

## HIKE SCHEDULE • SUMMER 2010 • JULY • AUGUST • SEPTEMBER

- Thursday, 7/1 Popolopen Hike B+ 4/5 A-  
Allison Tully alitully63@optonline.net or 845-656-0442  
Meet 10 AM at the Fort Montgomery Visitor Center on 9W just north of the Bear Mt. Circle. The route will take us around Brooks Pond and then up Popolopen summit and return to parallel the gorge and Hells Hole. Registration required. Please contact leader by June 30. Limited to 15 hikers. Any precipitation cancels. TC map 119.
- Saturday, 7/3 Norvin Green Spectacular B 7 B+  
Robert Permutt rpermutt2003@yahoo.com (pref) or 914-588-0212  
Meet at 9:30 AM at the Otter Hole Parking Area on Glenwild Avenue. A loop hike through Norvin Green State Forest. Highlights are Otter Hole, Chikahoki Falls, Carris Hill, Yoo-Hoo Point and High Point. Pre-register with hike leader on or before 7/2. TC map 115.
- Sunday, 7/4 Fahnestock Loop II B 7 B  
Richard Sumner rls@rsumner.com 845-362-8470  
A variation on the April hike. A pleasant, mostly shady, loop that includes a nice section of the AT. Meet at 9:30 AM at first parking lot (where the AT crosses) on Canopus Lake (take Rt. 301 from Cold Spring) Foul weather will cancel. Call before 8:00 AM if uncertain. TC map 103
- Thursday, 7/8 In the Woods B 7/9 B  
Paul Margiotta pjmm11@verizon.net (pref) or 201-693-6705  
"Regular" Thursday hikers will receive a group e-mail from leader by Tuesday for location, time and other details of hike. Others can contact the leader by 7:00 PM on Wednesday. No beginners please.
- Saturday, 7/10 Ladentown Adventure I B 7 B  
Dean Gletsos cgletsos@yahoo.com or 845-354-0738  
Meet at 9:30 AM at the Ladentown Parking Area, off Diltz Rd. We will visit two lakes (3rd Reservoir and Breakneck) and three mountains (Breakneck, Ladentown and Limekiln). Also Eagle Rock and more. Lunch on picnic tables by a lake. Bring water, food, boots, and a smile. If questions, call before 9 AM the date of the hike. TC map 118.
- Saturday, 7/10 March Through Jockey Hollow B 5 B  
Jeffrey Sovelove Hiker\_Dood@Yahoo.com.  
We will do a variety of trails including parts of the Grand Loop, Blue Trail, and Yellow Trail with a stop at the reproduction Soldiers' Huts at Jockey Hollow National Park in Morristown. See [www.nps.gov/morr/planyourvisit/directions.htm](http://www.nps.gov/morr/planyourvisit/directions.htm) for directions and information. Bring lots of water, a light snack, and wear hiking boots. Meet at Visitors' Center 10 AM. Heavy/steady rain cancels. Optional lunch at a local eatery if we get done in time. Joint Sierra Club.
- Saturday, 7/10 Long Path Thru North Shawangunks B 18 A  
Aaron Schoenberg askus3@optonline.net or 845-986-8645  
This is a challenging, strenuous and awesome hike on the Long Path through the Shawangunks from near Ellenville to near Kerhonkson. Over 3,000 feet of climbing. Highlights include Sam's Point, Ellenville Ice Caves, Verkeerder Kill Falls, Lake Awosting, Margaret Cliffs, Castle Point & Rainbow Falls. Possible swim in Lake Awosting halfway into hike – bring bathing suit and towel. A car shuttle is required. This will be a full day. Do not plan on being back to Rockland until close to 10 PM. Preregistration required. Must register by 8 PM on 7/8. All registered for hike will get word document attachment with hike fact sheet including meeting place and time. TC map 104.
- Sunday, 7/11 Jeremy Glick's Overlooks B-5-A  
Pete Heckler E-mail preregistration to p\_heckler@msn.com A rugged loop hike (700' + elev. gain) with views of Greenwood & Surprise Lakes, West Pond, and if we are lucky we pass thru a rhododendron forest in bloom. Meet 9:30 AM at A&P Shopping Center, Warwick Tpk. (Rt. 511) Hewitt, NJ. TC Map 116. Rain cancels hike.
- Sunday, 7/11 Storm King Mt./North Point B 6 B  
Dick Ernenwein rernenwein@msn.com H-845-565-3866 C-845-220-7693  
Meet 9 AM sharp at Cornwall-On Hudson Storm King Mt. Rt. 218 trail head parking for shuttle to start of hike 2-3 miles south also on Rt. 218. At a steady pace, we will hike steeply 800' up to North Point then descend 500' followed by a 800' steep climb to peak of Storm King Mt. to end hike with a 1200' descent back to Rt. 218 trail head parking. Please call or e-mail leader to register. TC map 113.
- Tuesday 7/13 Basin and Saddleback B 16 A+(3800+ ft ascent)  
Elie Bijou adirondacks@verizon.net or 518-873-2119  
A slower moderate-paced hike to two Great Range peaks, passing Bushnell Falls. Please bring lunch, snacks, water and rain gear. Rain postpones hike to Wed. 7/14. Joint with Hurricane Mountain Chapter.
- Thursday, 7/15 In the Woods C 5 B  
Phyllis Key pkeyhiker@juno.com H-201-768-5573 C-201-937-8070 (day of hike only) Route to be determined by weather and trail conditions. Must call or e-mail (pref.) no earlier than 3 days prior to hike to register and learn meeting place and time.
- Saturday, 7/17 Skylands/Ringwood C 3/4 B  
Betty Heald ebheald@aol.com or 201-967-2937  
Steep climb to ridge, Skylands Trail, and woods road followed by tour of gardens. Must contact leader to register. Rain cancels. TC map 115.
- Sunday, 7/18 AT to Wawayanda B 10 A  
Cliff West 3cliff@gmail.com or 973-886-4072  
Meet 9 AM at the AT parking lot on Route 94 in Vernon. We will hike up the AT into Wawayanda Park and return via the same route. Possible swim at the beach at Wawayanda Lake. Nearby volcanic activity cancels. TC map 116.
- Wednesday, 7/21 Walking In The Evenings C 2/3 C  
Deanna Felicetta dollinthewoods@optonline.net 845-216-2021  
Evening walks have been popular in the summer. We will walk at a few favorite parks this summer on Wednesday evenings. Locations include Nyack Beach, Bear Mountain, the Pier in Piermont (the ice cream hike). Everyone welcome. Bring a friend. Call for details. Poor weather, especially thunderstorm forecast will cancel.
- Thursday, 7/22 In The Woods B 5/7 B  
Debbie Bell deb2@columbia.edu or 845-358-8386 (NCA 9 PM)  
Varied terrain in Harriman or nearby parks. Contact leader for hike details.
- Saturday, 7/24 Orange Heritage Trail Bike Ride Moderate  
Eileen Berch 973-506-7078  
We'll bike about 20 miles of relatively flat, paved rail trail between Monroe and Goshen, NY, stopping at the Chester Depot Museum and

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the Goshen Racetrack. Bring or buy lunch. Rain will cancel this ride. If in doubt, call by 8:00 AM on morning of ride. Any type bike in good condition will do but—helmets and registration REQUIRED. Meet 9:45 AM at Monroe, NY Park and Ride. Directions: Route 17 North through Sloatsburg and past the (now closed) Red Apple Rest; at light (just past Harriman Railroad Station) bear left at fork (Mobil Station) onto Route 17M. After making left turn at light proceed through Monroe past lake, continue on Route 17M West and just outside of town make right turn into Park and Ride parking area.

Saturday, 7/24 Tuxedo Circular B 8 B  
Robert Permutt rpermutt2003@yahoo.com (pref) or 914-588-0212  
Meet at 9:30 AM at the weekend parking lot for the Tuxedo Train Station. A circular hike through Southern Harriman State Park with a lunch stop at Lake Skenonto. Please pre-register with hike leader on or before 7/23/10. TC map 118.

Tuesday, 7/27 Santanoni Peak B 15 A  
Elie Bijou adirondacks@verizon.net or 518- 873-2119  
We will follow the new-old path to this majestic peak of 4607 ft. Please bring lunch, water, snacks and rain gear. Possibility of hiking Panther. Joint with Hurricane Mountain Chapter.

Thursday, 7/29 Johnstown Rd Circle Hike B 6/8 B  
Georgette Fazzari grfhiker@gmail.com (pref) or 551-265-2369  
Meet 9:30 AM at the Johnstown Rd Circle. We will be taking a 6/8 mile loop up Almost Perpendicular passing Black Ash Swamp and Claudius Smith. Weather may cancel. If in doubt e-mail or call leader before 8 AM morning of hike. TC map 118.

Saturday, 7/31 Ladentown Adventure II B 7 B  
Dean Gletsos cgletsos@yahoo.com or 845-354-0738  
Meet at 9:30 AM at the Ladentown Parking Area, off Diltz Rd. Same area as my Saturday, 7/10 Ladentown Adventure I hike, but we will use old roads and marked trails. Lunch on picnic tables by a lake. Bring water, food, boots and a smile. If questions, call before 9 AM the date of the hike. TC map 118.

### Paul Tappenden Foraging Workshop, Saturday, Sept. 4

RSVP by August 25 to: Suzan Gordon browning.27@verizon.net or 201-871-3531. \$5 fee per person

**Mohonk Mountain House Day, Saturday, Sept. 11** (rain date Sunday, Sept. 12) Reservation by check dead line August 15. Price per adult \$50. To reserve your day on the mountain make a check payable to "NJR ADK" and mail it to: Suzan Gordon, 27 W. Clinton Ave. 2-N, Tenafly, NJ 07670

Sunday, 8/1 Rockefeller State Park Preserve Walk C+ 6 C+  
Peter Reiner 845-323-7697  
We will walk on carriage trails from the Preserve's Visitors Center in Sleepy Hollow to the Blue Stone Barn Farm and return. Meet at the Visitors Center off Rt. 117 across from the parking lot at 9:30 AM. Bring lunch and water. Wear comfortable shoes. Parking fee \$6.00.

Sunday, 8/1 Catskills - Big Indian and Fir A 10 A  
George Preoteasa gvpreo@gmail.com or 201-694-8344  
E-mail or call leader for meeting time and directions by July 30th.

This hike in the Catskill Mountains, approximately 100 miles north of northern NJ, is half trail, half bushwhack with a total elevation gain of 2500 ft. For experienced hikers. New TC map 143.

Tuesday, 8/3 Seymour 4120 ft. B 14 A (ascent 2100 feet)  
Elie Bijou adirondacks@verizon.net or 518- 873-2119  
A slower moderate-paced hike to a trailless 46'er. 5.5 miles on old truck trails and then a 1.5 mile ascent. Please bring lunch, snacks, water, fleece and rain gear. Rain date: a day or two days later. Joint with Hurricane Mountain Chapter.

Thursday, 8/5 Surprise Lake Hike and Picnic B 4 B  
Dave Sutter dsuttr@aol.com ( please, no phone calls)  
We will hike the State Line Trail to Surprise Lake (long lunch stop) and then return to Greenwood Lake for an optional picnic at South Shore Marina with perhaps a sail if there is wind. Leaders will have hot charcoal grill available for afternoon picnic. Meet at 9:30 AM at A & P Parking Lot (corner Rt. 511), Hewitt, NJ. Leader will collect any perishables for refrigeration at start of hike. Bring your own beverages. Rain cancels. TC maps 115 & 116.

Saturday, 8/7 Patriots Path Stroll C 5 C  
Jeffrey Sovelove Hiker\_Dood@Yahoo.com  
Come take an easy stroll on Patriots Path in Morristown. This 3 - 5 mile stroll will start out from the Speedwell Lake parking lot at 10 AM across the street from Historic Speedwell. See the Morris County Parks web site ([www.morrisparks.org/](http://www.morrisparks.org/)) for directions or put the following address into your preferred map engine: "300 Speedwell Avenue, Morristown, NJ 07960". The path is wide, partly paved, partly crushed stabilized gravel with very little in the way of elevation gains. Please bring plenty of water and a light snack. Great for beginners. Steady rain cancels. Optional lunch afterwards. Joint with Sierra Club.

Sunday, 8/8 Ramapo Reservation B 8 B  
Reena Mancuso reenamayherself@yahoo.com or 914-391-3886  
With Susan Bogen. Ups and downs in the beautiful woods of Mahwah, NJ. Meet 9:30 AM at the Ramapo Reservation Parking Lot (Rt. 202, Mahwah). TC map 115.

Thursday, 8/12 In the Woods C 5 B  
Phyllis Key pkeyhiker@juno.com H-201-768-5573 C-201-937-8070 (day of hike only) Route to be determined by weather and trail conditions. Must call or e-mail (preferred) no earlier than 3 days prior to hike) to register and learn meeting place and time.

Saturday, 8/14 Hubbard-Perkins Circular B 11 B  
Aaron Schoenberg askus3@optonline.net or 845-986-8645  
This hike in the newer western section of Fahnestock State Park will meander past lakes and offer pleasant woodland hiking. Pre-registration required. Must register by 9 PM on 8/13. All registered for hike will get word document attachment with hike fact sheet including meeting place and time. TC Map 103.

**Sunday, 8/15 Reservation Deadline Mohonk Mountain House Day**

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Sunday, 8/15 The Bare Rock Trail B 8.5 B  
Peter Tilgner & Suzan Gordon browning.27@verizon.net or 201-546-0509

Join us as we hike Sterling Forest's Bare Rock Trail in its entirety. We depart 9 AM from the Sterling Forest Visitor Center Upper Parking Lot. The hike will take us on the existing Bare Rock Trail to the West Valley Woods Rd. We will hike it south to the new trail head. From there we hike north to Bare Rock for a 180 degree view of Greenwood Lake and lunch. Our hike out takes us to the Sterling Lake Loop and our return to the Visitor Center. TC map 100. The newly completed section of the Bare Rock Trail is not on the 2008 Trail Conference Sterling Forest map.

Wednesday, 8/18 Macomb and Carson (South Dix) B14 A  
(Ascent 3000 ft)

Elie Bijou adirondacks@verizon.net or 518-873-2119  
Our route takes us on an ascent via the Macomb Slide to Macomb (4405 ft). We then follow well-established herd paths to Carson (4120 ft) descending via Lillian Brook. Please bring lunch, snacks and extra water & rain gear as the ridge is dry. Pace slower, moderate. Consider carpooling as lot has limited parking. Joint with Hurricane Mountain Chapter.

Thursday, 8/19 Ramapo Reservation B 5/6 B  
Phyllis Stewart pastewart@optonline.net or 201-327-6319  
We'll meet at 9:00 AM. Route to be determined depending upon weather. Please register with leader.

Saturday, 8/21 Skylands/Ringwood C 3/4 B  
Betty Heald ebheald@aol.com or 201-967-2937  
Steep climb to ridge, Skylands Trail, and woods road followed by tour of gardens. Must contact leader to register. Rain cancels. TC map 115.

Saturday, 8/21 Tallman Mt. State Park B 6 B  
John Jurasek Jurasek@optonline.net or 845-365-3618 (NCA 10 PM)  
We will meet at 450 Piermont Ave. In Piermont, NY at 10 AM. We will hike through Tallman on the Long Path. Lunch at the Tallman Mountain Shelter. Then out on the pier halfway across the Hudson. Early out possible. Rain cancels. TC map 109.

Sunday, 8/22 Summer Harriman Hike B 6/8 B  
Karen Rose kkarose@aol.com or 201-962-8546  
Meet Reeves Brook Visitor Center at 9 AM. Leader's choice depending on the temps. If it is hot we will stop at water to cool off. Rain cancels. TC map 118.

### Wednesday, 8/25 RSVP Deadline For Paul Tappenden Foraging Workshop

Thursday, 8/26 Diamond Mountain and Beyond B 6/7 B  
Irene Logan 111er378@optonline.net or 845-753-5651 (NCA 9 PM or after 8:30 AM day of hike. No e-mails day of hike)  
Meet at 10 AM at Lake Sebago Boat Launch Parking Lot. We will hike on the Seven Hills Trail with views, TMI, woods roads and Buck Trail. Bring sufficient water. Precipitation/forecast of same cancels. If in doubt, call the leader by 9 PM Wednesday or by 9 AM Thursday. TC map 118.

Saturday, 8/28 Skannatati Lollipop Loop B+ 8 B  
Allison Tully alitully63@optonline.net or 845-656-0442  
Meet 9:30 AM at Lake Skannatati Parking Lot. Long Path, Dunning, RD, Nurian, and Lichen. Long Path is the return route. In honor of Canada Day, a visit to Rhodes Tavern in Sloatsburg is in order. Must register. Rain cancels. Call if in doubt. TC map 119.

Saturday, 9/4 Paul Tappenden Foraging Workshop C 1 C  
High Tor State Park 10 AM. Parking on Central Highway, Co. Rt. 33, near where Long Path Crosses. TC map 112 (Hudson Palisades).

Sunday, 9/5 Surprise Lake Loop B 6 B  
Jennifer Leonard Hahn rudybird2766@yahoo.com  
Meet at 9:30 AM at the Sears/A & P parking lot in Hewitt. Bring lunch and plenty of water and we will walk up the Jeremy Glick Trail and hike on Bearfort Ridge to beautiful Surprise Lake and loop back down on the Quail Trail. E-mail Jennifer to register. TC map 116.

Saturday, 9/11 Algonquin and Iroquois B 14.4 B+ (ascent 3200 ft.)  
Elie Bijou adirondacks@verizon.net or 518-873-2119  
We will hike these two peaks in late summer without the presence of black flies and hoards of tourists. Iroquois is via a herd path and sometimes muddy. Please bring lunch, snacks, water, gaiters, rain gear and a fleece. Joint with Hurricane Mountain Chapter.

Saturday, 9/11 Mohonk Mountain House Day (rain date Sunday, Sept. 12) A day of walking, guided hiking or rock-scrambling ending with a shower at the spa, afternoon tea and a four-course gourmet meal, all in the historic Mohonk Mountain House dining room. Meet 10 AM on the Mountain House Verandah overlooking the lake. TC maps 10 & 10A.

Thursday, 9/16 In the Woods B 7/9 B  
Paul Margiotta pjmm11@verizon.net (pref) or 201-693-6705  
"Regular" Thursday hikers will receive a group e-mail from leader by Tuesday for location, time and other details of hike. Others can contact the leader by 7:00 PM on Wednesday. No beginners please.

Thursday, 9/16 NJR Fall Meeting, Nanuet Public Library 7:30 PM  
Chuck Stead, infamous Ramapo Storyteller, regales us with tales he has collected along the many trails of the Ramapo Mountains.

Saturday, 9/18 Catskills- North Lake Escarpment B 9 B  
Karen Rose kkarose@aol.com or 201-962-8546  
Meet 8 AM sharp at Trail Conference parking lot in Mahwah to car pool or at trail head at 9:45 on Schutt Road. Many fantastic views, but be prepared for ups and downs all day. We will follow the Escarpment trail, and have a nice lunch break at the beach on North lake. You can take a quick dip to cool off! Then back on the trail, we will exit on Mary's Glen trail to see the falls and a short road walk back to cars. Rain cancels. Please register by 8 PM Friday. TC map 40.

Sunday, 9/19 Hacklebarney Hills B 6/7 B  
Mary Saraco msaraco@aol.com (pref) 908-781-7072 609-577-3296  
Meet at historic Cooper Mill, Rt. 513, Chester, NJ at 10 AM. A lollipop loop with varied terrain and ups and downs along the Black River and Conifer Pass Trails. Morris County Park Commission Black River County Park Trails Map. Call or e-mail leader to register by 7 PM the Saturday before the hike.

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Sunday, 9/19 Pyngyp An Easier Way B 8 B  
Ike Siskind IkeMar@Verizon.net or 845-3502-8506  
Meet 9:30 AM at the south end of the main lot at Anthony Wayne - Exit 17 on the Palisades Pkwy. Using the SBM Trail, we will climb this 1032 ft. summit from the north and avoid the steep south face. After lunch and views we will return on the SBM and 1779 trails. No calls morning of hike. Just show up. Be prepared for hot weather. TC map 119.

Monday, 9/20 Dog-Friendly Reeves Meadow B 7 B  
Susan Sterngold banjoldy.susan@verizon.net (pref) or 845-519-4890  
Meet 10 AM at Reeves Meadow Parking on Seven Lakes Drive. Views, climbs, maybe waterfall or lake—we will decide. Early outs possible. Dogs must be under the control of owners at all times and park leash rules must be obeyed. Owners must have adequate food and water for their dogs. Joint with AMC. TC map 118.

Thursday, 9/23 In The Woods B 5/7 B  
Debbie Bell deb2@columbia.edu or 845-358-8386 (NCA 9 PM)  
Varied terrain in Harriman or nearby parks. Contact leader for hike details.

Saturday, 9/25 AT/Black Rock/Stahahe Loop B 8.6 B  
Peggy Wissler 914-260-7506  
Meet 9:30 AM sharp at Elk Pen parking lot. At a steady pace we will follow the Appalachian, Arden-Surebridge, Ramapo Dunderberg, Nurian, Stahahe Brook Trails back to the Elk Pen. Heavy rain cancels, call leader during the week to register. TC map 119.

Saturday, 9/25 Long Path From Rt. 6 C 5/6 B  
Denis and Joan Kmiec 845-634-1397 (NCA 9 PM)  
We take the Long Path south to Stockbridge Shelter. We return on the Menomine Trail and Nawahunta Fire Rd. Out by 1:30. Rain or chance of thunderstorms cancels. E-mail or call for directions. Meet at 10 AM Rt. 6 Long Path Hikers Parking Lot. TC map 119.

Saturday, 9/25 Lewis Morris Park B 6 B  
Jeffrey Sovelove Hiker\_Dood@Yahoo.com.  
Joint ADK/Sierra Club hike. We will start at Sunrise Lake, then hike to the parking upper lot and back down to the lake using a combination of the Yellow and Red trails. The pace will be a moderate one. See Morris Co. Parks Commission web site [www.morrisparks.net/aspparks/Immain.asp](http://www.morrisparks.net/aspparks/Immain.asp) for directions. Bring lots of water, lunch, and wear hiking boots. Meet in Sunrise Lake parking lot at 10 AM. Heavy/steady rain cancels.

Sunday, 9/26 Catskills - Kaaterskill High Peak A 9 A  
George Preoteasa gvpreo@gmail.com or 201-694-8344  
E-mail or call leader for meeting time and directions by September 24. The Catskill Mountains are approximately 100 miles north of northern NJ. This is a hike mostly on a gentle trail with a short, steep bushwhack to get to the top. Lunch with a beautiful view. 2100 ft of total elevation gain. New TC map 141.

Sunday, 9/26 West Hudson Views Shuttle Hike. B+ 8/9 B+  
Allison Tully 845-656-0442 or alitully63@optonline.net  
Meet 9:00 AM at the end of Riverside Ave. in Haverstraw. (Drive through Tilcon Quarry off 9W North and make right on Riverside Ave.) We take 2-3 cars to private Stone House Road in Valley Cottage and

start our hike. We will hike up fairly new trails to the scenic view of the Hudson (see new map set) and will then hike down the White Path holding the ropes. After we cross 9W, we will head up the Yellow Trail to get on the Long Path. We hike the LP, taking in fantastic Hudson River views, to the windy White Trail and descend down to the foot-path. Registration is necessary and limited to 10. Contact by September 24th. Bad weather cancels. TC map 112.

Sunday, 9/26 Noonmark (3556 ft) and Round Mts. (3150 ft) B 6.6 B (Ascent 1800 Ft)  
Elie Bijou adirondacks@verizon.net or 518-873-2119  
Hike to two popular local peaks with outstanding views. Please bring water, lunch, snacks and a fleece and rain gear. Joint with Hurricane Mountain Chapter.

Thursday, 9/30 Lake Skannatati Circular B 6/7 B  
Irene Logan 11er378@optonline.net or 845-753-5651 (NCA 9 PM or after 8:30 AM day of hike. No e-mails day of hike)  
We will meet at the Lake Skannatati Parking Area at 10 AM. The route will be determined by the temperature. Precipitation/forecast of same cancels. TC map 119.

**Thursday, 9/30 Reservation Deadline Fall Foliage Weekend**  
Shawnee Inn and Golf Resort. Reserve by calling the Inn at: 507-424-4000. Make your payment directly to the Shawnee Inn.

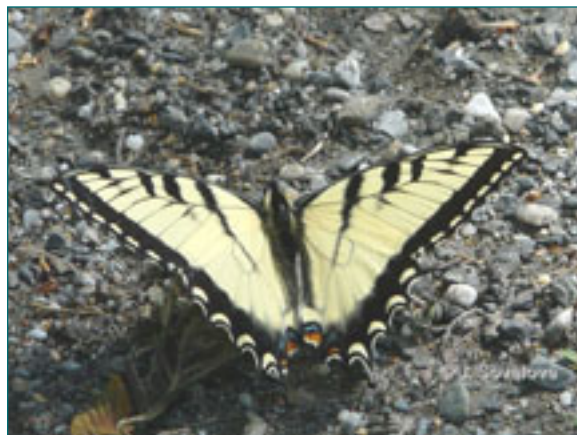


Photo by Jeff Sovelove

On the ADK Summer Hill Circular Hike in Harriman

### SIGNUP SHEETS

Thanks to all for sending me the forms promptly. I keep track of hikes held and number participating.

*Keep on hiking!*  
Betty

### FREE

Nordictrack ski machine  
Call Barbara at 973 506 7078