A Message From the Chair

Elections have consequences, so by the time you read this we will have a new chair and vice chair. I’ll be gone (not completely gone, just back to webmaster). The tradition in the Ramapo chapter was that the chair serves only one two-year term, then the vice chair moves up and we get a new vice chair. It’s not in the bylaws (you can find the bylaws on our web site), but we have continued it in the North Jersey Ramapo Chapter. This tradition has served us well in the past and assures regular refreshing of the leadership. No one gets burned out (well, it’s not really a high-pressure job, so that’s not much of a risk) and we get new leaders with new ideas. Changing the leadership also keeps the rest of the executive committee on their toes!

Speaking of the executive committee, I hope you all stay on and help Jeff and Karen the way you helped me by being very competent and doing your jobs very well. That makes being chair easy. Usually there’s very little for me to do besides chair the executive committee meetings and write this message four times a year.

The last two years have been interesting and fun (and the two years before that as vice chair!). This is the last time I’ll write this message and I want to thank everyone on the board for making it such a pleasure. And I’d like to wish that our new chair Jeff Sovelove and vice chair Karen Rose have an equally interesting and pleasant experience.

Richard

“LEARNING WITH LUNCH” at Next Chapter Meeting

On Friday, March 22, 2013 we will have our next meeting at the Nanuet Public Library, but with a completely NEW LOOK. Our get together will begin with lunch (bring your own) at 12 noon. The Club will provide beverages and dessert. At 1 PM, Tom Austin, author, artist, and musician, will present a program about “Bill Miller’s Riviera: America’s Showplace” that was located in Fort Lee, New Jersey. Austin is co-author of a book that captures a bygone era and he will relate stories that he experienced as the son of a backstage special police officer at this once famous nightclub.

The Riviera employed many of the great entertainers of that time including Frank Sinatra, Lena Horne, Sammy Davis Jr., Tony Martin, Jerry Lewis, and Jackie Gleason. Austin’s father would take him backstage after the show and also showed him a hiding place where he could see the performers. The Riviera closed in the 1950’s when Las Vegas became the new entertainment hot spot. Join us for lunch and lecture; bring friends and family for this fascinating presentation.

Suzan Gordon
Program Chair
HIKER’S GUIDE

RESPONSIBILITIES - Hikers with children under 16 and new hikers are required to contact the hike leader in advance to determine if the hike is suitable for them. Minors under 16 are welcome on day hikes when accompanied by a parent or guardian. No person under 18 shall participate in overnight outings unless accompanied by a parent or adult sponsor over 21. The hike leader may refuse to allow a person to hike who is judged to be poorly equipped or unable to do the published hike. Pets are not permitted on hikes unless the hike description clearly states that it is “dog friendly”. Non-members are welcome on two hikes after which ADK membership is required. Participants should get to the hike at least 10 minutes prior to the starting time.

RISKS - As with all physical activities, hiking involves hazards. Persons participate at their own risk and will be asked to sign a statement acknowledging that fact before starting the hike. Prior to the hike please advise the leader of any medical condition or physical liability that could affect you during the hike.

FOOTWEAR AND CLOTHING - Wear clothing suited to the weather and carry extra garments for unexpected weather conditions. Dress in thin layers so that you can adjust the number of layers as required to maintain comfort. In winter carry a wool cap and wool or polypropylene gloves or mitts and a windproof shell. Be prepared for rain. Bring a rain jacket and rain pants, preferably of the type that permits venting body moisture. Wear comfortable, sturdy boots. Do not wear cotton garments in winter.

DRINK AND FOOD - Adequate hydration is important year round. Drink frequently during the hike. Carry food to enjoy during the midday lunch stop.

DOG-FRIENDLY HIKES - All hikers with dogs must abide by park leash regulations.

HIKE RATINGS - represent the Pace, Distance and Terrain covered during the hike. A hike’s rating is determined by the hike leader.

- PACE:  
  A - fast - 2.5 mph or faster  
  B - moderate - about 2 mph  
  C - easy - 1.5 mph or less  

- DISTANCE: is given in miles as noted

- TERRAIN:  
  A - Strenuous, long ups and downs, some rock scrambling possible.  
  B - Moderate ups and downs as occur typically in Harriman.  
  C - Generally flat with little elevation change.

MAPS - The TC number indicates a NY-NJ Trail Conference map for the area of the hike. For example: TC-118 refers to the Southern Harriman Park map.

ABBREVIATIONS -  
NCA-No Calls After . . . ,  
Pref.- Leader’s contact preference.

EXPENSE SHARING - When car-pooling, passengers are expected to offer the driver funds sufficient to cover the cost of fuel, tolls and parking fees. A $3.00 minimum per person is recommended. Most hike trailhead meeting locations can be found on NY-NJ Trail Conference maps.

HIKE CANCELLATION POLICY - Sometimes an illness, injury or other unforeseen problem will make it impossible for a hike leader to lead his/her hike as announced in the schedule. When this happens the leader should first try to find a substitute leader so the hike can proceed. The hike schedule chair person or any club officer can assist if necessary. If no substitute leader can be found then the leader or a substitute should appear at the hike meeting place to inform hikers of the situation. If a qualified leader volunteers, he/she should be given the sign-in sheet and the hike can proceed as scheduled. If the hike is one that requires preregistration, the leader must inform all who registered of the change by phone or e-mail.

ADK STICKERS

Stickers for your car windows are available by contacting Phyllis Key at pkeyhiker@juno.com or Laurie Schweighardt at laurie@adk.org. There is NO charge for the stickers. Be sure to give your full name and address so they can be mailed to you!

ADK NORTH JERSEY RAMAPO CHAPTER

385 N. Franklin Tpke, Box 7, Ramsey NJ 07446
For information: info@hudsonhikers.org
www.hudsonhikers.org/catskills.html

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TREASURER - Marcia Greenwald
201-797-7541 treasurer@hudsonhikers.org
SECRETARY - Fred Hodde
973-728-3223 secretary@hudsonhikers.org

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HIKE SCHEDULE • WINTER 2013 • JANUARY • FEBRUARY • MARCH

Tuesday, 1/1  Happy Harriman New Year  B 7 B  
Chris Connolly  c.connolly7@verizon.net  201-321-6605  
Start off 2013 in style, hiking in Harriman. Precipitation cancels.  
Meet 10 AM Reeves Meadow parking area. TC map 118. Please register for this hike.

Thursday, 1/3  In The Woods  B/C 5/7 B  
Richard Sumner  rls@rsumner.com  845-362-8470  
Harriman or other nearby parks. Call or e-mail for details the week of the hike. Pace may be B or C depending on my knees, the group and the weather. Details will also be posted on FaceBook and the Yahoo group.

Saturday, 1/6  Rt. 106 Circular  B 6 B+  
Chris Connolly  c.connolly7@verizon.net  201-321-6605  
Cardiovascular up and down Carr Pond, Parker Cabin, Tom Jones and Black Rock Mts. Precipitation cancels. Meet 10 AM at White Bar Parking Area on Rt. 106. TC map 118. Please register for this hike.

Saturday, 1/12  Iron Mountain And Mines  B 7 B  
Dean Gletsos  845-354-0738  
Meet 9:30 AM at the Ladentown Hiker Parking Area on Diltz Rd. off Rt. 202 in Ladentown. We will use regular, old roads, and unfre-quent trails to nice view points and to visit two old iron mines. Inclement weather cancels. If in doubt call leader. Use of snow shoes or traction devices may be necessary. TC map 118.

Sunday, 1/13  Long Path From Long Mountain Parkway  B- 6 B  
Deanna Felicetta  felicetta.deanna@gmail.com  845-216-2021  
Moderate hike on the long Path from Route 6 (Long Mountain Parkway) to Stockbridge Shelter. Pleasant rolling trail gives hikers time to enjoy Harriman woods in winter. Should snow fall we will snowshoe this hike. Inclement weather cancels. TC map 119. E-mail until Thursday late afternoon before hike. Call after that time. Please leave full name and a contact phone number to register.

Thursday, 1/17  Silvermine Circular  B 6 B  
Chris Connolly  c.connolly7@verizon.net  201-321-6605  
Harriman loop along Menomine, LP and AT. Precipitation cancels. Meet 10 AM at Silvermine Parking Area. Please register for this hike. TC map 119.

Saturday, 1/19  Jockey Hollow Grand Loop  B 5 B  
Jeffrey Sovelove  Hiker_Dood@yahoo.com  
We will hike the Grand Loop at Jockey Hollow National Park in Morristown. See www.nps.gov/morr/planyourvisit/directions.htm for directions and information. Meet at the visitors’ center at 10 AM. Inclement weather cancels. Stabilizers, crampons or snowshoes required if appropriate for the conditions. Optional lunch at a local eatery if we get done in time. Joint ADK/Sierra Club hike.

Sunday, 1/20  Elk Pen to Lemon Squeeze and Beyond  B 6 B  
John Roebig  jhroebig@gmail.com  845-357-4538  
We will do a loop hike in Harriman originating out of the Elk Pen parking lot off Arden Valley Road. The trip will depend on conditions, but most likely to Lemon Squeezer and perhaps to Greenwood Mine and return to Elk Pen. Meet at 10:00 AM at the Elk Pen Parking Area near the kiosk. Snowshoes or microspikes may be required. Precipitation or forecast of same cancels. E-mail or call for directions. Call or e-mail (pref.) to register for hike. TC map 119.

Thursday, 1/24  In The Woods  B 6/8 B  
Paul Margiotta  pjmm11@verizon.net (pref.)  201-693-6705  
Active Thursday hikers will receive a group e-mail from leader by Tuesday for location, time, and other details of hike. Others can contact the leader by 7:00 PM on Wednesday. No beginners please.

Saturday, 1/26  Limekiln And Iron Mountain Adventure  B 8 B  
Dean Gletsos  845-354-0738  
Meet 9:30 AM at the Ladentown Hiker Parking Area on Diltz Rd. off Rt. 202 in Ladentown. We will use regular trails and old roads to take us to unusual places visiting one old iron mine. Inclement weather cancels. If in doubt call leader. Use of snow shoes or traction devices may be necessary. TC map 118.

Sunday, 1/27  Osborn Loop  B 7 B  
Chris Connolly  c.connolly7@verizon.net  201-321-6605  

Thursday, 1/ 31  In The Woods  B 6/8 B  
Georgette Fazzari  grfhiker@gmail.com (pref.)  551-265-2369  
(NCA 9pm)  
Contact leader the week of hike for details and to register.

Saturday, 2/2  SBM From The Equestrian Center  B 6.5 B  
To Kakiat Park  
Peter Reiner  psr7777@gmail.com  845-323-7697  
Meet 9 AM at Kakiat Park parking lot located three miles east of downtown Suffern off Route 202 in Montebello. We will shuttle to the Equestrian Center also off Route 202. Hiking on the Pine Meadow and SBM trails to the Kakiak Trail, with a possible side trip to Pine Meadow Lake. Contact hike leader to register. TC map 118.

Sunday, 2/3  Naomi Is 80 Hike  B 7 B  
David Sutter  dsutt@aol.com  
Pittsboro and all the old cars. E-mail leader for meeting place and time. Precipitation may cancel. Joint with AMC.
HIKE SCHEDULE • WINTER 2013 • JANUARY • FEBRUARY • MARCH

Thursday, 2/7    In The Woods  B/C 5/7 B
Richard Sumner     rls@sumner.com     845-362-8470
Harriman or other nearby parks. Call or e-mail for details the week of the hike. Pace may be B or C depending on my knees, the group and the weather. Details will also be posted on Facebook and the Yahoo group.

Sunday, 2/10   Ramapo Reservation  B 8 B
Reena Mancuso  reenamaybe@gmail.com  914-391-3886
Nice loop with three strenuous climbs. Not for beginners. Meet at 10 AM in parking lot on Rt. 202 at the Ramapo Reservation. Nasty weather cancels. TC map 115.

Thursday, 2/14   Sterling Lake Pine Meadow Loop  C+ 5 B
P. Tilgner, S. Gordon  browning.27@verizon.net  201-871-3531 or 201-546-0509 (C)
Meet 10 AM at the Sterling Forest Visitor Center Upper Parking Lot. Our loop around Sterling Lake will include the Pine Meadow Trail. Snowshoes and/or traction devices may be necessary. Inclement weather or unsafe road conditions cancels hike. Please register for this hike. TC map 100.

Saturday, 2/16   Patriots Path Stroll  C 3/5 C
Jeffrey Sovelove  Hiker_Dood@yahoo.com
Take an easy stroll on Patriots Path in Morristown. This 3 - 5 mile stroll will start out from the Speedwell Lake parking lot at 10 AM across the street from historic Speedwell. See the Morris County Parks web site (www.morrisparks.org/) for directions. The path is wide, partly paved, partly crushed stabilized gravel with very little in the way of elevation gains. Please bring plenty of water and a light snack. Great for beginners. Inclement weather cancels. Stabilizers, crampons or snowshoes required if appropriate for the conditions. Optional lunch afterwards. Joint ADK/Sierra Club hike.

Sunday, 2/17   Reeves Meadow to Ramapo Torne  C 7 B+
John Roebig  jroebig@gmail.com  845-357-4538
We will do a loop hike in Harriman originating out of the Reeves Meadow parking lot off Seven Lakes Drive. The trip will depend on conditions but most likely we will start on Seven Hills Trail and then on to the Hillburn-Torne-Sebago Trail to Ramapo Torne and perhaps to Diamond Mt. and return to Reeves Meadow. Meet at 10 AM at the Reeves Meadow Parking Area. Snowshoes or microspikes may be required. Precipitation or forecast of same cancels. E-mail or call for directions. Call or e-mail (pref) to register for hike. TC map 118.

Thursday, 2/21   Hike at Bear and West Mountains  B+ 7 B
Deanna Felicetta  felicetta.deanna@gmail.com  845-216-2021
Enjoy this lovely section of park at Bear Mountain. Exact route will be determined by snow on trails and parking availability at this winter season. Microspikes or similar footwear essential. Snowshoes will be used if snow permits. Inclement weather cancels.

Thursday, 2/28   In the Woods  B 5/8 B
Debbie Bell  deb2@columbia.edu or 845-358-8386 (NCA 9 PM)
Varied terrain in Harriman or nearby parks. Contact leader for hike details.

Sunday, 3/3   Hike Slide Mountain In The Catskills  B 7 A
Deanna Felicetta  felicetta.deanna@gmail.com  845-216-2021
This 4180 foot is a required winter hike for 3500 Club peak baggers. Traction devices are essential. Snowshoes will be used if snow permits. Dress warm. Bring water and perhaps hot tea or soup for snack time. Inclement weather cancels. Experienced hikers only. E-mail until Thursday late afternoon before hike. Call after that time. Please leave full name and a contact phone number to register. TC map 119. E-mail until Thursday late afternoon before hike. Call after that time. Please leave full name and a contact phone number to register.

Thursday, 3/7   In The Woods  B 6/8 B
Paul Margiotta  pjmm11@verizon.net (pref)  201-693-6705
Active Thursday hikers will receive a group e-mail from leader by Tuesday for location, time and other details of hike. Others can contact the leader by 7:00 PM on Wednesday. No beginners please.

Thursday, 3/7   Rockland Lake  C 3 C
Louise Parnell  parnelljt@optonline.net  845-290-5287
Meet 10 AM at parking lot #1 near the swimming pool. Use the northern entrance on 9W & Lake Rd. in Congers. If there are any questions call. TC map 110.

Sunday, 3/10   Daylight Savings Time Begins

Pre-registration is advised in case of a change in schedule. Changes will be posted on facebook and the Yahoo group.
HIKE SCHEDULE • WINTER 2013 • JANUARY • FEBRUARY • MARCH

Sunday, 3/10  Winter Hike In Harriman  B 5/7 B
Karen Rose   kkarose@aol.com  201-962-8546  (must e-mail or call to register)
Meet 10 AM at Reeves Meadow Visitor Center. Experience the beauty of winter in Harriman Park. Route determined by weather conditions. Must have traction devices or snowshoes. Dangerous driving conditions cancel; call if weather uncertain. TC map 118.

Thursday, 3/14  Johnsontown Circular  B 5/6 B
Fred Hodde  Bullwnkl1@aol.com  973-728-3223 (H) or 973-722-7824(C)
Meet at the Johnsontown Circle at 9:30 AM. The planned route will be on the Blue Disc, Victory and White Bar trails. Come appropriately prepared (i.e. traction devices as needed) for winter hiking. Registration by e-mail preferred. Call cell before 9:00 AM if the weather is questionable. TC map 118.

Saturday, 3/16  Lewis Morris Park  B 5 B
Jeffrey Sovelove  Hiker_Dood@yahoo.com
We will start at Sunrise Lake, then hike to the upper parking lot and back down to the lake using a combination of the Yellow and Red trails. See the Morris County Parks Commission web site www.morrisparks.org/aspparks/lmdir.asp for directions. Bring lots of water, lunch. Meet in parking lot at 10 AM. Inclement weather cancels. Stabilicers, crampons or snowshoes required if appropriate for the conditions. Joint ADK/Sierra Club hike. TC map 108.

Thursday, 3/21  In The Woods  B/C 5/7 B
Richard Sunner  rls@sumner.com  845-362-8470
Harriman or other nearby parks. Call or e-mail for details the week of the hike. Pace may be B or C depending on my knees, the group, and the weather. Details will also be posted on FaceBook and the Yahoo group.

Thursday, 3/21  Hessian Lake  C 3 C
Louise Parnell  parnelljt@optonline.net  845-290-5287
Meet 10 AM in the Bear Mt. parking lot near the newly renovated lodge. Enjoy a walk around Hessian Lake. TC map 119

Friday, 3/22 at 12 noon LUNCH and LEARN

Pre-registration is advised in case of a change in schedule. Changes will be posted on facebook and the Yahoo group.

Chapter Meeting, Nanuet Public Library
Tom Austin will present a program about the once famous Riviera Night Club on the Palisades.

Sunday, 3/24  Winter Hike In Ramapo Valley Reservation  B 5/7 B
Karen Rose  kkarose@aol.com  201-962-8546  (must e-mail or call to register)
Meet 10 AM at Ramapo Valley Reservation Parking lot on Rt. 202. Get out to enjoy winter. Route determined by weather conditions. Must have traction devices if ice or snow.

Thursday, 3/28  State Line Lookout  C 3 C
Louise Parnell  parnelljt@optonline.net  845-290-5287
Meet 10 AM at the State Line Lookout parking lot after Exit 3 on the north bound Palisades Parkway. We will walk Old Route 9W and enjoy the views. TC map 109.

Thursday, 3/28  Indian Hill Loop From Hall Drive  B 5.5 B
P. Tilgner, S. Gordon  browning.27@verizon.net  201-871-3531 or 201-546-0509 (C)
Starting from Hall Drive off Orange Turnpike we cross Mombasha Creek on the Wildcat Mt. Trail to its end at the Furnace Trail. We hike the Furnace to the Indian Hill Loop with views to the east and return. Meet first at the defunct Red Apple Rest north parking area on Rt. 17. From there we make a short drive to our trail head parking on Hall Drive. Inclement weather cancels. Traction devices may be needed. Please register for this hike. TC map 100.

Saturday, 3/30  Long Path From Rt. 6  C 5/6 B
Denis and Joan Kmiec  Kmiec20@yahoo.com  845-634-1397
(NCA 9 PM)
We take the Long Path south to the Menomine Trail to Nawahunta Lake for lunch. We return on the Nawahunta Fire Rd. and LP. Out by 1:30 PM. E-mail or call for directions. Meet at 10 AM Rt. 6 Long Path crossing Hikers Parking Lot. Rain, ice, snow cancels. If in doubt call or e-mail before 8:00 AM. TC Map 119.

Sunday, 3/31  Bare Rock Vista  B 6 B
Fred Hodde  Bullwnkl1@aol.com  973-728-3223 (H) or 973-722-7824(C)
We'll meet at the upper parking lot for the Sterling Forest Visitor's Center at 9:30 AM. The route will be dependent on trail conditions. If all goes according to plan, we'll start with a climb to the Sterling Forest Fire Tower. The main goal will be enjoying lunch and the view from Bare Rock Vista. Come appropriately prepared (i.e. traction devices as needed) for winter hiking. Registration by e-mail is preferred. Call 973-722-7824 before 9:00 AM if the weather is questionable. TC Map 100.
Enjoy Winter Hiking

by Peter Reiner

Hiking is an enjoyable activity in any weather, but winter hiking when our parks are covered in snow and ice can be a magical experience. Snowshoeing in two feet of snow is great exercise and fun! Ice-covered trees glistening in the sunlight are spectacular. But winter hiking requires a few more preparations than in the summer. By following a few simple tips, you can be ready in any winter weather. These tips are designed to keep you safe and going strong even in very cold weather.

Dress in several thin layers, but avoid cotton because it loses the ability to insulate when damp. Choose clothing you can take off and put back on separately. When it’s below freezing wear long underwear made from polypropylene over which you wear lightweight pants made of a water-proof and breathable material. On top, start out with a short-sleeved teeshirt (polypropylene), top it with a long-sleeved, thin fleece shirt, add a turtleneck sweater and finish up with a jacket made from lightweight and breathable material. Remember to wear a warm hat or balaclava. In very cold weather a balaclava is perfect for keeping nose and ears protected from wind, snow and rain. It also prevents heat loss from your head. Insulated gloves or mittens and hand-warmers will keep your fingers warm and flexible. Insulated and waterproof hiking boots will keep your feet warm and dry. Add gaiters to keep the snow out, and toe warmers if you need them. To stay upright on icy trails you need some sort of traction device under your boots. Strap-on crampons are the minimum; you should never hike in the winter without them or their equivalent.

Bring food and water. Remember that during a winter hike your body burns more calories (keeping you warm) and you require more nourishment than during a summer hike. Bring plenty of food and plan on stopping frequently and replenishing your energy by eating small snacks. Bring enough water and a thermos of hot tea or chocolate to warm your insides at lunch.

I’ll be out hiking this winter and I hope you will too.
Reflections From A Newbie ADK Member

by Linda Lynwander

I just joined ADK, and as an official member, I will soon get my membership card. I’ve already splurged on trekking poles and a hot water thermos. I’m in it for the long haul! Before joining the club, my only hiking experiences were at Ramapo Reservation near my home with my friend Ellie and my dog Hudson. We’d meet in the parking lot and then slowly meander over one or two of the trails. To say that we were slow would be an understatement; you know how it is when best friends who haven’t seen one another for a week finally get together. We’d chat, Hudson would romp, and coincidentally we’d enjoy the beauty of nature. I never dreamed there were organized hiking clubs with leaders and schedules and officers and newsletters. In fact, friends of mine from the UK who belong to the Ramblers kept telling me there must be hiking clubs in the USA as well. I’d tell them no, there weren’t any.

So you can imagine my surprise when a Google search a few months ago turned up several local clubs complete with schedules, missions, bylaws, and leaders. Here I was a new widow looking to expand myself and these groups seemed the ideal way to do it. It was just by chance that I decided to join ADK (I’m mighty glad I did) for my first formal experience with hiking. I’d like to say that I chose this club because of its reputation but in truth ADK’s mid-week hike out of Skyline Drive in Ringwood was fairly close by so I opted for that one. I couldn’t get any of my friends to go with me so I came alone.

As soon as I arrived in the parking lot I was welcomed by several hikers who seemed genuinely glad to see me. Boy, did that make me feel good! I’m somewhat outgoing but still, this was a new experience I was walking into. I didn’t look too put-together either since I had no poles, brought barely anything to eat or drink, and had on hiking shoes that had seen better days. But that didn’t matter. We hiked up to the boy scout camp and around and back down again. I never saw so many fit people! I was near the back of the line, neck and neck with the sweep. He made gentle suggestions about how to get around some of those fallen trees as well as to comment on just how well I was doing.

I felt great after the hike. Wow, I’d made it through 6 miles with no scratches on me. As I write this I’m happy to report I’ve taken 2 more hikes. Again it was me toward the back of the line but I really don’t care. I’m out in fresh air meeting new people, learning new information. It’s a lot of fun. That’s why I decided to pay my dues and thus join all of you. Can’t say I’ll ever be the leader of a group or even near the front of the line but I intend to come out with you a few times a month at least and enjoy myself and learn about the paths around this lovely part of the country we live in. Thanks for including me, those of you whom I’ve met so far. I look forward to making many new friends.

Joachim Oppenheimer, MD

by Betty Heald

On August 15, 2012, a charter member of the North Jersey Chapter of ADK passed away. Dr. Joachim (Joe) Oppenheimer had been ill for several years. He leaves his wife, Lila, two daughters, Joan and Gail, and 5 grandchildren.

Dr. Oppenheimer was born in Germany in 1924 and the family emigrated to the USA on the Bremen in 1934. He and a younger brother grew up in Washington Heights with Inwood Park as their playground. On weekends his dad and he would take the ferry across the Hudson to hike on the Palisades and Joe would often bring blackberries to his mother.

Joe loved the Adirondacks because they reminded him of the beautiful winter woods near Stuttgart where they stayed at the American Consulate while awaiting emigration. Joe attended Bronx Science where he developed a life-long interest in photography. Twelve years ago he “showed” in Germany. After serving in WW II in the Pacific Theater he attended college, then med school. It was at college that he and Lila met. They settled in Glen Rock, NJ where he practiced.

In the 1970’s the Oppenheimers were among the regulars on weekend hikes, and in the winter, X-country skiing. The regulars included: Marilyn and George Adair, Mimi and Hal Cohen, Ed Fanslau, Sue and Jack Morrison, Grace and Fred Sisto, and June and Gene Slade. Joe was also an original member of the “Wednesday” group. Lila says he never really took his “Drs. Off” Wednesdays until he began hiking with them. He and Lila enjoyed world-wide travel in their later years. A memorable excursion was climbing Mt Fuji.
Dates to Remember!

Friday, March 22nd 12 noon
CHAPTER MEETING, 
Nanuet Public Library
LUNCH and LEARN

Tom Austin, will present a program
about the once famous night spot, the
RIVIERA NIGHT CLUB. He will relate stories from personal
experience as he viewed the performers on stage and off
as a 13-year-old boy and son of the special police officer
on duty for each show.

See Page 1 for details.

Welcome New Members!

Donna & Edward Dowd – Ridgewood NJ
Kyle Kubs – Wharton NJ
Amy McCann – Hewitt NJ
Philip Zurek – Denville NJ
Joanne & Jim DeLillo – Oakland NJ
William Goldstein – Orangeburg NY
Pamela Lebeaux – Princeton NJ
Sandra Weaver – New City NY
Christine & Philip Mousin – Teaneck NJ
Vincent Chan – Montville NJ
James Dibble – Elizabeth NJ
Elana Harmon – Fair Lawn NJ
Margaret Sargente – Staten Island NY
Rita Blacker – Ridgewood NJ
Phyllis & Robert Lindquist – White Haven PA
Harriet Einschlag – Fair Lawn NJ
Menachem & Hadassah Perl – Monsey NY
Hardajeet Lobana – E. Rutherford NJ
Derick Gilmour – Pomona NY
Ira Rifken – Nanuet NY
Nicole Dion – Carlstadt NJ
Daphne & Michael Downes – Sloatsburg NY
Eileen Griffths – Newton NJ
Tamar Lopez – East Windsor NY
Linda Lynwander – Ridgewood NJ
Tara Lyn Romagnoli & George Schaberg – Newton NJ

www.hudsonhikers.org