

OUTINGS SCHEDULE • SUMMER 2020 • JULY • AUGUST • SEPTEMBER

HIKER'S GUIDE

RESPONSIBILITIES – All hikers are required to contact the hike leader in advance to register for the hike. The hike leader will help determine if the hike is suitable for you if you are unsure. The hike leader may refuse to allow a person to hike who is judged to be poorly equipped or unable to do the published hike. Participants should get to the hike at least 10 minutes prior to the starting time.

Due to the pandemic, until further notice no children or non-members will be permitted on ADK-NJR hikes.

RISKS - As with all physical activities, hiking involves hazards. Persons participate at their own risk and will be required to sign a statement acknowledging that fact when registering for the hike. Prior to the hike please advise the leader of any medical condition or physical liability that could affect you during the hike.

FOOTWEAR AND CLOTHING - Wear clothing suited to the weather and carry extra garments for unexpected weather conditions. Dress in thin layers so that you can adjust the number of layers as required to maintain comfort. In winter carry a wool cap and wool or polypropylene gloves or mittens and a windproof shell. Be

prepared for rain. Bring a rain jacket and rain pants, preferably of the type that permits venting body moisture. Wear comfortable, sturdy boots. Do not wear cotton garments in winter.

DRINK AND FOOD - Adequate hydration is important year round. Drink frequently during the hike. Carry food to enjoy during the midday lunch stop.

Both alcohol and smoking are prohibited on all ADK-NJR hikes.

HIKE RATINGS - represent the Pace, Distance and Terrain covered during the hike. A hike's rating is determined by the hike leader.

PACE: A - fast - 2.5 mph or faster
B - moderate - about 2 mph
C - easy - 1.5 mph or less

DISTANCE: is given in miles as noted

TERRAIN: A - Strenuous, long ups and downs, some rock scrambling possible.
B - Moderate ups and downs as occur typically in Harriman.
C - Generally flat with little elevation change.

CEG – stands for Cumulative Elevation Gain: an estimate of the sum of all the uphill portions of the hike.

MAPS - The TC number indicates a NY-NJ Trail Conference map for the area of the hike. For example: TC-118 refers to the Southern Harriman Park map.

ABBREVIATIONS - NCA-No Calls After . . .
Pref.- Leader's contact preference.

DOG-FRIENDLY HIKES - Pets are not permitted on hikes unless the hike description clearly states that it is "dog friendly". All hikers with dogs must abide by park leash regulations.

HIKE CANCELLATION POLICY - Sometimes an illness, injury or other unforeseen problem will make it impossible for a hike leader to lead his/her hike as announced in the schedule. When this happens the leader should first try to find a substitute leader so the hike can proceed. The hike schedule chair person or any club officer can assist if necessary. If no substitute leader can be found then the leader or a substitute should appear at the hike meeting place to inform hikers of the situation. If a qualified leader volunteers, he/she should be given the sign-in files and the hike can proceed as scheduled. The leader must inform all who registered of the change by phone or email.

Thursday, 7/16 Lake Nawahunta & Stockbridge Mt B 6 B
9:00 AM CEG 800 ft
Paul Margiotta 201-693-6705
pjmm11@verizon.net (pref.) (cell - day of hike)
Meet at the southerly end of Silver Mine Lake parking off Seven Lakes Drive. The hike will be on the Menomine Trail, Long Path and Nawahunta Fire Road, with lunch at Lake Nawahunta. TC Northern Harriman Trails map 119.



Photo courtesy of Peter Tilgner

Saturday, 7/18 Catfish Loop/Chimney Top, B 6.5 B
7:00 AM Fahnestock
Mary Gelber 917-922-3203
mlgel91@aol.com (pref.) (NCA 9PM)
Meet at Catfish Loop Trailhead (GPS parking coordinates 41.420722, -73.868799 or type "Parking, Dennytown Rd, Putnam Valley, NY" into GPS). The trail is moderate but interesting with a good view from Chimney Top, several hilly spots, ledges, boulders, small streams and rock walls, and lots of shade. Lunch at Duck Pond. TC East Hudson Trails map 103.

Sunday, 7/19 Palisades Summer Variations #1 B 7/8 B
10:00 AM
Margo Moss 201-568-5325
acephoto@verizon.net (landline)
Meet at designated parking in Englewood Cliffs (email leader for details). We will hike the Long Path to a lovely nature center where we will enjoy shaded trails with beautiful Hudson River Views. We will keep our eyes out for eagles, turkeys, and a variety of seasonal birds. Heavy rain cancels. Please register by July 16. TC Hudson Palisades Trails map 108.

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Monday, 7/20 Bare Rock - Sterling Forest B 5.5 B
 9:00 AM State Park CEG 700 ft
 Allen Grunthal 862-324-3138
 runbikeskihike@gmail.com (day of hike only)
 Hike to Bare Rock, but not the usual way. Start from the remote small West Valley Trail parking lot just off the south side of NY Rt 17A. Hike West Valley Trail to Bare Rock Trail to Bare Rock (early lunch) and back. Register early as we are capped at 6 hikers. TC Sterling Forest Trails map 100.

Tuesday, 7/21 Mahlon Dickerson Reservation B 6.7 B
 9:30 AM
 Roland Autran (h) 201-886-9119
 autran@msn.com (pref.) (c) 201-699-3388
 Meet at Saffin Pond parking area at 157 Weldon Road, Jefferson, NJ. This hike is very moderate. Severe inclement weather cancels. TC Jersey Highlands Trails map 126.

Wednesday, 7/22 Long Pond Iron Works B 6 B
 8:00 AM
 Ross Linegar 917-319-3166
 linegarross@gmail.com
 Depart from Long Pond Iron Works Visitor Center on Greenwood Lake Tpk. (Rt. 511) in Hewitt, NJ. Hike on the Sterling Ridge Trail, over the bridge to the Hassenclever Trail and then circle around the Monksville Reservoir on the Monks Trail. TC North Jersey Trails map 115.

Thursday, 7/23 Campgaw County Park B- 5.2 B
 9:00 AM CEG 1000 ft
 Geoff Fonseca 845-390-1937
 geofffonseca@yahoo.com
 Meet at the Park Drive parking lot (GPS 41.056182, -74.189971 -- not the ski parking). We hike at an easy pace (B-) on the Dogwood Lane (pink), Hemlock (orange), Old Cedar (Red), Silver, Backslope (yellow) for an early lunch, and return on the Old Cedar (red) and Dogwood Lane (pink) Trails. Rain cancels. TC North Jersey Trails map 115.

Saturday, 7/25 Wildcat Mountain B 9 B
 7:00 AM
 Ross Linegar 917-319-3166
 linegarross@gmail.com
 Depart from the commuter's parking lot at intersection of Routes 17A and 17 (GPS 41.2296200, -74.1842800). We will hike the Wildcat Mountain Trail, Furnace Loop, Indian Hill Loop then return down the Wildcat Mountain Trail. Registration must be via email. P5 parking on TC Sterling Forest Trails map 100.

Sunday, 7/26 Palisades Summer Variations #2 B 8 B
 10:00 AM
 Margo Moss 201-568-5325
 acephoto@verizon.net (landline)
 Meet at designated parking in Englewood Cliffs NJ. (email leader for details). We will hike the Long Path to Huylers Landing, a

beautiful spot where we will have lunch at the water's edge and take the shore path back. We may get lucky and collect beach glass and some interesting shells. Heavy rain cancels. Please register by July 23. TC Hudson Palisades Trails map 108.

Tuesday, 7/28 Doris Duke Loop C 4.5 B
 9:00 AM CEG 700 ft
 Karen Rose (c) 551-804-0358
 kkarose@aol.com
 Early start to beat the heat and be out by about noon. Meet at Doris Duke trailhead parking on Benjamin Meadow Rd. From Rt 17 take 17A. Passing the Renaissance Fairgrounds, Benjamin Meadow Rd will be on your right with trailhead parking .3 miles on left thru a gate. Hike clockwise around the loop with a short detour to a viewpoint on AT. Bring plenty of water and a snack. Rain cancels. TC Sterling Forest map 100.

Thursday, 7/30 Indian Hill Loop B 5.5 B-
 9:00 AM
 Peter Reiner
 psr7777@gmail.com
 Meet at the Hall Drive parking area off Orange Turnpike in Southfields. Hike on the Southfields Furnace Trail to the Indian Hill Loop around to the Furnace Trail again. Great viewpoints along the way. Rain cancels hike. TC Sterling Forest Trails map 100.

Sunday, 8/2 Palisades Summer Variations #3 B 5 B
 10:00 AM
 Margo Moss 201-568-5325
 acephoto@verizon.net (landline)
 Meet at designated parking, Englewood Cliffs, NJ (email leader for details). We will do some elevation on this scenic shore walk which includes a visit to Fort Lee Historic Park where we see great views of the GWB. Heavy rain cancels. Please register by July 30. TC Hudson Palisades Trails map 108.

Tuesday, 8/4 Silvermine Lake B 7.5 B
 9:00 AM
 Peter Reiner
 psr7777@gmail.com
 Meet at the Silvermine Picnic Area off Seven Lakes Dr. Hike on the Menomine Trail, Long Path, and Appalachian Trail to Brien Shelter and back on the Menomine. Nice views of Silvermine Lake. Rain cancels hike. TC Harriman Northern Trails map 119.

Thursday, 8/6 Doris Duke Loop B- 6 B
 9:00 AM CEG 1100 ft
 Geoff Fonseca 845-390-1937
 geofffonseca@yahoo.com
 Meet at the Doris Duke trailhead parking on Benjamin Meadow Road (GPS 41.25313, -74.230043). Hike at an easy B- pace to Mombasha High Point via the Doris Duke, Allis, & AT trails for an early lunch. Complete the loop returning on the Allis & Doris Duke trails. Rain cancels. TC Sterling Forest Trails map 100.

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Hudson Highlands

Photo courtesy of Peter Tilgner

Saturday, 8/8 Hubbard Lodge, Fahnestock B+ 8.4 B+
7:00 AM CEG 2000 ft
Mary Gelber 917-922-3203
mlgel91@aol.com (pref.) (NCA 9PM)
Meet at Hubbard Lodge, GPS coordinates 41.442292,-73.915487
(2880 Campbell Rd, Cold Spring Rd), 300 feet north of Route 301
intersection on Route 9. Hike School Mountain Rd up Round Hill
to Fahnestock Trail, and then west on Perkins to East Mountain
Loop back to School Mountain Rd. Enjoy ruins, cascading streams,
wooden bridges, many good climbs, and beautiful forest. TC East
Hudson Trails map 103.

Sunday, 8/9 Palisades Summer Variations #4 B 7/8 B
10:00 AM
Margo Moss 201-568-5325
acephoto@verizon.net (landline)
This is a repeat of Variaton #1 where we visit a lovely nature
center. Please see 7/19 for the full description of the hike. Heavy
rain cancels. Please register by August 6. TC Hudson Palisades
Trails map 108.

Monday, 8/10 Ramapo Lake and Wanaque Ridge B 5.6 B
9:00 AM CEG 1000 ft
Allen Grunthal 862-324-3138
runbikeskihike@gmail.com (day of hike only)
Hike to Ramapo Lake and Wanaque Ridge, but not the usual way.
Hike will start in Back Beach Park (Wanaque NJ). Hike Indian Rock,
Cannonball, MacEvoy and Wanaque Ridge Trails (early lunch),
then onward to parking lot. TC North Jersey Trails Map 115.

Thursday, 8/13 Fahnestock Three Lakes Trail B 5 B
9:30 AM
Roland Autran (h) 201-886-9119
autran@msn.com (pref.) (c) 201-699-3388
This hike is #19 in "Hike of the Week" by Daniel Chazin. Meet at
the parking lot where AT crosses Dennytown Road, off NY Route
301(GPS 41.420759, -73.868793). This hike is moderate to

strenuous. Severe inclement weather cancels. TC East Hudson
Trails map103.

Saturday, 8/15 Indian Hill Loop C 4.3 B
9:00 AM CEG 600 ft
Karen Rose (c) 551-804-0358
kkarose@aol.com
Start early and we will be out by about noon to beat the heat.
Depart from Hall Drive Parking on Orange Tpke. Hike past the
Southfields Furnace up Indian Hill, return on Warbler trail. Bring
plenty of water and a snack. Rain cancels. TC Sterling Forest Trails
map 100.

Sunday, 8/16 Bare Rock Vista -- Very Easy Way B 7 B
10:00 AM CEG 450 ft
Fred Hodde (c) 973-722-7824
Bullwnk1@aol.com (h) 862-330-3124
Meet at the West Valley Trailhead on Route 17A. It is shown as
parking lot P8 on the Sterling Forest Trails map. If you've avoided
Bare Rock Vista because of the climb, this is about as easy as it
gets. We'll have lunch on the Vista and then return via the way
we came in. Call 973-722-7824 before 9:00 AM if the weather is
questionable. TC Sterling Forest Trails map 100.

Tuesday, 8/18 Sterling Valley Loop B 6 B-
9:30 AM
Peter Reiner
psr7777@gmail.com
Meet at the parking area on Ironwood Dr. (P7) off Long Meadow
Rd. Hike the entire Sterling Valley Loop and a portion of the
Sterling Lake Loop. Lunch will be at a spot overlooking Sterling
Lake. Rain cancels hike. TC Sterling Forest map 100.

Wednesday, 8/19 Silvermine Lake & B 7.5 B+
9:00 AM Black Mountain CEG 1200 ft
Henry Barkhorn 646-853-0824
hcbarkhorn@hotmail.com
Start from Silvermine Lake parking. We will do a lollipop on the
Menomine, Red Cross, Owl Lake Road, 1779 and AT, returning
down the Menomine as we came. Steady rain cancels. TC
Northern Harriman Trails map 119.

Thursday, 8/20 Wawayanda State Park B 5.2 B
9:30 AM Loop Hike to Terrace Pond
Roland Autran (h) 201-886-9119
autran@msn.com (pref.) (c) 201-699-3388
Meet at the parking lot along Clinton Road, Hewitt, NJ (P7 on TC
North Jersey Trails map 116). This hike is moderate. Severe
inclement weather cancels. TC North Jersey Trails map 116.

Sunday, 8/23 Schunemunk Challenge B 8 B+
7:00 AM
Ross Linegar 917-319-3166
linegarross@gmail.com
Depart from Otterkill Road parking lot. We'll ascend by Trestle to

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Western Ridge then down Sweet Clover to Barton Swamp Trail up the Ridge to Ridge Trail to join the Jessup, and take the White Trail to view one of the park's attractions, 'The Megaliths'. Then we continue along the Jessup to the Otterkill and back to the car park. Registration must be via email. Not for beginners. TC West Hudson Trails map 114.

Tuesday, 8/25 Kakiat County Park B 6 B+
 8:00 AM CEG 1400 ft
 Geoff Fonseca 845-390-1937
 geofffonseca@yahoo.com
 Meet at Kakiat County Park (GPS 41.14579, -74.112855) on Rt 202 in Suffern. We will hike on the Mountain, Kakiat, and Suffern-Bear Mountain trails to the Egg and Stone Memorial Shelter (for a brief stop). We shall return on the S-BM, and Kakiat trails. Rain cancels. TC Southern Harriman Trails map 118.

Wednesday, 8/26 Canopus Lake / AT Lollipop B 5.5 B+
 8:00 AM
 Ross Linegar 917-319-3166
 linegarross@gmail.com
 Depart from the AT roadside parking at the west end of Canopus Lake, Fahnestock State Park. From Bear Mt. Bridge, drive north on Rt. 9D to the lights in Cold Spring, NY. Then drive east on Rt. 301 to lights at Rt. 9. Continue for about 4.7 miles to AT crossing and park on either side of Rt. 301. Put "Appalachian Trail, Cold Spring, NY 10516" into your GPS. We hike the AT to the Appalachian Way Trail returning via Canopus Lake Beach (with an opportunity to swim), and then link up to the AT via Blue Trail. TC East Hudson Trails map 103.

Thursday, 8/27 Sterling Lake B 7 B
 9:00 AM CEG 700 ft
 Paul Margiotta 201-693-6705
 pjmm11@verizon.net (pref.) (cell - day of hike)
 Meet at parking area P7 at the end of Ironwood Drive in Sterling Forest. The hike will be on the Sterling Valley Loop with lunch at the north side of Sterling Lake. Registration is limited due to social distancing requirements. TC Sterling Forest Trails map 100.

Tuesday, 9/1 Buttermilk Falls B 6 B
 9:30 AM
 Peter Reiner
 psr7777@gmail.com
 Meet at Buttermilk Falls County Park off Greenbush Rd., West Nyack, NY. Hike on several local trails including the Long Path and going through Blauvelt State Park. If there has been some recent rain, expect nice views of Buttermilk Falls. Rain cancels hike. TC Hudson Palisades Trails map 109.

Thursday, 9/3 Mombasha High Point B 6.5 B
 9:00 AM
 Paul Margiotta 201-693-6705
 pjmm11@verizon.net (pref.) (cell - day of hike)
 Meet at parking area (unnumbered) on Benjamin Meadow Road

in Sterling Forest. This will be a loop hike on the Doris Duke trail with a side trip to Mombasha High Point. TC Sterling Forest Trails map 100.

Sunday, 9/6 Mountainside Park B 5.5 B
 10:00 AM CEG 630 ft
 Fred Hodde (c) 973-722-7824
 Bullwnk1@aol.com (h) 862-330-3124
 Mountainside is a small park but has nice trails. We'll do a loop hike with lunch on the vista. We'll meet in the parking lot for Mountainside (at the west end of Mountain Avenue in Pompton Plains). If the lot is full, parking is permitted on Mountain Avenue. Call 973-722-7824 before 9:30 AM if the weather is questionable. TC Jersey Highlands Trails map 125.



Photo courtesy of Peter Reiner

Tuesday, 9/8 Tuxedo Loop B 6.5 B+
 9:00 AM CEG 1500 ft
 Geoff Fonseca 845-390-1937
 geofffonseca@yahoo.com
 Meet at the Skate Park, 54 E Village Rd, Tuxedo Park, NY (GPS 41.193228, -74.182439). We hike on the R-D and Triangle Trails to Parker Cabin Mountain for an early lunch. Return on the R-D. Rain cancels. TC Southern Harriman Trails map 118.

Thursday, 9/10 Ramapo Mountain State B 7.1 B
 9:30 AM Forest Circular 1300 ft
 Roland Autran (h) 201-886-9119
 autran@msn.com (pref.) (c) 201-699-3388
 Meet at the parking lot in Ramapo Mountain State Forest (upper lot) or "265 Skyline Drive, Oakland, NJ 07436". This hike is moderate. Severe inclement weather cancels. TC North Jersey Trails map 116.

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Sunday, 9/13 Out Of The Elk Pen B 6 B
 8:00 AM
 Ross Linegar 917-319-3166
 linegarross@gmail.com
 Depart from the Elk Pen. We'll hike the AT, Arden Surebridge, White Bar, Ramapo Dunderberg, Nurian (see the Valley of Boulders) and back to the car park via Stahahe Brook. TC Northern Harriman Trails map 119.

Thursday, 9/17 Sapphire Trail C 5.1 B
 9:00 AM 800 ft CEG
 Karen Rose (c) 551-804-0358
 kkarose@aol.com
 We will be out by about noon to beat the heat. Meet at small parking lot across from Harriman Train station lot on Rt 17. Easy trail through beautiful woods, a short steep uphill to viewpoint on AT, and back the same way. Bring plenty of water and a snack. Rain cancels. TC Sterling Forest Trails map 100.

Saturday, 9/19 West Mtn via Cornell Mine Trail B+ 9 B+
 7:00 AM
 Mary Gelber 917-922-3203
 mlgel91@aol.com (pref.) (NCA 9PM)
 Meet on Route 9W 1.4 miles south of the Bear Mountain Traffic Circle or type "Doodletown Trailhead, Dunderberg Turnpike, Tomkins Cove" into Google Maps. The small parking area is on the east side of 9W. (If Anthony Wayne opens, the meeting point will be changed.) This hike follows the 1777 trail to the southbound SBT up to the West Mtn shelter, north across the ridge of West Mtn, over to the Red Fawn Trail, and then 1777 back

to the cars. Beautiful views and strenuous climbs. TC Northern Harriman Trails map 119.

Tuesday, 9/22 Hike To Be Announced B 7 B+
 Roland Autran (h) 201-886-9119
 autran@msn.com (pref.) (c) 201-699-3388
 Contact leader for hike information.

Thursday, 9/24 Kakiat County Park to Pine Meadow Lake B 8 B+
 8:00 AM CEG 1800 ft
 Geoff Fonseca 845-390-1937
 geoffonseca@yahoo.com
 Meet at Kakiat County Park (GPS 41.14579, -74.112855) on Rt 202 in Suffern. We will hike on the Mountain, Kakiat, Suffern-Bear Mountain, and Conklin Crossing trails to Pine Meadow Lake. We shall return on the Pine Meadow trail, PM East woods road to the Stone Memorial Shelter, and then on the Kakiat Trail. Rain cancels. TC Southern Harriman Trails map 118.

Saturday, 9/26 Dunderberg Spiral Railway and Bald Mountain B+ 8 B+
 7:00 AM
 Mary Gelber 917-922-3203
 mlgel91@aol.com (pref.) (NCA 9PM)
 Meet at trailhead parking 4 miles south of the Bear Mtn Traffic Circle on Route 9W (GPS 41.281137,-73.962838). Loop hike following portions of Dunderberg Spiral Railway to summit of Bald Mtn. Beautiful expansive views of the Hudson, and a rewarding, tough climb. Follows Hike # 52 of Chazin's Hike of the Week book. TC Northern Harriman Trails map 119.



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