must register w/leader before 9 PM Wednesday. Rain cancels. Call leader before 8:30 AM if weather uncertain. TC map 115.

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Saturday, 5/1 AT To Fitzgerald Falls B 8.4 A
Karen Rose kkarose@aol.com or 201-962-8546
 Meet 9:30 AM on Route 5 (Lake Rd.) at AT crossing in Warwick, NY. We will shuttle cars to the start of the hike at Elk Pen Parking in Harriman. Steep climb up Agony Grind to start, over Arden Mt., around Little Dam Lake, over Buchanan Mt. and Mombasa High Point, with gentle descent to Fitzgerald Falls. Two steep scrambles. No easy outs. Rain cancels. TC maps 100 and 119.

Sunday, 5/2 Summer Hill Circular B 5/6 B
Richard Sumner 845 362 8470 or rls@rsumner.com
 A pleasant hike with a lunch stop at Turkey Lake. Meet at the hiker parking lot on Rte 6 (at the Long Path crossing) at 9:30 AM. Foul weather will cancel. Call before 8:30 AM if uncertain. TC map 119.

Thursday, 5/6 Skylands Manor to Ilgenstein Rock Loop B 7 B+
Eileen Berch 973-506-7078 NCA 8 PM
 Meet to hike at 9:30 AM Parking Lot C Skylands Manor at New Jersey Botanical Gardens, Ringwood, NJ (Directions at: www.njbg.org" www.njbg.org) We'll hike the Crossover, Halifax, Pierson Ridge, Hoeflerlin, Blue, Ringwood-Ramapo Trails and a couple of woods roads. A moderately strenuous hike (not for beginners) with several ups including one toward the end. No need to register. No go if steady rain. If weather is doubtful, call by 8 AM morning of hike. TC map 115.

Saturday, 5/8 AT/Black Rock/Stahahe Loop B 8.5 B
Peggy Wissler 914-260-7506
 Meet 9:30 AM sharp at Elk Pen parking lot. At a steady pace we will follow the Appalachian, Arden-Surebridge, Ramapo Dunderberg, Nurian, Stahahe Brook Trails back to the Elk Pen. Heavy rain cancels, call leader during the week before the hike to register. TC map 119.

Sunday, 5/9 Catskills- Slide, Cornell, Wittenberg Traverse A 10 A
George Preoteasa 201-694-8344 or gvpreo@gmail.com
 E-mail or call leader for meeting time and directions by May 7. This is a classic one-way hike in the Catskill Mountains, approximately 100 miles north of northern NJ. 3000 ft of total elevation gain are rewarded with the best views in these mountains. TC map 43.

Sunday, 5/9 Bare Rock Trail Clearing C 6/7 B
Peter Tilgner and Suzan Gordon 201-871-3531 or browning.27@verizon.net
 Join us in Sterling Forest as we continue to clear a new trail to and from Bare Rock. You will need lunch, water and work gloves. We have tools. You may bring your own loppers, folding saw, etc. Meet 9 AM at the Sterling Forest Visitor Center Upper Parking Lot. We will carpool to the trailhead and then hike in and out. Please let us know if you plan to do trail work.

Thursday 5/13 In the Woods C 5/6 B
Phyllis Key pkeyhiker@juno.com (pref.) or 201-768-5573
 Routes to be determined by weather and trail conditions. Call or e-mail no earlier than 3 days prior to hike for location, time and register for the hike.

Saturday, 5/15 Pound Mountain Circular C 5 B
Denis and Joan Kmiec 845-634-1397 (NCA 9 PM)
 Hike the Blue Disc to Claudius Smith for lunch. Return on the TMI and White Bar Trails. Out by 2 PM. Rain or chance of thunderstorms cancels hike. Check with leaders if in doubt. Meet at Johnstown Rd. Circle 10 AM. TC map 118 or call for directions.

Sunday, 5/16 Beacon-Fishkill Ridge Circular B 7 B+
Aaron Schoenberg askus3@optonline.net (pref.) or 845-986-8645
 The Fishkill Ridge Trail will be explored in its entirety as we traverse the entire north ridge from the city of Beacon to Bald Hill. We will loop back using assorted other trails. Meet 8:30 AM at Bear Mt. Inn before they start charging parking fees. For those wanting to meet at trailhead contact Aaron. TC map 102.

Thursday, 5/20 Harriman State Park B 6/7 B
Irene Logan 845-753-5651 or 111er378@optonline.net_
(No e-mails day of hike)
 Meet at 10 AM at Lake Sebago Boat Launch Parking Lot. We will hike on the 7 Hills with views, Tower, TMI, woods roads, the Buck Trail and the 7 Hills. Bring sufficient water. Precipitation of any kind cancels. If in doubt call the leader by 9 PM Wednesday or by 9 AM Thursday. TC map 118.

Saturday, 5/22 Elk Pen Hike B 8 B
Linda Schutz LindaSchutz@msn.com
 Meet at Elk Pen Parking Area 9:30 AM. From Elk Pen we hike the ASB circling around Island Pond, visiting the Lemon Squeezer then back on ASB to Dunning, Nurian, Valley of Boulders. Return on Stahahe Brook Trail. Steady rain cancels hike. TC map 118.

Saturday, 5/22 The Five Peaks of Black Rock Forest A 10 B
Dick Ernenwein 845-565-3866 or rernenwein@msn.com
 Meet 9:00 AM sharp at the Black Rock Forest Main Parking Lot: entrance is on Rt. 9W across from the Storm King School. We will hike a full loop of Black Rock Forest at a steady pace which will include the 5 peaks : Whitehorse Mt., Mt. Misery, Hill of Pines, Rattlesnake Hill, and Black Rock Mt., plus Eagle Cliff and Split Rock view points. Est. hiking time : 6 hrs. Please register with leader for this hike. TC map 113.

Sunday, 5/23 Lake Silvermine Circular B 7.5 B
Ike Siskind 845-352-8506 (NCA 8 AM day of hike)
 Meet at Lake Silvermine Parking Lot on 7 Lakes Drive for a 9:00 AM start and a romp in the hills near the Lake. We'll be following the Menomine, Ramapo-Dunderberg, and Appalachian Trails, plus some unmarked sections. Pace will be moderate. Please bring 2 qts. of water. TC map 119.

Wednesday, 5/26 Pingyp Shuttle Dog Friendly B 8 B
Susan Sterngold 845-519-4890 or banjolady.susan@verizon.net (pref.)
 Meet 9:30 AM at the Anthony Wayne South Parking Lot. We'll shuttle to the SBM trailhead on Rt. 106. Dog friendly hike with

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some gorgeous views and challenging climbs over a rarely done section of the SBM Trail. We will climb the Irish Potato, Pingyp, the Pines, Horn Hill, and Cats Elbow up West Mountain. This hike is very challenging and has about 2500 or more feet of elevation gain. Not for beginners or the faint of heart, though stragglers can probably keep up with the leader. Bring at least 3 qts. water and lunch for you and your dog. Dogs must be under control of owners, and park leash laws must be obeyed. If weather is bad we will not do the shuttle but a less ambitious hike from Anthony Wayne. Please let me know if you are coming. Joint with AMC. TC map 119.

Thursday, 5/27 Tiorati Circle B 8 B

Hank Zulauf 201-391-5867 or hankz46@verizon.net

Meet 10 AM at Tiorati Circle. Will hike the Long Path to the Menomine with lunch at Silvermine Lake. Then hike to the William Brien Shelter and return to Tiorati Circle using both the AT and RD Trails. Rain cancels. Call leader before 8:30 AM if weather uncertain. TC map 119.

Saturday, 5/29 Lewis Morris Park B 6 B

Jeffrey Sovelove Hiker_Dood@Yahoo.com

We will start at Sunrise Lake, then hike to the Upper Parking Lot and back down to the lake using a combination of the Yellow and Red Trails. The pace will be moderate. See the Morris County Parks Commission web site for directions (www.morrisparks.net/asp-parks/lmmain.asp). Meet in Sunrise Lake Parking Lot at 10AM. Heavy/steady rain cancels. Joint Sierra Club.

Saturday, 5/29 Sapphire Trail / AT C 6 B

Lou O'Neill 845-357-0497 (NCA 8 PM)

Meet 10 am at Harriman Commuter Rail Station near front entrance off Rt. 17. Hike the entire Sapphire Trail plus section of the AT returning the same way. Rain cancels. TC map 119.

Saturday, 5/29 Catskills - Peekamoose And Table A 10 A

George Preoteasa 201-694-8344 or gvpreo@gmail.com

E-mail or call leader for meeting time and directions by May 27. An in-and-out hike to two peaks over 3500 ft in the Catskill Mountains, approximately 100 miles north of northern NJ. 3000 ft of total elevation gain. TC map 43.

Sunday, 5/30 Memorial Day Weekend Family/Friends Hike B 6/7 B

Deanna Felicetta dollinthewoods@optonline.net or 845-216-2021

Come join us for a lovely day in Harriman State Park. Bring lunch and water. Dress in layers. Call for details on hike meeting place. Hike distance 6-7 miles at a moderate pace.

6/1 Deadline to register (see page 8):

Vermont Appalachian Trail I (West Hartford to US 4) B 13 A

Aaron Schoenberg askus3@optonline.net (pref) or 845-986-8645

6/1 Deadline to register (see page 8):

Long Trail IV (Middlebury Gap to US 4)

B 14 A

Aaron Schoenberg askus3@optonline.net (pref) or 845-986-8645

Thursday, 6/3 In the Woods C 5/6 B

Phyllis Key pkeyhiker@juno.com (pref) or 201-768-5573

Routes to be determined by weather and trail conditions. Call or e-mail no earlier than 3 days prior to hike for location, time and register for the hike.

Saturday, 6/5 NY-NJ Trail Conference National Trails Day Event

Opening of the relocated section of the AT to the top of Bear Mountain.

Saturday, 6/5 Highlands Trail Board to Little Windbeam Mts. B 3.5 A

Despina Metaxatos dmetaxatos@hotmail.com (pref) or 201-952-4151

Meet 9:30 AM in West Milford at ball fields parking lot on Mary Roth Drive off Stonetown Road near intersection with West Brook Road. Car Shuttle to White Road to begin hike. Short but challenging climb to views. Rain cancels. Please e-mail leader by Thursday, June 3, to register. TC map 115.

Sunday, 6/6 Apshawa Preserve B 6 B

Pete Heckler 973-831-2307 (NC morning of hike) p_heckler@msn.com

This hike follows woods roads and footpaths through the preserve looping around the scenic Butler Reservoir. Meet 9:30 AM at Stop & Shop Parking Lot opposite foot of Exit 55 Ramp from Rt. 287. E-mail preregistration would be appreciated. Rain cancels.

Thursday, 6/10 In The Woods B 5/7 B

Debbie Bell deb2@columbia.edu or 845-358-8386 (NCA 9 PM)

Varied terrain in Harriman or nearby parks. Contact leader for hike details.

Saturday, 6/12 Three Mountains And Two Lakes (2) B 8 B

Dean Gletsos 845-345-0738 or cgletsos@yahoo.com

Meet 9:30 AM at Ladentown Parking Area (off Diltz Rd.) for shuttle to start of hike at Long Path crossing of Call Hollow Rd.(Rt. 75). At a steady pace we will follow Long Path over Big Hill, down to Breakneck Pond for lunch. On our return we will follow alternative trails and old roads. If weather uncertain call leader before 9 AM day of hike. TC map 118.

Sunday, 6/13 Allis and AT Trails to Fitzgerald Falls B 6 B

Despina Metaxatos dmetaxatos@hotmail.com

Meeting at Sterling Forest Visitor Center at 9 AM, this hike involves a car shuttle to hike start and finish. We hike the blue Allis Trail to its junction with the AT which we will take to Fitzgerald Falls. The hike takes about 4 hours. Must e-mail hike leader to register. Rain cancels. For more info on the Highlands Trail see www.highlands-trail.org. TC map 100.

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Thursday, 6/17 Birthday Hike B+ 9 B
Deanna Felicetta dollinthewoods@optonline.net
 845-216-2021

Hike the AT from Bear Mountain to Lake Tiorati. This is a challenging but worthwhile hike with great trails and views. Early start 8:45 AM. Poor weather cancels. Call by 8 AM if uncertain.

Saturday, 6/19 Sterling Forest Fire Tower Ramble C+ 5 B
Jeffrey Sovelove Hiker_Dood@yahoo.com

We will do the Sterling Forest Sterling Fire Tower Ramble with the option to extend if the group desires. This is a moderately strenuous hike. Meet at the Sterling Forest Visitor Center at 10 AM sharp. See the Sterling Forest web site for information and directions: nysparks.state.ny.us/parks/info.asp?parkID=81. Inclement weather cancels. Joint with Sierra Club. TC map 100.

Sunday, 6/20 Mountain Laurel In Minnewaska C/B 8 B+
June Slade 973-835-2830 or c 914-589-1704

Overlooking the Hudson River Valley we hike to Castle Point and back atop white cliffs covered with pink and white blossoms. Meet 9:15 AM at the Minnewaska State Park Lower Parking Lot which is accessed by a short road immediately on the right after the entrance gate booth. Parking fee of \$6 may not apply to New York State seniors.

Directions: New York State Thruway Exit 18, New Paltz. After toll booth, turn left on Rt. 299. Continue through the town of New Paltz to end of 299 at Rt. 44 and 55. Turn right on 44-55 and continue about 6 miles to Park entrance on left. TC map 104.

Monday, 6/21 Johnstown Dog Friendly B 8 B
Susan Sterngold 845-519-4890 or
banjolady.susan@verizon.net (pref)

Meet 10 a.m. at Johnstown Circle. Harriman ups and downs at a moderate pace. We hope for laurel in bloom and lakeside lunch if weather permits. Dogs must be under the control of owners at all times, and park leash rules must be obeyed. Owners must have adequate food and water for their dogs. Meet 10 AM at Johnstown Road Circle. Joint with AMC. TC map 118.

Thursday, 6/24 Sterling Forest B 4/8 B
Irene Logan 845-753-5651 or 111er378@optonline.net
 (No e-mails day of hike)

We will hike a variety of trails starting with the Blue Trail to the Red Trail and the Fire Tower. Then we will hike along the ridge and take the Orange Trail down to Sterling Lake where there will be an opportunity for an early out. For those who wish to continue the hike, we will follow the Blue Trail around Sterling Lake. Bring sufficient water. Meet the leader at the Sterling Forest Visitor Center at 10 AM. Rain or forecast of same cancels. If in doubt, call the leader by 9 PM Wednesday or 9 AM Thursday. TC map 100.

Saturday, 6/26 Seven Hills Plus B 9 A
Karen Rose kkarose@aol.com or 201-962-8546

Meet 10 AM Reeves Brook Visitor Center for my favorite Harriman

hike. We will take Seven Hills Trail returning on TMI and Stony Brook. Lots of climbs, a few scrambles, great views. Rain cancels. TC map 118.

Sunday, 6/27 Sterling Forest Ramble C 5 C
Richard Sumner 845 362 8470 or rls@rsumner.com

Exact route and pace to be determined by the group. Expect a pleasant walk in the forest. Out before 2 PM so everyone can make the chapter meeting and picnic pot luck at 4:30. Meet at 9:30 AM at Sterling Forest Visitor Center. Foul weather will cancel. Call before 8:00 AM if uncertain. TC Map 100.

Sunday, 6/27 North Jersey Ramapo Covered Dish Supper

Contact Suzan Gordon at 201-871-3531 or browning.27@verizon.net to RSVP by June 20. Gather 4:30 PM rain or shine at the Tenafly Nature Center located at the top of Hudson Ave., Tenafly. Ample parking and exclusive use of the Center's pavilion are available for this NJR event. Arrive early and hike the Nature Center trails. For directions go to the Center's web site at: www.tenaflynaturecenter.org/directions.html. TC map 108 (Hudson Palisades).

Wednesday, 6/30 Walking In The Evenings C 2/3 C
Deanna Felicetta dollinthewoods@optonline.net or
 845-216-2021

Evenings walks have been popular in the summer. We will walk in a few favorite parks this summer on Wednesday evenings. Locations include Nyack Beach, Bear Mountain, the Pier in Piermont (the ice cream hike). Everyone welcome. Bring a friend. Call for Details. Poor weather, especially thunderstorm forecast will cancel.

Taking a Hike/Leading a Hike

Excerpt from ADK Publication

Trip Leaders AND Participants should carry equipment and supplies appropriate to the trip description and anticipated weather conditions. For significant, all day hikes, a pack with reasonable food, water and clothing, including a hat, rain gear, suitable foot wear and extra garments suitable to the season are recommended. Participants might also carry insect repellent, sun screen, a whistle, matches (or lighter), a knife, small flashlight, compass and trail map. A basic understanding of the use of map and compass is suggested.

Trip leaders volunteer their time in order to help those less experienced or less familiar with a region to enjoy an outdoor experience. CHEERFUL COOPERATION with the leader is the best appreciation a participant can give a trip leader. Standard safety procedures appropriate to the type of trip and good common sense should be observed by trip leaders AND participants at all times.

Individual participants should not go off alone during an organized trip. The trip participants should share with the trip leader the responsibility of making a trip safe and enjoyable and should respect the trip leader's advice and judgment.