**A Message From the Chair**

We’re on Facebook? Really? Yep, it’s true! Jeff Sovelove, our new vice chair, has been busy setting up our new Facebook page and our new Yahoo group. I know some of you are already familiar with Facebook and know just what to do. And the same for the Yahoo group. But many of us are new to these things and would like a little help to get started, so Jeff has written a tutorial article that explains everything, where to find them and how to use them. You can find the article on page 7. You can view the Facebook page and the messages posted to the group without joining anything, but if you would like to receive e-mails and be able to post things you’ll have to join (you must be an ADK member). Read Jeff’s article for all the details.

So what’s this social networking stuff anyway and what’s it good for? Does it make our hiking club better? I’m not sure but we’re going to find out. Think of this as an experiment. We’ll find out what works and what doesn’t, and adjust accordingly. Last-minute information about hikes and other topical information will now be easy to distribute to those members who want it without burdening the rest of the membership with lots of e-mails. And it will be possible for members to share information and pictures quickly and easily. These things won’t replace the newsletter but we hope they’ll complement it.

Are you ready for Summer hiking? Summer is a great time to hike. It’s not cold, and the forest is full of birds, flowers and other wildlife. But sunburn, dehydration and heatstroke are your enemies. Be prepared with a hat to block the sun, sun screen and lots of water; at least 2 quarts of water for an average size hiker on a hot summer day. Heavy exercise (like racing up agony grind) on a hot day combined with dehydration can result in your body overheating. So go slow on those uphills and stop to rest and take a drink if you feel really hot or are becoming dizzy or lightheaded. Go out and enjoy the Summer, but be ready for it.

See you on a trail, Richard

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**Fall Events**

We are planning another wonderful day at Mohonk Mountain House this year on Saturday, September 10th (rain date September 11th). Please have both dates clear just in case of bad weather. Mohonk Day is doing what you’d like—joining one of three levels of planned hikes, visiting the mansion and gardens, sitting on the porch or in a gazebo reading, or simply watching the goings on around this magnificent hotel. After the day’s activities, we will all meet at 4 PM on the verandah for tea, shower and change in the Health Spa, and then have a delicious four course dinner at 6 PM together in the main dining room. The cost is $55 per person which includes tips and taxes. It can’t be better, so join the fun and RSVP to me by August 30th.

Our next Chapter Meeting is on Thursday, September 22nd, 7:30 PM at the Nanuet Public Library in Nanuet, NY. Our speaker is Tom Riley, author of seven books and President of The Rockland County Genealogical Association. He will speak about the Orphan Train Riders. The Orphan Train Era (1854-1929) saw the largest mass migration of children in American history. Over 273,000 children were sent out of New York City by rail to homes all over America; 33,000 were sent to upstate New York. They were America’s first foster children. Children were also sent out of Boston, Chicago and Philadelphia. The true estimate of children sent out on Orphan Trains may total 400,000-600,000. Tom has written 2 books on the Orphan Trains. He will have some books there to purchase and have autographed. Please attend this interesting meeting and bring friends and family.

The ADK Fall Weekend will be held at the Straus House in the Catskills (Claryville, NY) from Friday, October 21st to Sunday, October 23rd. Our club had spent many years there having a winter wonderland weekend of snowshoeing and cross-country skiing. We will now try a fall foliage weekend beginning with a hike on Friday afternoon and going back to the hotel for a light supper. We will have a hearty breakfast on Saturday, pack lunch, and do a planned hike in the area (or you may do something on your own). We will gather together for dinner and perhaps watch a DVD movie. On Sunday, there will be another delicious breakfast cooked by Francine, the creative chef at the Straus House. We will either return for lunch or pack one and do a shorter hike before returning home. There are only eleven rooms available, so please reserve with me before October 1st.

Suzan Gordon Program Chair
201-871-3531
browning.27@verizon.net
HIKER’S GUIDE

RESPONSIBILITIES - Hikers with children under 16 and new hikers are required to contact the hike leader in advance to determine if the hike is suitable for them. Minors under 16 are welcome on day hikes when accompanied by a parent or guardian. No person under 18 shall participate in overnight outings unless accompanied by a parent or adult sponsor over 21. The hike leader may refuse to allow a person to hike who is judged to be poorly equipped or unable to do the published hike. Pets are not permitted on hikes unless the hike description clearly states that it is “dog friendly”. Non-members are welcome on two hikes after which ADK membership is required. Participants should get to the hike at least 10 minutes prior to the starting time.

RISKS - As with all physical activities, hiking involves hazards. Persons participate at their own risk and will be asked to sign a statement acknowledging that fact before starting the hike. Prior to the hike please advise the leader of any medical condition or physical liability that could affect you during the hike.

FOOTWEAR AND CLOTHING - Wear clothing suited to the weather and carry extra garments for unexpected weather conditions. Dress in thin layers so that you can adjust the number of layers as required to maintain comfort. In winter carry a wool cap and wool or polypropylene gloves or mitts and a windproof shell. Be prepared for rain. Bring a rain jacket and rain pants, preferably of the type that permits venting body moisture. Wear comfortable, sturdy boots. Do not wear cotton garments in winter.

DRINK AND FOOD - Adequate hydration is important year round. Drink frequently during the hike. Carry food to enjoy during the midday lunch stop.

DOG-FRIENDLY HIKES - All hikers with dogs must abide by park leash regulations.

HIKE RATINGS - represent the Pace, Distance and Terrain covered during the hike. A hike’s rating is determined by the hike leader.

- PACE:  
  A - fast - 2.5 mph or faster  
  B - moderate - about 2 mph  
  C - easy - 1.5 mph or less

- DISTANCE: is given in miles as noted

- TERRAIN:  
  A - Strenuous, long ups and downs, some rock scrambling possible.  
  B - Moderate ups and downs as occur typically in Harriman.  
  C - Generally flat with little elevation change.

MAPS - The TC number indicates a NY-NJ Trail Conference map for the area of the hike. For example: TC-118 refers to the Southern Harriman Park map.

ABBREVIATIONS - NCA-No Calls After . . . , Pref.- Leader’s contact preference.

EXPENSE SHARING - When car-pooling, passengers are expected to offer the driver funds sufficient to cover the cost of fuel, tolls and parking fees. A $3.00 minimum per person is recommended. Most hike trailhead meeting locations can be found on NY-NJ Trail Conference maps.

HIKE CANCELLATION POLICY - Sometimes an illness, injury or other unforeseen problem will make it impossible for a hike leader to lead his/her hike as announced in the schedule. When this happens the leader should first try to find a substitute leader so the hike can proceed as scheduled. The hike schedule chair person or any club officer can assist if necessary. If no substitute leader can be found then the leader or a substitute should appear at the hike meeting place to inform hikers of the situation. If a qualified leader volunteers, he/she should be given the sign-in sheet and the hike can proceed as scheduled. If the hike is one that requires preregistration, the leader must inform all who registered of the change by phone or e-mail.

Tick Removal

Apply a glob of liquid soap to a cotton ball. Cover the tick with the soap-soaked cotton ball and swab it for a few seconds (15-20), the tick will come out on its own and be stuck to the cotton ball when you lift it away. This tip was passed on by club member Pete Heckler.

ADK NORTH JERSEY RAMAPO CHAPTER

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Trail Talk is published quarterly in December, March, June and September. Deadline for submissions is generally one month prior to publication date. Please send articles, photos or other contributions to newsletter@hudsonhikers.org
HIKE SCHEDULE • SUMMER 2011 • JULY • AUGUST • SEPTEMBER

Note: The following two Aaron Schoenberg trips requires registration.

Saturday, 8/27 – Wednesday, 8/31
Part 2 White Mountain Trip XXI B 5/9 A
Aaron Schoenberg  askus3@optonline.net (pref)  845-986-8645
This annual trip to the Whites will include over 30 miles of climbing various peaks on the New Hampshire “52 Peaks with a View” list. We will concentrate our hiking in the southern fringe of the White Mountains (Waterville Valley area). Mileages range from 5-9 miles per day. Elevation gain per hike will be 1500-2800 feet per day. This is a moderate to strenuous trip. Accommodations will be lodging at a local motel or auto camping in the vicinity of Thornton, NH. Inquire with Aaron for a detailed itinerary. Deadline to register: July 9.

Sunday, 10/16 – Sunday 10/23
Long Trail Trip 5 - Vermont Appalachian Trail II B 12 A
Aaron Schoenberg  askus3@optonline.net (pref)  845-986-8645
This is my fifth annual section hike on the LT and second section of the AT in Vermont which is a series of day hikes following this trail for over 50 miles in five days of hiking. Mileages range from 8-12 miles per day. This is a strenuous trip. Lodging will be at a house rental in Danby, VT. Advance deposit of $150 required. Contact Aaron for detailed itinerary. Deadline to register: Sept. 3.

Thursday, 7/14 In the Woods B 6/8 B
Georgette Fazzari  grfhiker@gmail.com (pref) or 551-265-2369 (NCA 9pm) Varied terrain in Harriman or nearby parks. Contact leader for hike details and to register.

Thursday, 7/21 In the Woods B 7/9 B
Paul Margiotta  pjmm11@verizon.net (pref) or 201-693-6705 “Regular” Thursday hikers will receive a group e-mail from leader by Tuesday for location, time and other details of hike. Others can contact the leader by 7 PM on Wednesday. No beginners please.

Saturday, 7/23 Ilgenstein Rock Circular B 7 B
Hank Zulauf  hank246@verizon.net or 201-391-5867
With a 10 AM start at Ramapo Reservation off of Rt. 202 in Mahwah, we'll take the Halifax Trail past Hawk Rock toward Bear Swamp Lake and then the Yellow and White Trails to Ilgenstein Rock for lunch. Return to Parking Area via the Cannon Ball, Blue, and Red/Silver Trails. Call by 8:30 AM morning of the hike if weather is doubtful. TC map 115.

Saturday, 7/28 In the Woods B/C 5/7 B
Richard Sumner  RLS@RSUMNER.COM or 845-362-8470
Harriman or nearby parks. Call or e-mail for details the week of the hike. Pace may be B or C depending on the group and the weather. Details will also be posted on Facebook and the Yahoo group.

Thursday, 7/16 Long Path From Rt. 6 C 5 B
Denis and Joan Kmiec  kmie20@yahoo.com or 845-634-1397 (NCA 9PM) We take the Long Path south to Stockbridge Shelter. Early lunch 11AM at the lake. We return on the Menomine and Nawahunta Fire Rd. Out by 1PM. E-mail or call for directions. Meet at 9:30 Rt 6 Long Path Hikers Parking Lot. Rain and chance of thunderstorms cancel. If in doubt call leader by 9 AM day of hike. TC map 119.

Saturday, 7/28 NJ/Ramapo Memorial Hike C 5 C
Camp Nawakwa
Aaron Schoenberg  askus3@optonline.net or 845-987-4893
Contact leader for details.

Pre-registration is advised in case of a change in schedule.
HIKE SCHEDULE • SUMMER 2011 • JULY • AUGUST • SEPTEMBER

Thursday, 8/4   In the Woods             B 5/8 B
Debbie Bell deb2@columbia.edu or 845-358-8386 (NCA 9 PM)
Varied terrain in Harriman or nearby parks. Contact leader for hike details.

Saturday, 8/6   Patriots Path Stroll     C 5 C
Jeffrey Sovelove  Hiker_Dood@Yahoo.com
Come take an easy stroll on Patriots Path in Morristown. This 3 - 5 mile stroll will start out from the Speedwell Lake parking lot at 10 AM across the street from Historic Speedwell. See the Morris County Parks web site (www.morrisparks.org) for directions or put the following address into your preferred map engine: “300 Speedwell Avenue, Morristown NJ 07960”. The path is wide, partly paved, partly crushed stabilized gravel with very little in the way of elevation gains. We will be walking at a very moderate pace. Please bring plenty of water and a light snack. Great for beginners. Heavy/steady rain cancels. Optional lunch afterwards. Joint ADK/Sierra Club hike.

Sunday, 8/7  Catskills- Balsam Mt. Loop  B 5.5 B+
George Preoteasa   gypreo@gmail.com or 201-694-8344
E-mail or call leader for meeting time and directions by August 5. This is a trail hike in the Catskill Mountains, approximately 100 miles north of northern NJ. Real woods, great view at the top. Total elevation gain is 1700 ft. Carpools can be organized from the Harriman train station or the Diner in Kingston. Bad weather cancels. TC map 142.

Wednesday, 8/10  Yoga in the Evening   C 2 C
Deanna Felicetta felicetta.deanna@gmail.com or 845-216-2021
All hikers welcome. Meet 6:30 PM. Call for details. No Yoga experience is needed. Register by Monday before. No e-mail available the day of event. Call after 5:15 PM if uncertain of weather. Thunderstorms will cancel.

Thursday, 8/11  In the Woods             B/C 5/7 B
Richard Sumner   RLS@RSUMNER.COM or 845-362-8470
Harriman or nearby parks. Call or e-mail for details the week of the hike. Pace may be B or C depending on the group and the weather. Details will also be posted on Facebook and the Yahoo group.

Saturday, 8/13  Anthony Wayne Circular   B 7 B
Pat Marcotullio   patros@optonline.net or 845-729-4046
Meet 9 AM Anthony Wayne north parking area. Hike some of the trails surrounding the Anthony Wayne area. Weather will determine route and distance. Steady rain cancels. TC map 119.

Sunday, 8/14  Fahnestock Loop             B 7 B
Fred Hodde Bullwinkle@aol.com or (H) 973-728-3223 (C) 973-722-7824
Pleasant loop starting with a nice section of the AT. Much of the hike will be in shaded areas. Meet at 9:30 AM at the first parking lot on the right (when taking Rte. 301 from Cold Spring) where the AT crosses on Canopus Lake. Registration by e-mail is preferred. Call cell before 8:30 AM if the weather is questionable. TC Map 103.

Sunday, 8/14  Hunter Mountain In The Catskills   A 9 B+
Deanna Felicetta felicetta.deanna@gmail.com
Wonderful summer hike in the Catskills to one of the 3500 peaks with a fire tower. We will hike this peak at a good pace with a few stops to enjoy the beauty the Catskills have to offer. This is a full day event and great fun. Must register by e-mail no later than Friday 6 PM. Register with name and phone number. Bad weather/thunderstorm cancels. Decision will be made by 7 AM the morning of hike. Call if uncertain, 845-216-202. TC map 141.

Saturday, 8/20  Orange Heritage Trail Bike Ride  Moderate
Eileen Berch             973-506-7078 (NCA 8 PM)
We’ll bike about 20 miles on relatively flat paved rail trail between Monroe and Goshen, NY, stopping at the Chester Depot Museum and the Goshen Racetrack. Bring or buy lunch. Rain will cancel this ride. If in doubt, call by 8:00 AM on morning of ride. Any type bike in good condition will do. Helmets and registration REQUIRED. Meet 9:45 AM Monroe NY Park and Ride. Directions: Route 17 North through Sloatsburg at light (just past Harriman Railroad Station) bear left at fork (Mobil Station) onto Route 17M. Proceed through Monroe past lake. Continue on Route 17M West and just outside of Monroe town center make right turn into Park and Ride parking area.

Saturday, 8/20  Butter Hill/Storm King Mt.   B 5 A-
Peter Tilgner and Suzan Gordon   browning.27@verizon.net or 201-871-3531
Meet 9:30 AM at Butter Hill parking pull off Rt. 9 W. We hike the Butter Hill, Blue Bird, Stillman Trails loop. Wonderful Hudson views. Heavy rain cancels. You must register with leaders for this hike. TC map 113.

Friday, 8/21  Old Croton Aqueduct        C 6 C
Peter Reiner   psr7777@gmail.com or 845-323-7697
Meet at 9 AM at Sleepy Hollow H.S. at 210 North Broadway in Sleepy Hollow. We will follow the OCA Trail north passing through Rockefeller State Park, Rockwood Hall, up to Ossining. Car shuttle required. If time permits, we will tour historic Ossining. Rain cancels. Bring plenty of water. Call leader to register.

Pre-registration is advised in case of a change in schedule.
HIKE SCHEDULE • SUMMER 2011 • JULY • AUGUST • SEPTEMBER

Thursday, 8/25        In the Woods       B/C 5/7 B
Richard Sumner    RLS@RSUMNER.COM or 845-362-8470
Harriman or nearby parks. Call or e-mail for details the week of the hike. Pace may be B or C depending on the group and the weather. Details will also be posted on Facebook and the Yahoo group.

Saturday, 8/27   Climbs and Views       B 7 B
Hank Zulauf    hank246@verizon.net or 201-391-5867
With a 9 AM start at Reeves Brook Visitor Center, we’ll take the Reeves Brook trail to the Seven Hills trail and hike north climbing Diamond Mountain. Turning at the TMI trail we’ll descend to the Stony Brook trail and follow it all the way back to the Reeves Brook Parking Lot. Please note the early start. Some strenuous climbs taking us past 4 viewpoints. No beginners please. Call by 8 AM morning of hike if weather is doubtful. TC map 118.

Tuesday, 8/30
Deadline to RSVP for Mohonk Mountain House Day
E-mail or phone Suzan Gordon at: browning.27@verizon.net or 201-871-3531

Sunday, 8/4    Bare Rock Vista         B 6 B
Fred Hodde    Bullwnkl1@aol.com or (H) 973-728-3223 (C) 973-722-7824
We’ll meet at the upper parking lot for the Sterling Forest Visitor’s Center at 9:30 AM. We’ll start with a climb to the Sterling Forest Fire Tower. After taking in the view, we’ll hike to the Bare Rock Vista where we’ll enjoy lunch. After lunch, we’ll return to the Visitor’s Center by “strolling” back down the Bare Rock Trail. Registration by e-mail is preferred. Call 973-722-7824 before 9:00 AM if the weather is questionable. TC map 100.

Saturday, 8/10   Mohonk Mountain House Day
(rain date Sunday, Sept. 11)
A day of walking, guided hiking or rock-scrambling ending with a shower at the spa, afternoon tea and a four-course gourmet meal in the historic Mohonk Mountain House dining room. Meet 10 AM on the Mountain House Verandah overlooking the lake. TC maps 10 & 10A. For directions go to: www.mohonk.com/getting_here/directions.cfm

Sunday 9/11   Mahlon Dickerson Reservation        B 5 B
in Jefferson Township, NJ
Brian.Horowitz@Yahoo.com (pref) or 908-625-4916 to register by 9/8.
Sample the New Jersey Highlands with a loop past Morris County’s highest point (1,395 feet) while hiking along the Pine Swamp Trail and nice variety of terrain on a 5-mile hike with 300-foot total elevation gain. Ample opportunity to see impressive stands of spruce, azalea, mountain laurel, and rhododendron. Meet at 10:00 AM at parking lot for baseball field off Weldon Road just north of campgrounds of the park. Directions: Take Interstate 80 West to Exit 34B and follow NJ 15 North 4 miles to the Weldon Road Exit. Get off and turn right. Follow Weldon Road North another 4.5 miles into the reservation and its second entrance on the left into parking lot (this is the one after the campground office). Do not use the entrance to trailer/RV Area. Park just before it begins to go downhill. Inclement weather cancels. This is a joint ADK / Mosaic event. Call leader on the day of trip after 8 AM to confirm if event is a go and you are coming. TC map 125.

Thursday, 9/15   In the Woods       B 7/9 B
Paul Margiotta    pjmm11@verizon.net (pref) or 201-693-6705
“Regular” Thursday hikers will receive a group e-mail from leader by Tuesday for location, time and other details of hike. Others can contact the leader by 7 PM on Wednesday. No beginners please.

Saturday, 9/17   Pine Meadow Lake Loop Hike        B 9 B+
Brian.Horowitz@Yahoo.com (e-mail preferred) or 908-625-4916(NCA 10 PM) Moderately-paced hike with great views to Pine Meadow Lake. We will hang out at the lake and then hike back along brook. Several steep ups/downs. Optional Pub stop afterward for dinner/drinks. Inclement weather cancels. We will meet at the Sloatsburg Train Station in Rockland County, NY at 10:00 AM. There is a train or bus option from NYC that arrives around the same time. We will then carpool to the Reeves Meadow Visitor Center on Seven Lakes Drive. RSVP by 9/11. TC map 118.

Sunday, 9/18    Terrace Pond Lollipop      B 8.5 B
Peter Tilgner and Suzan Gordon   browning.27@verizon.net or 201-871-3531
Meet 9:30 AM at the A&P Parking lot on Rt. 511, Hewitt, NJ. We continue to the trailhead pull off parking opposite Terrace Pond North Trail (Rt. 511 Warwick Tpk). Our hike will take us to Terrace Pond and beyond before returning. Heavy rain cancels. Please register for this hike. TC map 116.

Thursday, 9/22   In the Woods       B 7/9 B
Paul Margiotta    pjmm11@verizon.net (pref) or 201-693-6705
“Regular” Thursday hikers will receive a group e-mail from leader by Tuesday for location, time and other details of hike. Others can contact the leader by 7 PM on Wednesday. No beginners please.

Saturday, 9/24    Pyramid Mountain        B 5 B
Jeffrey Sovelove Hiker_Dood@yahoo.com
This will be a 4-5 mile loop hike past Tripod Rock using a variety of trails. There is quite a bit of elevation change and significant climbing. See the Morris County Parks web site www.morrisparks.net/asparks/pyrmtmntain.asp for directions and info. Bring lots of water and a light snack. Meet in the Visi-

Pre-registration is advised in case of a change in schedule.
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Welcome New Members!

Mike Fuchs – Ringwood NJ
Brian Ostermann – Toms River NJ
Judy Kossover – Tuxedo NY
Stacey Walnicki – Monroe NY
Edward Palmese – Ronkonkoma NY (affil)
Harry Stefandel – Sparrow Bush NY
Sara & Christopher Sargente – Port Jervis NY
Peter Reynolds – Sussex NJ
Michelle Loreti – Branchburg NJ
Kimberly La Scala – Franklin Lakes NJ
Michael Jessie – Plainfield NJ
David Hultgren – Monroe NY
Kelly & Mike Flynn – High Bridge NJ
Nancy Edlund – Stony Point NY
Kathy & David Easton – Maplewood NJ
Richard Dowling – Valley Cottage NY
Christina & Stephen Brennan – Westfield NY
Howard Baumstein – Flushing NY
Donald Baumstein – Tenaclly NJ
Karin & Keith Anser – Warwick NY
Judith & Stephen Wolf – Upper Montclair NJ
Douglas & Paula Lawrence – Kinnelon NJ
Linda Lyons & Christopher Kunkel – Oradell NJ
Rudy Kircher – Hillsborough NJ

Welcome Back
Patricia & Kenneth LaPensee – Hampton NJ
Ron Knott – Ridgewood NJ
Lance Evans – Tarrytown NY
Diane & Larry LaReau – Mount Tabor NJ
Mary Bowen & Donald Lipkin – New York NY
Judith King – Jackson Hgts NY
Carolyn Hollingsworth – Valley Cottage NY

Parking Fees:
Summer is here and with it come those pesky parking fees. Many of the places we meet for hikes during the year charge parking fees between Memorial Day and Labor Day; some only on weekends and some every day. In Harriman for example Fees are charged at the Silver Mine and Anthony Wayne parking lots. Nyack Beach and Bear Mountain are also charging fees, among others. However senior New York State residents can park free on non-holiday weekdays. This is a good reason to carpool to a hike! You can save cash, save gasoline and give the environment a break!

Pre-registration is advised in case of a change in schedule.

NJR members with Paul Tappenden as he harvests a young milkweed plant which is edible and tastes similar to asparagus
Spring in the Harrimans

A Facebook Page...

BY Jeff Sovelove, Vice Chair

For some time now the board has been considering ways to keep our members informed and up-to-date with what’s going on in our club. How do we reach out to our members to let them know about hikes and events? How do we keep our members engaged? And of course how do we publicize our club to attract new members? In order to accomplish all of this we are trying an experiment—social media. Many of you already use it to keep in touch with family and friends, so now you can keep in touch with NJR as well.

We now have a Facebook page! Stay informed and interact with fellow members of our chapter through our experiment in social media. With your browser go to: www.facebook.com/pages/North-Jersey-Ramapo-ADK/113791815368324. If you don’t have a Facebook account you can view our page to keep up to date with others in the North Jersey-Ramapo Chapter. You will not be able to interact via Facebook if you don’t have an account. If you do have a Facebook account be sure to “Like” us, share hiking photos, news, and learn what’s happening with our club. To be sure you see all of our news from your home page click on “Most Recent” newsfeed then “Edit Options”. Select “Show posts from: All of your friends and homepages”. Then click “save”. That’s it. Feel free to log-in frequently and share your favorite hiking moments with us.

...and a Group!

We also have a Yahoo Group that we can use to communicate schedule changes and additions to our members. Be sure to join to keep up-to-date. With your browser go to: groups.yahoo.com/group/North_Jersey-Ramapo_ADK/ You don’t need a Yahoo account to join our group, just a valid email address. You must be an ADK member to join. This group is for hiking related information only and it’s a moderated group; the moderators must approve all new members. The moderators must approve all messages before they are sent to the group. Any hikes added through the Yahoo group are not official ADK hikes and as such are not covered by our liability insurance. Be sure to join and configure your alerts. You can select to receive each individual message, a daily digest, or nothing via e-mail. You can always check our group on the web to see if there are any updates if you prefer not to receive e-mails.

See you on the trails and the Web!

NJR Continues Land Preservation Efforts

by Chris Connolly

For the second year in a row, NJR is contributing to the preservation of open space trail corridors in New York. Last year, our Chapter assisted in the purchase of private land west of the Hudson along which the Long Path traverses. This year, in allocating donations of $2,000 to the NY-NJ Trail Conference and $1,500 to ADK, the NJR Executive Committee has decided to aid preservation of open space east of the Hudson.

Specifically, $1,000 of the funding to the Trail Conference is dedicated to the purchase of a privately-owned land parcel in Putnam County that, along with several other parcels, will help connect Hudson Highlands State Park to the south with Fahnestock State Park to the north. The ultimate goal is to extend the Highlands Trail along this land corridor through both parks on its projected pathway to the Connecticut state border. The prospective purchaser is Hudson Highlands Land Trust (HHLT) based in Garrison. HHLT is seeking financial partners to contribute to the purchase price, and the Trail Conference has indicated interest in being such a partner. NJR’s donation will be used by the Trail Conference’s Land Acquisition & Stewardship Fund to partner with HHLT in conserving trail corridor land.

The NJR Executive Committee believes that preservation of open space trail corridor lands is a key priority, and hopes to build on these land preservation efforts in its future grant-making allocations.

Richard Zinn Honored for Distinguished Service

The NY-NJ Trail Conference honored long-time Chapter member Richard Zinn with a Distinguished Service Award for his many volunteer activities on behalf of the Conference. 87 years young, Richard has worked in the Trail Conference office over the last dozen years assembling map sets (estimated in the tens of thousands) to ready them for sale. As noted in his award citation, “Richard is a consummate volunteer and a tremendous asset to the Trail Conference and the hiking community.” Congratulations, Richard!
### Dates to Remember!

**Saturday, September 10th**  
**Mohonk Day**  
Spend the day at Mohonk Mountain House. Hike, stroll, enjoy the ambience. Dinner included as part of the day, $55 per person. RSVP by August 30th.  
See newsletter for details.

**Thursday, September 22nd**  
Club meeting and presentation: **Orphan Train Riders**.  
Tom Riley, author and lecturer, will present a fascinating program about the unknown Orphan Train Riders.  
Nanuet Public Library, Nanuet, NY, 7:30 PM.  
Read more in the newsletter.

**Friday, October 21st - Sunday, October 23rd**  
**ADK Fall Weekend, Straus House, Claryville, NY.**  
From Friday afternoon until Sunday after lunch. Great Catskill hiking and fine food. $295 per person. Register by October 1st as space is limited.  
See more information in the newsletter.

### Hiking Together

*By Janet Cohen*

No matter the weather.  
To breathe in the fresh air  
that is so great,  
And appreciating my hiking friends  
that are really first rate.  
In winter eyes tearing, nose running,  
a clean dry handkerchief  
we've always got,  
A good sense of humor  
is what counts a lot.  
The years go by, they seem to fly.  
But who cares about the years.  
About that I think we have no fears,  
A little forgetfulness,  
a few more aches and pains  
here and there,  
But my hiking buddies are the best,  
to me they're so dear.