HIKER’S GUIDE

RESPONSIBILITIES – All hikers are required to contact the hike leader in advance to register for the hike. The hike leader will help determine if the hike is suitable for you if you are unsure. The hike leader may refuse to allow a person to hike who is judged to be poorly equipped or unable to do the published hike. Participants should get to the hike at least 10 minutes prior to the starting time.

Due to the pandemic, until further notice no children or non-members will be permitted on ADK-NJR hikes.

RISKS - As with all physical activities, hiking involves hazards. Persons participate at their own risk and will be required to sign a statement acknowledging that fact when registering for the hike. Prior to the hike please advise the leader of any medical condition or physical liability that could affect you during the hike.

FOOTWEAR AND CLOTHING - Wear clothing suited to the weather and carry extra garments for unexpected weather conditions. Dress in thin layers so that you can adjust the number of layers as required to maintain comfort. In winter carry a wool cap and wool or polypropylene gloves or mittens and a windproof shell. Be prepared for rain. Bring a rain jacket and rain pants, preferably of the type that permits venting body moisture. Wear comfortable, sturdy boots. Do not wear cotton garments in winter.

DRINK AND FOOD - Adequate hydration is important year round. Drink frequently during the hike. Carry food to enjoy during the midday lunch stop.

Both alcohol and smoking are prohibited on all ADK-NJR hikes.

HIKE RATINGS - represent the Pace, Distance and Terrain covered during the hike. A hike’s rating is determined by the hike leader.

- **PACE:**
  - A - fast - 2.5 mph or faster
  - B - moderate - about 2 mph
  - C - easy - 1.5 mph or less

- **DISTANCE:** is given in miles as noted

- **TERRAIN:**
  - A - Strenuous, long ups and downs, some rock scrambling possible.
  - B - Moderate ups and downs as occur typically in Harriman.
  - C - Generally flat with little elevation change.

CEG – stands for Cumulative Elevation Gain: an estimate of the sum of all the uphill portions of the hike.

HIKE RATINGS - exhibit the pace, distance, and terrain covered during the hike. A hike’s rating is determined by the hike leader.

**HIKE CANCELLATION POLICY** - Sometimes an illness, injury or other unforeseen problem will make it impossible for a hike leader to lead his/her hike as announced in the schedule. When this happens the leader should first try to find a substitute leader so the hike can proceed. The hike schedule chair person or any club officer can assist if necessary. If no substitute leader can be found then the leader or a substitute should appear at the hike meeting place to inform hikers of the situation. If a qualified leader volunteers, he/she should be given the sign-in files and the hike can proceed as scheduled. The leader must inform all who registered of the change by phone or email.

**HIKES - WINTER 2021**

**Saturday, 1/2**

**Bare Rock Via The Fire Tower**

9:00 AM - 11:00 AM
Ross Linegar
917-319-3166
linegarross@gmail.com

Leave from Sterling Forest Visitor’s Center upper lot. Start with a climb to the Sterling Forest Fire Tower, take in the view, and continue to the Bare Rock Vista for lunch overlooking Greenwood Lake. After lunch, we’ll return by “strolling” back down the Bare Rock trail. Call 917-319-3166 before 8:00 AM if the weather is questionable. Bring traction devices and suitable winter clothing. TC Sterling Forest Trails Map 100.

**Saturday, 1/9**

**Dunderberg Spiral Railway, B+ 8 B+**

9:00 AM - 11:00 AM
Mary Gelber
917-922-3203
mgel91@aol.com

Start at trailhead parking 4 miles south of the Bear Mt. Traffic light!

MAPS - The TC number indicates a NY-NJ Trail Conference map for the area of the hike. For example: TC-118 refers to the Southern Harriman Park map.

**ABBREVIATIONS**

- NCA-No Calls After…
- Pref.- Leader’s contact preference.

**DOG-FRIENDLY HIKES** - Pets are not permitted on hikes unless the hike description clearly states that it is “dog friendly”. All hikers with dogs must abide by park leash regulations.

**THE NUMBER OF PARTICIPANTS IS LIMITED DUE TO SOCIAL DISTANCING REQUIREMENTS. ONLY MEMBERS OF THE NORTH JERSEY-RAMAPO CHAPTER IN GOOD STANDING CAN PARTICIPATE. TO REGISTER SEND A COMPLETED “RELEASE OF LIABILITY” FORM VIA EMAIL TO THE LEADER BETWEEN 48 HOURS AND 7 DAYS PRIOR TO THE HIKE. ALL SECTIONS, INCLUDING THE TOP, MUST BE COMPLETED.**

Click here for the registration form

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Circle on Route 9W, GPS 41.281137,-73.962838. Climb Dunderberg, head over to the Timp, then continue around the Spiral Railway Loop. Beautiful expansive views of the Hudson and a rewarding, tough climb. Severe inclement weather cancels. TC Northern Harriman Trails Map 119.

Sunday, 1/10 Ringwood State Park  B 7.5 B
9:30 AM  Peter Reiner  845-323-7635
psr7777@gmail.com
Meet at the Shepherd Lake parking area off Sloatsburg Rd. for a hike on the Ringwood Ramapo, Blue, and Hoeferlin Trails returning on the Crossover Trail. We will pass by Ilgenstein Rock. There is about a half mile roadway walk at the end of the hike back to the parking area. Rain cancels hike. TC North Jersey Trails Map 115.

Thursday, 1/14 Long Path-AT Loop  B 6 B
9:30 AM  CEG 1280 ft  Henry Barkhorn  646-853-0824
hcbarkhorn@hotmail.com
Leave from Lake Tiorati parking. We will do a loop on the Long Path, returning on the AT. This is the hike described in Chapter 16 of Circuit Hikes in Harriman. Steady rain cancels. TC Northern Harriman Trails Map 119.

Saturday, 1/16 In The Woods  B+ 10 A
9:00 AM  Mary Gelber  917-922-3203
mlgel91@aol.com  (before 9PM)
Contact leader for details.

Thursday, 1/21 Tallman Mountain State Park  B 4/5 C
11:00 AM  John Jurasek  (c) 845-519-4247
jurasek@optonline.net
Meet at the main parking lot in Tallman State Park in Sparkill, NY (Northern lot off Rockland Road). We will explore most of the park atop the Palisades using the Long Path, unmarked trails, and woods roads. Ground conditions will modify the hike. TC Palisades Map 109.

Saturday, 1/23 The Osborn Loop  B 6.8 B
9:00 AM  CEG 750 ft  Ross Linegar  917-319-3166
linegarross@gmail.com
Leave from the Castle Rock Unique Area hiker parking (type 29-31 Wing and Wing, Garrison, NY into your GPS) to hike the Osborn Loop in Hudson Highlands State Park. From the Bear Mt. Bridge east side, drive about 4 miles north on Rt. 9D. Look for the Castle Rock Unique Area sign on your right after a stone wall. Turn in on a farm road following it to the hiker parking area surrounded by open fields. Call 917-319-3166 before 8:00 AM if the weather is questionable. Bring traction devices and suitable winter clothing. TC East Hudson Trails Map 101.

Tuesday, 1/26 Lunch on Diamond Mountain  Facebook Photo
9:00 AM  Geoff Fonseca  845-390-1937
geofffonseca@yahoo.com
Meet at Lake Sebago Boat Launch off Seven Lakes Drive in Harriman. We will hike the Seven Hills, Buck, and T-M-I trails to Diamond Mountain. We return on the Seven Hills trail. Rain cancels. Traction devices may be required. TC Southern Harriman Trails Map 118.

Thursday, 1/28 Black Rock Forest Northern Loop  B 6.5 B+
10:00 AM  Peter Reiner  845-323-7697
psr7777@gmail.com
Meet at Mine Hill Road parking area off Angola Rd in Cornwall, NY. Hike starts uphill on Sackett Trail and climbs to Black Rock Mt. Return on White Oak and Stillman Trails to parking area. Rain cancels hike. TC West Hudson Trails Map 113.

Saturday, 1/30 Fahnestock Canopus Lake  B 8 B
9:00 AM to Shenandoah Mountain  CEG 1000 ft
Mary Gelber  917-922-3203
mlgel91@aol.com  (before 9PM)
Leave from AT crossing on Route 301, 1.4 miles west of Taconic State Parkway (GPS coordinates 41.4526580, -73.8378470). From Bear Mt. Bridge drive north on Rt. 9D to the light in Cold Spring, NY. Then drive east on Rt. 301 to a light at Rt. 9. Continue for about 4.5 mi. to AT crossing parking on either side of 301. We will hike the AT up to Shenandoah Mt. with beautiful views of Canopus Lake, and return the same way with a detour to the shores of Canopus. Severe, inclement weather cancels. TC East Hudson Trails Map 103.

Tuesday, 2/2 In The Woods  B 6/8 B
9:30 AM  Roland Autran  201-886-9119
autran@msn.com  (c) 201-699-3388
Active hikers will receive a group email from leader by previous Saturday for location, time and other details of the hike. Others can contact the leader (by email) by 6 PM on Monday.

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Saturday, 2/6  Long Pond Iron Works  B 6 B  
9:00 AM  CEG 921 ft  
Ross Linegar  917-319-3166  
linegarross@gmail.com  
Depart from Long Pond Iron Works Visitor Center on Greenwood Lake Tpk. (Rt. 511) in Hewitt, NJ. Hike on the Sterling Ridge Trail, over the bridge to the Hassenclever Trail and then circle around the Monksville Reservoir on the Monks Trail. Call before 8:00 AM if the weather is questionable. Bring traction devices and suitable winter clothing. TC North Jersey Trails Map 115.

Sunday, 2/7  Breakneck Pond and Reservoir Loop  B 10.4 B+  
9:00 AM  CEG 2638 ft  
Mary Gelber  917-922-3203  
mlgel91@aol.com  
(before 9PM)  
Leave from Call Hollow Rd (0.5 miles south of turn from Willow Grove Rd, GPS coordinates 41.2165511, -74.0511574). Hike up Long Path from Call Hollow Rd, take SBT to cutoff to loop around Breakneck Pond, back to SBT to Woodtown Rd across to Second Reservoir up to Big Hill Shelter and back down Long Path to cars. Severe inclement weather cancels. TC Southern Harriman Trails Map 118.

Tuesday, 2/9  Pound Mountain Circular  B 7.5 B  
9:30 AM  
Roland Autran  201-886-9119  
autran@msn.com  
(c) 201-699-3388  
Meet at the parking lot called “Skatepark, Tuxedo, NY” behind the Tuxedo Train Station on E. Village Road in Tuxedo. I will send the details when you register. This hike is a variation of Hike 9 from Don Weise’s “Circuit Hikes in Harriman”. This hike is a moderate to strenuous hike. TC Southern Harriman Trails Map 118.

Thursday, 2/11  Goshen Mountain  B 7 B  
9:30 AM  CEG 1425 ft  
Henry Barkhorn  646-853-0824  
hcbarkhorn@hotmail.com  
Leave from Lake Tiorati parking. We will do a loop north on the RD/AT, the RD, the AT and the Long Path. This is the hike described in Chapter 17 of Circuit Hikes in Harriman. Steady rain cancels. TC Northern Harriman Trails Map 119.

Tuesday, 2/16  In The Woods  B 6/8 B  
9:30 AM  
Roland Autran  201-886-9119  
autran@msn.com  
(c) 201-699-3388  
Active hikers will receive a group email from leader by previous Saturday for location, time and other details of the hike. Others can contact the leader (by email) by 6 PM on Monday.

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the Wildcat Mountain Trail, Furnace Loop, and Indian Hill Loop, enjoying lunch in the shaded glen. We then rejoin the Furnace Loop and return to the car park by retracing our steps on the Wildcat Mountain Trail. Call cell before 8:00 AM if the weather is questionable. Bring traction devices and suitable winter clothing. TC Sterling Forest Map 100 (P5 parking).

**Sunday, 3/14** Daylight Savings Time Begins

**Tuesday, 3/16** Sterling Forest’s New Trails Hike B 7.7 B
9:30AM sharp
Roland Autran 201-886-9119
autran@msn.com (c) 201-699-3388
Meet at the Sterling Forest parking area located at the intersection of South Gate Road and Buttonwood Road (P16), Tuxedo Park, NY. I will send the details when you register. TC Sterling Forest Trails Map 100.

**Thursday, 3/18** Stockbridge Mt. B 6.0 B
9:30 AM & Lake Nawahunta
Paul Margiotta 201-693-6705
pjmm177@gmail.com (cell, morning of hike only)
Hike starts from the Long Path parking area located off the north side of Rt. 6, Long Mountain Parkway, in Harriman State Park. We will hike up Stockbridge Mt. and to Lake Nawahunta utilizing the Long Path, Menomine Trail and Nawahunta Fire Road. Icy and/or snow covered trails could be expected. Therefore, all participants will be required to have proper traction devices, as determined at time of registration. TC Northern Harriman Trails Map 119.

**Saturday, 3/20** Mt. Taurus B+ 7.6 B+ 9:00 AM CEG 2077 ft
Mary Gelber 917-922-3203
mlgel91@aol.com (before 9PM)
Leave from the Washburn Trailhead located along Rt. 9D about .8 mi. north of Rt. 301, Cold Spring, NY (GPS coordinates 41.42659, -73.96534). Expect a long, steep climb, awesome sweeping views, an abandoned quarry, and some ruins. We will hike the Washburn, Notch, and Brook Trails, returning on the Undercliff Trail to rejoin the Washburn and back to the parking lot. Severe weather cancels. TC East Hudson Trails Map 102.

**Sunday, 3/21** Sterling Forest McKeags C 4 B 9:30 AM Meadow Loop CEG 400 ft
Mario Medicci 201-396-9391
marioamedici@gmail.com
This hike is intended to provide an opportunity for individuals who have limited hiking experience and/or want an easier hike. Meet at the Sterling Forest Visitors Center upper parking lot. Hike will start and end at the McKeags Meadow connector trail. Rain cancels hike. Must contact hike leader to register via email with phone number. Wear bright colors – possibly a hunting area. Sterling Forest Trails Map 100.

**Tuesday, 3/23** Fingerboard, Goshen, & Letterrock Mountains CEG 1600+ ft
9:00 AM Geoff Fonseca 845-390-1937
geofffonseca@yahoo.com
Leave from Tiorati Circle parking lot. We will hike the Blue Connector, AT, and RD Trails to the Brien Memorial Shelter for lunch. We return on the AT and Blue Connector Trails. Rain or snow cancels. Traction devices may be required. TC Northern Harriman-Bear Mt. Trails Map 119.

**Thursday, 3/25** Ringwood State Park B 7 B
9:15 AM sharp Shepherd Lake Hike
Roland Autran 201-886-9119
autran@msn.com (c) 201-699-3388
Meet at the parking lot of Shepherd Lake Recreation Area, at the end of Shepherd Lake Road, Ringwood, NJ (GPS coordinates 135696, -74.232233). I will send the details when you register. This hike is part of “Hike of the Week” Hike 9 by Daniel Chazin. TC North Jersey Trails Map 115.

**Saturday, 3/27** Out Of The Elk Pen B 6 B
8:00 AM CEG 1655 ft
Ross Linegar 917-319-3166
linegarross@gmail.com
Depart from the Elk Pen. We’ll hike the AT, Arden Surebridge, White Bar, Ramapo Dunderberg, Nuriun (see the Valley of Boulders) and back to the car park via Stahahe Brook. Bring traction devices and suitable winter clothing. TC Northern Harriman Trails Map 119.

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The number of participants is limited due to social distancing requirements. Only members of the North Jersey-Ramapo chapter in good standing can participate. To register send a completed “release of liability” form via email to the leader between 48 hours and 7 days prior to the hike. All sections, including the top, must be completed.

Click here for the registration form.

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