A MESSAGE FROM THE CHAIR

A Journey's End

As my three-year term as Chair of our ADK NJR Chapter draws to a close, I want to say thank you. This journey was incredible, and you all were truly amazing. Our success comes from all of us working together. We've climbed mountains, created wonderful memories, and supported our nature-loving members.

I've seen how volunteers can make a big difference. Heartfelt thanks to our board members, hike leaders, trail maintainers, and other dedicated volunteers. You've fostered a community that is passionate about recreating outdoors and committed to the ADK mission. Throughout the pandemic, you persevered, managed our chapter, organized fantastic hikes, and diligently maintained our trails. Your efforts exceeded even our highest expectations.

I extend my gratitude to all volunteers, with a special mention to the chapter board members during my tenure – Henry Barkhorn, Bob Morrison, Allen Grunthal, Fred Hodde, Peter Reiner, Mike Prestia, Peter Tilgner, Paul Margiotta, Roy Wooters, Karen Rose, Peggy Wisler, and Pete Heckler – your contributions have been invaluable. Heartfelt appreciation also goes to Peter Reiner, trustee, and Mike Prestia, alternate trustee, for their wise counsel to our chapter. Their active participation in committees and substantial contributions to the Advisory Council and our chapter have been truly commendable.

Sincere thanks to the volunteers who toiled behind the scenes – Sheila Rizzo, Daphne Downes, Mary Gelber, Jimmy Garingo, and Bob Morrison. For their exceptional work on our newsletter, my sincere appreciation to Pat Banker, Jane Auriemma, and Bob Zachowski who has graciously taken up the mantle of our newsletter chair. Special acknowledgment also goes to Peter Reiner and the website team for creating the new site.

Our hike leaders are important too. We wouldn't be successful without them. They've invested countless hours in planning, organizing and leading hikes. Keep growing as hike leaders. Embrace the training opportunities ADK offers. Your leadership skills will flourish, and you'll contribute even more to our hiking community.

To all our members who make our chapter truly special, thank you. A heartfelt thank-you extends to our long-time members. Your unwavering support and loyalty mean the world to us. And to our new members, a warm welcome to you.

Volunteers are still needed! If you're uncertain about taking on a leadership role, don't hesitate to seek guidance from experienced leaders. ADK provides training courses that can be immensely helpful.

As my time as chair ends, remember: all good things come eventually to an end. A good ending signifies success. Now, as I pass the torch, I'm proud of what we did and feel confident about our chapter's future. To our new incoming officers - Henry Barkhorn, Richard Scala, Allen Grunthal, Patsy Wooters, and Mike Prestia - you bring considerable skills, experience, and fresh ideas to elevate the chapter to new heights. I wish you the best and hold high hope for your future success.

With gratitude,

Geoff
Chapter Nominations & Bylaws Amendments

The annual membership meeting will be held via Zoom on Thursday, November 16, 2023, starting at 6:30 pm. Only members of the North Jersey-Ramapo Chapter in good standing will be permitted to register. Click on this link to register!

During the business portion of the meeting, those members who will be participating will have the opportunity to vote on two items critical to the function of the Chapter - election of officers and amendments to the chapter bylaws.

Adirondack Mountain Club, North Jersey Ramapo
Chapter Officer Nominees

The nominees for officers are:

<table>
<thead>
<tr>
<th>Office</th>
<th>Nominee</th>
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</thead>
<tbody>
<tr>
<td>Chair</td>
<td>Henry Barkhorn</td>
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<tr>
<td>Vice Chair</td>
<td>Rich Scala</td>
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<tr>
<td>Treasurer</td>
<td>Allen Grunthal</td>
</tr>
<tr>
<td>Secretary</td>
<td>Patsy Wooters</td>
</tr>
<tr>
<td>Trustee</td>
<td>Mike Prestia</td>
</tr>
</tbody>
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For more information on the background of these individuals, see the Summer 2023 Newsletter.

Adirondack Mountain Club, North Jersey Ramapo
Chapter Bylaws Amendments

Proposed Changes for Adoption at Next Chapter Meeting

A review of ADK’s Affiliate Chapter By-Laws Guidance document found that our chapter bylaws largely align with the Advisory Council guidance but require some modifications. The proposed revisions below reflect these changes to the affected articles. To see the entire bylaws document (without these changes) click here.

**Bold Font: added text**

**Strikethrough text: deleted text**

Article V OFFICERS

 Officers of the Chapter shall be Chapter Chair, Vice Chair, Secretary, Treasurer, Trustee, and Alternate Trustee(s). The terms of these Officers will be three years with the exception of the Trustee and Alternate Trustee(s) whose terms will be two years. These Officers may be re-elected for additional terms, except the number of Advisory Council Trustees and their term of office shall be as defined by the Club. Trustees may be appointed by the chair and have a two year term, renewable once. Only voting members shall be eligible to hold office. Should an office become vacant for any reason, the unexpired term shall be filled at a majority vote of the Executive Committee, except that the Vice Chair shall become Chapter Chair for the unexpired term, should the office of the Chapter Chair become vacant. The Officers shall perform the duties customarily associated with such offices as outlined in “Robert’s Rules of Order”.

A. The Chapter Chair shall preside over the executive committee and Chapter Membership meetings.

The Chapter Chair shall be responsible for distributing the Chapter’s Bylaws to all newly elected members of the Executive Committee.

The Chair shall be the chief elected official and spokesperson for the Chapter. The Chair shall call and preside at all meetings of the Chapter and Executive Committee, shall create all ad-hoc committees with the advice and consent of the Executive Committee, shall propose a budget for the next fiscal year for approval by the Executive Committee, and shall perform all other duties ordinarily expected from the office of the Chair. The Chair shall be a member ex-officio of all committees except the Nominating committee and the Financial Review committee.
Chapter Bylaw Amendments (continued)

B. The Vice Chair shall assist and substitute in the Chapter Chair’s absence, and may, in addition, be appointed Chair of a committee.
C. The Secretary is responsible for taking minutes of all meetings, presenting these minutes to the membership and keeping all documents relating to the Chapter. The Secretary shall act as the Chapter Archivist to maintain the documentary history of the Chapter.
D. The Treasurer shall receive funding granted to it by the Club and such other monies as may be donated, granted, earned, or collected by the Chapter and maintain a bank account for the chapter. The Treasurer shall pay the Chapter expenditures authorized by the Executive Committee, keep the financial records of the Chapter, assist the Chair in preparing a proposed annual budget for approval by the Executive committee, and submit to ADK Headquarters the proposed budget and an annual financial report of the Chapter at the end of the Club’s fiscal year. The budget shall be prepared and presented to the Executive committee at the meeting prior to its adoption. The Treasurer shall submit an independently reviewed annual financial report to the Executive committee at the end of the fiscal year. The Treasurer is responsible for keeping account of the Chapter’s finances. An annual report shall be submitted to the membership at the end of the fiscal year. The fiscal year coincides with the calendar year: January 1 - December 31. The Chapter Chair, Vice Chair, or Secretary shall audit the Treasurer’s financial accounts before the annual report is submitted to the membership.

Article X ELECTIONS

The Nominating Committee shall be appointed by the Chapter Chair with the advice and consent of the Executive Committee at least five months prior to the annual meeting at which elections will be held. The Nominating Committee shall consist of not less than three members. This Committee shall present to the Chapter members, at the Chapter Membership meeting preceding the Annual Meeting, a slate of nominees for the Officers, none of which may be members of the Nominating Committee. Additional nominations for any or all of these Officers may be made from the floor at the same meeting, nominees’ consent having been previously obtained.

B. Elections when required by the expiration of term limits will be held at the Annual meeting. The newly elected Officers shall take office at the conclusion of that meeting, with the exception that a newly elected Treasurer will assume the position when the outgoing Treasurer completes the financial statement for the current calendar year.

Article XI AMENDMENTS

Any proposed amendment to these Articles shall first be approved at a regular or special meeting of the Executive Committee by a two-thirds vote of those members of the Executive Committee who are present. These Bylaws may be amended only by a two-thirds majority of the voting members present at a Chapter Membership meeting provided a quorum is present and written notice of the meeting and the proposed amendment has been submitted to all members two months in advance of the meeting. Any voting member may propose amendments of the Bylaws to the membership, providing the above procedure is followed. To provide that these Articles shall be kept current, the Chapter Chair shall appoint, at intervals not to exceed 5 years, a committee to review and recommend changes to the bylaws.
Conklin Cabin's History and Pine Meadow Lake's Creation

By Peter Reiner

Only a few miles from the southern border of Harriman State Park exists the remains of a cabin once lived in by generations of the Conklin family. At the edge of what is now Pine Meadow Lake is a foundation of a wooden cabin that lasted until 1963.

There is a Conklin Cabin sign marking the spot the Conklin family lived on for generations and where many family members are buried, before New York State took the land from the Conklin's (200 Acres!) and forced everyone out. Where once there was a farm, the Park Commission dammed and flooded the area to make what is now Pine Meadow Lake.

At left is a photo of Ramsey Conklin seated in front of his cabin; along with his sons, Theodore and Nick, standing with him. The building, at the head waters of Pine Meadow Lake, was believed to be over 100 years old when this photo was taken in 1933. Conklin and his family were evicted by the Palisades Interstate Park Commission in 1935 to complete the construction of the lake. The cabin, left on the shore, has been ruined over time and the wooden planks removed, but a chimney is still standing today.

The history of the area is that in 1779 the Conklin family came to this area in the mountains. At the time there was no lake there, but there was a valley. They built a house, farm and raised livestock. What has come to be known as the Conklin cemetery was the burial site for members of the family. Conklin Cemetery, at the south end of the lake, also contains a Revolutionary War soldier’s grave. Over the years the land was transferred several times. In 1935 the Civilian Conservation Corps flooded the valley, creating Pine Meadow Lake. Ramsay Conklin was allowed to live on the land until 1963 when it was acquired by the Palisades Interstate Park.

In 1951 Ramsey went out to go hunting and never returned. His remains were found in the mountains the following year, and he was buried in a cemetery across the lake from the site of his former cabin in Harriman Park.

Photo: Peter Carr The Journal News

Photo: Nyack Library Local History Collection

Photo: Nyack Library Local History Collection
Upcoming Events

**November 16th, 2023, Thursday, from 6:30 to 8:00 pm**

6:30 pm Chapter Business

7:00 pm Life and Living in Harriman Park — The Conklin Family

By Brad Conklin

**ADK NJR 2023 Fall Membership Zoom Meeting**

During the business portion of the meeting, those members who will be participating will have the opportunity to vote on two items critical to the function of the Chapter - amendments to the bylaws and election of officers.

Immediately following, Brad Conklin will be discussing historical and interesting information about the Conklin Family and its centuries of living in the Harriman State Park area. Brad is President of the Historical Society of the Palisades Park region, and he has grown up working on preserving the history of the park. Brad was born in Stony Point, NY, as were his father and grandfather. He holds an associate's degree from Rockland Community College. In a series of questions and answers, he will share the history of one of the oldest families in Rockland and Orange Counties. He will be discussing some of the former towns that once existed there and the work he has been involved in to maintain historical markers and cemeteries of the families who once lived, married and are buried in the park area.

Click on this link [to register!](#)

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**HOLIDAY PARTY!**

**Sunday December 3**

Banchetto Feast Restaurant
75 W. Route 59 & S. Middletown Road
Nanuet NY 10954
845-624-3070
https://banchettorestaurant.com/

Our annual Holiday Party will take place on Sunday, December 3 beginning at 4:00 PM at Banchetto Feast Restaurant in Nanuet, NY. We will have time to socialize at a cash bar before sitting down for dinner at 5:00 PM. A delicious dinner is planned: first course will be Italian salad, second course will be your choice of entree (chicken parmigiana, cod scampi, meatballs or eggplant rollatini), accompanied by pasta or sauteed broccoli. Dinner will be followed by coffee and a dessert assortment. The cost is only $37 per person, including tax and tips.

If you plan to join us, please let Karen Rose know before Monday, November 27. Contact Karen either by phone (551-804-0358) or email (kkarose@aol.com).

To reserve your place please send a check for $37.00 made out to ADK-NJR to:

Adirondack Mountain Club
North Jersey Ramapo Chapter
385 N. Franklin Tpke, Box 7
Ramsey, NJ 07446

We are looking forward to seeing you there!
WELCOME NEW MEMBERS
Matt Ackerman - Tenafly, NJ
David Airmroth - Jersey City, NJ
Michael & Maria Audin - Rock Tavern, NY
Samuel Cady - Morristown, NJ
Ashley Carter Ziber & Kenneth Ziber - Shohola, PA
Rise Cooper - Teaneck, NJ
Kathy Hecht & Leonard Diamond - Ridgewood, NJ
Margaret Platt - Berkeley Heights, NJ
Joe Prata - Ridgewood, NJ
Shermonica Simon - Monsey, NJ
Cathy Weller - Ringwood, NJ

WELCOME BACK
Joyce Breach - Sussex, NJ
Mike & Christina Fogarty - Warren, NJ
Kathleen Garrison - Cornwall, NY
Robert Harris - Sewell, NJ
Miriam & Ted Lichtenfeld - Orangeburg, NY
Robert Miller - Egg Harbor Twp, NJ
James & Maria Reilly - Basking Ridge, NJ

MAPS - The TC number indicates a NY-NJ Trail Conference map for the area of the hike. For example: TC-118 refers to the Southern Harriman Park map.

ABBREVIATIONS
NCA-No Calls After...
Pref.-Leader's contact preference.

DOG-FRIENDLY HIKES - Pets are not permitted on hikes unless the hike description clearly states that it is "dog friendly". All hikers with dogs must abide by park leash regulations.

EXPENSE SHARING - When car-pooling, passengers are expected to offer the driver funds sufficient to cover the cost of fuel, tolls and parking fees. A $3.00 minimum per person is recommended. Most hike trailhead meeting locations can be found on NY-NJ Trail Conference maps.

HIKE CANCELLATION POLICY - Sometimes an illness, injury or other unforeseen problem will make it impossible for a hike leader to lead his/her hike as announced in the schedule. When this happens the leader should first try to find a substitute leader so the hike can proceed. The hike schedule chair person or any club officer can assist if necessary. If no substitute leader can be found then the leader or a substitute should appear at the hike meeting place to inform hikers of the situation. If a qualified leader volunteers, he/she should be given the sign-in files and the hike can proceed as scheduled. The leader must inform all who registered of the change by phone or email.

RESPONSIBILITIES - All hikers are required to contact the hike leader in advance to register for the hike. The hike leader will help determine if the hike is suitable for you if you are unsure. Hikers with children under 16 and new hikers are required to contact the hike leader in advance to determine if the hike is suitable for them. Minors under 16 are welcome on day hikes when accompanied by a parent or guardian. No person under 18 shall participate in overnight outings unless accompanied by a parent or adult sponsor over 21. The hike leader may refuse to allow a person to hike who is judged to be poorly equipped or unable to do the published hike. Participants should get to the hike at least 10 minutes prior to the starting time.

If you have any signs or symptoms of a respiratory infection, please do not participate in the outing. Additionally, if you have tested positive for COVID-19 within 10 days of the outing, please follow CDC guidelines.

RISKS - As with all physical activities, hiking involves hazards. Persons participate at their own risk and will be required to sign a statement acknowledging that fact when registering for the hike. Prior to the hike please advise the leader of any medical condition or physical liability that could affect you during the hike.

FOOTWEAR AND CLOTHING - Wear clothing suited to the weather and carry extra garments for unexpected weather conditions. Dress in thin layers so that you can adjust the number of layers as required to maintain comfort. In winter carry a wool cap and wool or polypropylene gloves or mittens and a windproof shell. Be prepared for rain. Bring a rain jacket and rain pants, preferably of the type that permits venting body moisture. Wear comfortable, sturdy boots. Do not wear cotton garments in winter.

DRINK AND FOOD - Adequate hydration is important year round. Drink frequently during the hike. Carry food to enjoy during the midday lunch stop. Both alcohol and smoking are prohibited on all ADKNJ hikes.

HIKER RATINGS - represent the Pace, Distance and Terrain covered during the hike. A hike’s rating is determined by the hike leader.

PACE:
A - fast - 2.5 mph or faster
B - moderate - about 2 mph
C - easy - 1.5 mph or less

DISTANCE:
given in miles as noted

TERRAIN:
A - Strenuous, long ups and downs, some rock scrambling possible.
B - Moderate ups and downs as occur typically in Harriman.
C - Generally flat with little elevation change.

CEG - stands for Cumulative Elevation Gain: an estimate of the sum of all the uphill portions of the hike, given in feet.
Tuesday, 10/3  
Sterling Valley Loop  
Bob Zachowski  
rzachowski@gmail.com (preferred)  
631-935-2217  
We meet at 9:00 AM at the parking lot (P7) at the end of Ironwood Drive off Long Meadow Rd., Tuxedo, NY (GPS 41.23489, -74.23785). We start at 9:15 AM sharp going west on the western side of the Sterling Valley Loop (Y) and coming back on the eastern side. This hike is moderate. Severe inclement weather cancels. Please register here or via email. TC Sterling Forest Trails map 100.

Thursday, 10/5  
Seven Hills Loop  
Geoff Fonseca  
geofffonseca@yahoo.com  
845-357-9366  
9:00 AM at the Reeves Visitor Center on Seven Lakes Dr. in Harriman. We will hike the Pine Meadow, Seven Hills, and H-T-S trails to the Ramapo Torne, Tome View, Chipmunk and Diamond Mountains. We return on the Seven Hills, H-T-S and Pine Meadow trails. This hike is rated strenuous with several rock scrambles. Please register here or via email. TC Seven Lakes Drive map 118.

Saturday, 10/7  
Ramapo Dunderberg Trail Maintenance  
Mike Prestia  
prestia.michael@gmail.com  
917-841-0120  
Time to give back to the trails we love. The NJR ADK Chapter is responsible for maintaining sections of the Ramapo Dunderberg and Long Path Trails. We will meet at 8:30 AM at the Silvermine parking lot off Seven Lakes Drive. We will then shuttle to Tiorati Circle parking lot. We will hike the RD Trail from Tiorati Circle to the Brien Memorial Shelter. We will check/replace Trail blazes, clip and clear small blow-downs and brush that is impeding the trail, and collect any trash along the way. We will stop at the Brien Memorial shelter for lunch, then hike down the Menomine Trail to the Silvermine parking lot. I will supply tools, trash bags, and trail blazes. You should bring a pair of work gloves, and if you have a pair of garden clippers/shears please bring them. Pack a lunch/snack, water and normal hiking items. At this time, Seven Lakes drive is closed between the Tiorati Circle and the Long Mountain Circle. Leader will advise alternate meeting instructions upon registration in the event that the road is still closed. Steady rain cancels; leader will notify participants by 7 AM on the day of maintenance. Advance registration required. Please register here or via email. Contact leader with any questions. TC Harriman Southern Trails map 118.

New Hike Registration System!

A new hike registration system is available, beginning with the Fall hikes.

Members now have the option to register on-line, rather than emailing hike leaders. Simply follow the “register here” links in the outings schedule; then to register:

- Click on "Participate".
- Enter your name, email, and optionally cell phone.
- Confirm whether you are an ADK member.
- Agree to the release of liability (you will still have to sign the sign-in sheet at the trail head).

The first time you register, you will receive an email asking you to verify your email address.

Thereafter, you will simply receive confirmation emails whenever you register for an outing.

Tuesday, 10/10  
Kakiat County Park  
Bob Zachowski  
rzachowski@gmail.com (preferred)  
631-935-2217  
We meet at 9:00 AM at Kakiat Park off Rt 202 in Montebello, NY (GPS 41.14579, -74.112855). We start at 9:15 AM sharp going north on the Mountain (O) and the Kakiat (W) trails, then we make a right on the Suffern-Bear Mountain (Y) Trail to the Egg and Stone Memorial Shelter as our destination. This hike is moderate. Severe inclement weather cancels. Please register here, via email, or at the trailhead. TC Bear Mountain Southern Trail Map 118.

Thursday, 10/12  
Island Pond Circular  
Karen Rose  
kkarose@aol.com  
551-804-0358  
Meet 9:30 AM on Rt 106 at White Bar crossing. Hike White Bar to ASB to AT with return on Island Pond Rd. Option to add on hike to Stahahe High Peak. Rain cancels. TC Northern Harriman Trails map 119.

Tuesday, 10/17  
Lake Sebago Ladentown Mountain  
Anastasia Tavarez  
atavare@gmail.com (preferred)  
646-207-4136  
We meet at 9:00 AM at the Sebago Boat Launch parking lot on Seven Lakes Drive. We start at 9:15 AM sharp going east across the road on the Seven Hills Trail to the Buck Trail going north. We make a right on the Meadow Road to catch the T-MI Trail and the Breakneck Mountain Trail. We make a right on the S-BM, passing by the Third Reservoir, all the way to the T-MI Trail where we make a right and back to the Buck and the Seven Hills and the Sebago Boat Launch. This hike is moderate to strenuous. Severe inclement weather cancels. Please register here, via email, or at the trailhead. TC Harriman Southern Trail Map 118.
Hikers must contact the hike leader in advance to register for the hike and be prepared to sign the ADK Release of Liability form before the hike.
**OUTINGS SCHEDULE • FALL 2023 • OCTOBER • NOVEMBER • DECEMBER**

**Tuesday, 11/7**
Appalachian Trail - Long Path Loop  
Anastasia Tavarez, atavare@gmail.com (preferred)  
646-207-4136

We meet at 9:00 AM at Lake Tiorati Circle parking lot on Seven Lakes Drive. We start at 9:15 AM sharp going west to the Long Path Trail where we make a left. We go south on the Long Path all the way to the AT where we make a left to return to the parking lot. This hike is moderate. Severe inclement weather cancels. Please register here, via email, or at the trailhead. TC Northern Harriman-Bear Mountain Trails map 119.

**Saturday, 11/11**  
Breakneck-Undercliff Loop  
Mike Prestia, prestia.michael@gmail.com  
917-841-0120

This is a loop hike. It follows the Washburn, Undercliff, Breakneck Ridge, Notch and Cornish trails. The hike affords amazing views of the Hudson River, Storm King Mountain, West Point and the Bear Mountain Bridge. It is rated moderate/strenuous and includes a rock scramble (not as steep as its neighbor—Break Neck Ridge). It is accessible by public transportation on the Metro North, Grand Central Station to Cold Spring; the trailhead is .8 mile walk from the train station in Cold Spring. Meet 9:00 AM at parking lot located on the east side of Rt 9D, .6 miles from junction of Rt 9D and NY 301 in the Village of Cold Spring NY. Advanced registration required. Please register here or via email. Contact leader if you have any questions. Steady rain cancels. Leader will notify participants by 7 AM day of hike. TC East Hudson Trails map 102. GPS Coordinates: N41°25'36" W73°57'56".

**Sunday, 11/12**  
Johnsontown Circle Loop  
Geoff Fonseca, geofffonseca@yahoo.com  
845-357-9366

9:00 AM from Johnsontown Circle parking in Sloatsburg, NY. We will hike on the Blue Disc and Victory Trails to Claudius Smith Den, Black Ash Dam, and Lake Skenonto for lunch. We return on the Yellow Triangle and White Bar Trails. Precipitation of any kind cancels. Traction devices may be required. Advance registration required. Register here or via email. TC Southern Harriman Trails map 118.

**Tuesday, 11/14**  
Wawayanda Circular  
Bob Zachowski, rzachowski@gmail.com (preferred)  
631-935-2217

We meet at 9:00 AM at Wawayanda Boathouse parking lot (use East Gate entrance to Wawayanda State Park from Warwick Turnpike). We start at 9:15 AM sharp going east to the Double Pond, Red Dot, Cherry Ridge Road, Old Coal, Lookout Lake, Laurel Pond and Lake Loop (formerly Sitting Bear) Trails. This hike is moderate. Severe inclement weather cancels. Please register here, via email, or at the trailhead. TC North Jersey Highlands Trails map 153.

**Thursday, 11/16**  
Annual Chapter Membership Meeting  
6:30-8:00 PM  
Agenda: Voting on annual elections, amendments to chapter bylaws and presentation on "Life and Living in Harriman Park." The meeting will be held via Zoom. Refer to the meeting notice beginning on page 2 of this Newsletter for additional information. To register, click on the provided link.

**Sunday, 11/19**  
Hudson Highland Nature Museum  
Peter Reiner, psr7777@gmail.com  
845-323-7697

Meet at 9:30 AM at the Hudson Highland Nature Museum Outdoor Discovery Center, 120 Muser Drive in Cornwall, NY (off Angola Rd). Hike on local paths and trails connecting to the McKeon Loop Trail in Black Rock Forest with great viewpoints. Return to the Nature Center via the Highlands Trail. Advance registration required. Please register here or via email. TC West Hudson Trails map 113.

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Wawayanda Lake  
Photo by: Bob Zachowski

Hikers must contact the hike leader in advance to register for the hike and be prepared to sign the ADK Release of Liability form before the hike.
Hikers must contact the hike leader in advance to register for the hike and be prepared to sign the ADK Release of Liability form before the hike.
OUTINGS SCHEDULE · FALL 2023 · OCTOBER · NOVEMBER · DECEMBER

Tuesday, 12/12
Hook Mountain State Park
Anastasia Tavarez atavare@gmail.com (preferred)
646-207-4136
We meet at 9:00 AM at Rockland Lake State Park Playground, Rockland Lake State Park (which is parking lot #2) in Nyack, NY. We start at 9:15 AM sharp around the north side of Rockland Lake via Rockland Lake Road to Landing Road to catch the Long Path going north. We hike the Long Path to Treason Trail (W) to go down the Bike Path along the Hudson River. We then take the Trail going back up to Landing Road and the parking lot. This hike is moderate. Severe inclement weather cancels. Please register here, via email, or at the trailhead. Hudson Palisades Trails map 111.

Saturday, 12/16
Conklin Mt. Circular
Karen Rose kkarose@aol.com
551-804-0358
Meet at 10:00 AM at Sebago Boat Launch parking on Seven Lakes Drive. Hike Ski Trail, Pine Meadow Rd, Buck, T-MI, out on Woodtown Rd. Rain cancels. TC Southern Harriman Trails map 118.

Tuesday, 12/19
Doris Duke Loop
Bob Zachowski rzachowski@gmail.com (preferred)
631-935-2217
We meet at 9:00 AM at the Doris Duke Trailhead on Benjamin Meadow Road, off Rt 17A. We start at 9:15 AM sharp on the Doris Duke Trail going to Mombasha High Point via the Allis and AT trails. We return via the AT, Allis, and the other side of the Doris Duke Loop. This hike is moderate. Severe inclement weather cancels. Please register here or via email. TCSterling ForestTrails map 100.

Thursday, 12/21
Teatown Reservation Lakes
Peter Reiner psr7777@gmail.com
845-323-7697
Meet at 10 AM at Teatown Lake Reservation located at 1600 Spring Valley Rd. in Briarcliff Manor, NY. This hike traverses the southeastern section of Teatown, a 1,000-acre nature preserve in Westchester County. The hike runs along the shore of three scenic lakes - Vernay Lake, Teatown Lake and Shadow Lake - and will cover interesting terrain, with many old stone walls. Advance registration required. Please register here or via email. TCWestchesterTrails map 132.

Hikers must contact the hike leader in advance to register for the hike and be prepared to sign the ADK Release of Liability form before the hike.
FALL 2023

Adirondack Mountain Club
North Jersey - Ramapo Chapter
385 N Franklin Tpke, Box 7
Ramsey, NJ 07446

Address Service Requested